



Online Training Programme
on
Community Based Disaster
Risk Management
For Northern States (Part I)

[29th September – 1st October, 2020]

Course Report

**Mahatma Gandhi State Institute of Public
Administration, Punjab**

Institutional Area, Sector – 26, Chandigarh

In collaboration with

National Institute of Disaster Management

**(Ministry of Home Affairs, Government of India)
A-wing, 4th Floor, NDCC-II Building, Jai Singh Road,
New Delhi – 110001**



National Institute of Disaster Management
Ministry of Home Affairs
Government of India

Patrons



Shri K.B.S. Sidhu, IAS
Special Chief Secretary, Punjab
cum Director General, MGSIPA



Maj. Gen. Manoj Kumar Bindal
Executive Director
NIDM

Online Training Programme
on

29 - 01
SEP OCT

11 AM - 1 PM

Guidance



Mrs. Jaspreet Talwar, IAS
Principal Secretary, Punjab
cum Director, MGSIPA



Prof. Santosh Kumar
Project Director
NIDM

**Community Based Disaster
Risk Management
For Northern States**

Join here



Coordinators



Col. Dalbir Singh
GM (Training)
MGSIPA



Dr. Ajinder Walia
Assistant Professor
NIDM

Session Number: 170 393 6864

Password: 2901

Mahatma Gandhi State Institute of Public Administration, Punjab, Chandigarh



**Online Training Programme on
“Community Based Disaster Risk Management”
For Northern States (Part I)**

hosted by

Mahatma Gandhi State Institute of Public Administration

in collaboration with

**National Institute of Disaster Management,
Ministry of Home Affairs, Government of India**

w.e.f. 29th September to 1st October, 2020 (11:00 AM – 1:00 PM)

Introduction

The concept of Community Based Disaster Risk Management (CBDRM) is practiced under different names like Community Based Disaster Preparedness, Community Based Disaster Management or Community Based Flood Mitigation Programme, but in reality all these programs have the same purpose, which is to reduce the negative impact of disaster risks. The main understanding behind all such activities is to find ways and measures to prevent, mitigate or to reduce the impact and risks of disasters through participation and involvement of communities.

The rationale for involving communities in disaster preparedness and mitigation activities is based on the assumption that community is the real sufferer and the first responder and it has developed its own coping mechanisms and strategy to reduce the impact of disaster. It is imperative to appreciate this local knowledge and resources, and to build on them in order to improve the capacity of the people to withstand the impact of disasters. Moreover, ownership of disaster reduction should not be stripped from local people who would be left

even more powerless in case external intervention does not occur. In fact building community leadership and a chain of trained community cadres through participatory approach can help harness the resilience and resourcefulness of the community to cope up with exigencies. Involvement and participation of the communities will ensure a collective and coordinated action during emergencies. Hence, disaster reduction activities should be based on participatory approaches involving local communities as much as possible, considering them as proactive stakeholders and not passive targets for intervention. Furthermore it is not only the "big" disasters that destroy life and livelihoods. Accumulated losses from small floods, droughts and landslides can exceed the losses from big disasters and contribute significantly to increased vulnerability at the local level. These disasters attract little media attention and communities are often left on their own to cope with the destruction. This provides another reason to invest in Community Based Disaster Risk Management.

The CBDRM approach provides opportunities for the local community to evaluate their own situation based on their own experiences initially. Under this approach, the local community not only becomes part of creating plans and decisions, but also becomes a major player in its implementation. Although the community is given greater roles in the decision-making and implementation processes, the approach does not ignore the importance of scientific and objective risk assessment and planning. It acknowledges that as many stakeholders as needed should be involved in the process, with the end goal of achieving capacities and transferring of resources to the community, which level who would assume the biggest responsibility in disaster risk reduction and management.

About NIDM

The National Institute of Disaster Management (NIDM), is a statutory organization of the Government of India under Ministry of Home Affairs, established to function within the policies & guidelines laid down under the Disaster Management Act, 2005, and to cater the needs of research, training, documentation and publication in the area of disaster management, including natural (geological, hydrological, climatic), and human induced (chemical, industrial, nuclear, environmental) hazards. It is a premier national institute working for human resource development at the apex level in the area of disaster mitigation and management. The mandate of the institute is to gear up the national, state and district level administration to tackle natural calamities and will also be coordinating research projects, training programmes and will build a database on natural disasters with case studies. The mission of the institute is to work as a think tank for the government by providing policy advice and facilitating capacity building services including strategic learning, research, training, system development and expertise promotion for effective disaster preparedness and mitigation.

NIDM works to design, develop and implement training programmes, undertake and coordinate research, formulate and implement the human resource development plan, provide assistance in national policy formulation, collaborate with and promote other research and training institutes, State Governments and other organizations for successfully discharging their tasks, develop educational wares for dissemination among stakeholders in addition to undertake any other function as assigned to it by the Central Government. The institute also works towards the effective application of disaster risk mitigation and management in India as well as the region by providing technical

assistance for capacity building and developing disaster management systems and Institutional framework in the sector.

NIDM is envisioned to be a Centre of Excellence and Advance Learning in the fields of disaster management, in this part of the world. The key activities of the centre include:

- Online Training for at the national/regional, state and district levels to prepare them to tackle natural and human induced disaster risks.
- Research on hazard identification & assessment, prevention & mitigation issues, and concerns and lacunae in management of hazards, risk and loss events with case analysis of lessons learnt from past disasters events.
- Documentation of best practices in disaster management, impact of disasters, case studies, situational analysis of relief and response measures, creation of database, preparation and dissemination of awareness materials, and publications in the form of newsletter, web-resource, flyers, journal, monographs, handbooks, etc.

About the Programme

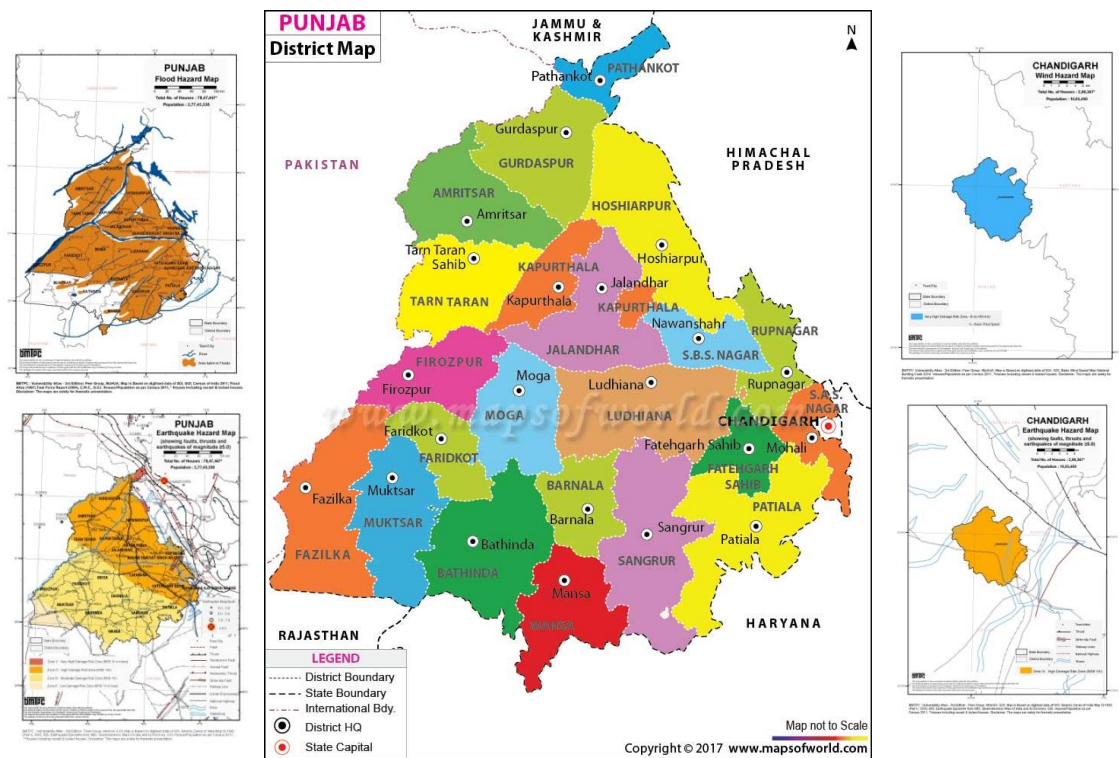
COVID-19 has put a huge challenge in training and capacity building. With social distancing, training during new normal situation would have different strategies that are truly effective for larger capacity building vision and agenda for effective COVID-19 response. Training at the time of pandemic is widely considered to be a powerful instrument for building the capacities of functionaries by enhancing and upgrading their knowledge, skills and competencies on a regular and periodic basis.

In the situation of COVID-19, the response to natural hazards needs to be done more cautiously. The new normal situation would bring more challenges as response needs to be done in a structured manner to minimize the risk of infection.

Realizing the pivotal role played by the community, the National Institute of Disaster Management in collaboration with Mahatma Gandhi State Institute of Public Administration, Punjab (MGSIPA) has hosted/ conducted an **Online Training Programme on “Community Based Disaster Risk Management” For Northern States (Part I) w.e.f. 29th September to 1st October, 2020**. The aim of the programme was to develop skills among trainers to carry out CBDRM programmes in the country. The programme was intended to be used by trainers who will further have an interface with the community on the basis of this training.

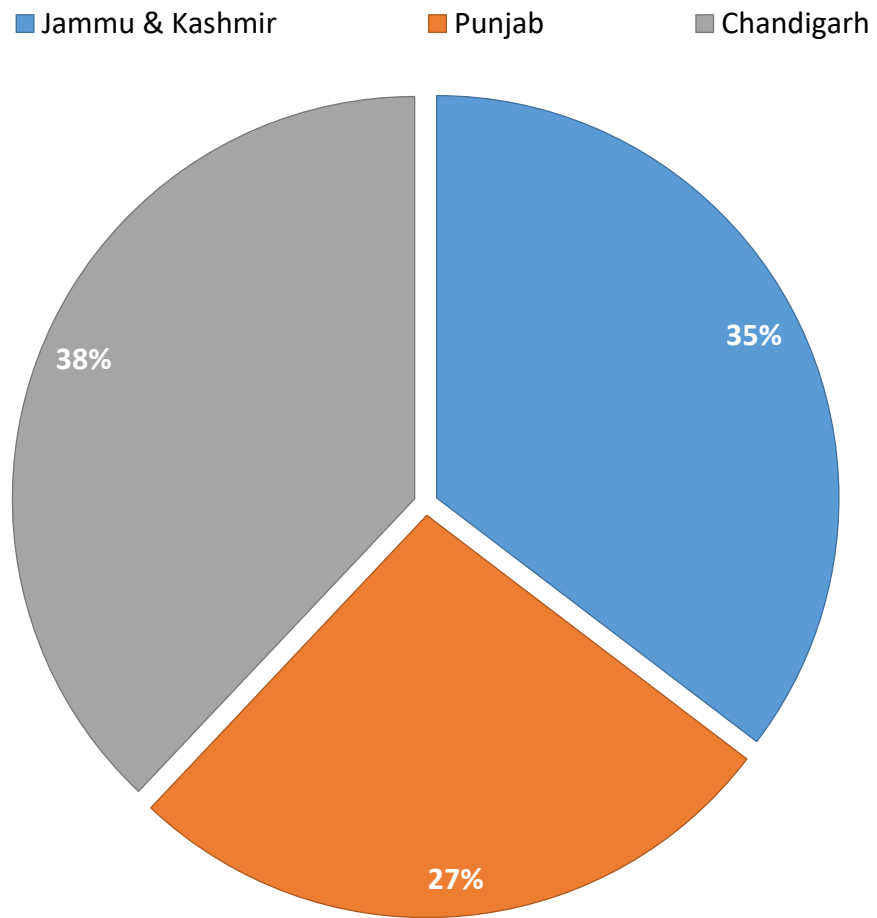
This 3-days' Online Training Programme on Community Based Disaster Risk Management was intended for Middle State level functionaries in the Department of Education & Revenue, Disaster Management Faculty, Teachers, Principals, School Administrators, Community Based Organizations and other stakeholders working in this area. The programme is targeted towards trainers who are working in the field and are engaged in training the community for management and preparedness of disaster.

Demography of Participants

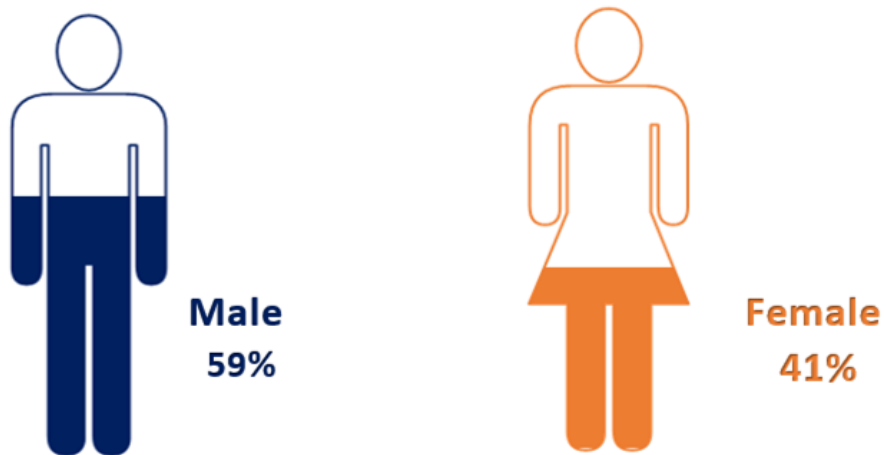


A total of 461 officers/officials from various districts and line departments namely Department of Agriculture, Animal Husbandry & Fisheries, Bharat Sanchar Nigam Limited, Housing and Urban Development, Industrial and Tourism Development, Police, Home Affairs, Forest, Fire, Water Supply and Sanitation, Rural Development, Food Civil Supplies and Consumer Affairs, Defence Services Welfare, Local Government, Education, Revenue, Health & Family Welfare, PWD (B&R), Municipal Corporation, Social Security, Women & Child Development, Finance, and other stakeholders from the State of Punjab, Chandigarh and Jammu & Kashmir registered for this online training programme, who are working in the field and are engaged in training the community for management and preparedness of disaster and 297 participants accounted for more than 80% attendance.

District wise registration of 461 participants



Gender-wise Distribution of Participants



Programme Objective

1. Programme was designed with following objectives:
2. To explain the basic concepts of Disaster Management;
3. To provide an overview of the basic concepts of CBDRM;
4. To illustrate case studies highlighting the role of community in the pre as well a post disaster scenario;
5. To describe the process of development of community-based disaster management plan;
6. To equip the participants with necessary skills for imparting first aid and search and rescue techniques; and
7. To discuss various schemes for the vulnerable community where disaster risk management is being mainstreamed with development schemes.

Learning Methods

CISCO WebEx Training Platform was used for this programme. All the participants were requested to install CISCO WebEx Application on their mobiles or desktops. The training was conducted through various methods including power point presentations by the speaker/experts.

Programme Events

Day-1

On the first day, the webinar was unfolded by Col. Dalbir Singh, General Manager Training, MGSIPA with opening remarks. He welcomed all the esteemed and experienced speakers, the officials from NIDM, New Delhi and all the participants from various departments and districts of State of Punjab, Chandigarh and Jammu & Kashmir.

The first technical session titled **The Covid-19 Crisis** was taken by **Dr. Sushma Sagar, Professor and Faculty In charge, Division of Trauma Surgery and Critical Care at All India Institute of Medical Sciences (AIIMS), New Delhi, India.** She with her vast knowledge and experience made the participants know the Covid-19 Crisis which include the migrant labour crisis, Hospital bed Crisis, PPE Crisis and Economic Crisis.

Discussing about the symptoms of getting infected by Coronavirus, she also made all the participants learn the terminology related to the current situation like Incubation Period, Flattening the Curve, Social Distancing and Self Quarantine. The session concluded with the handling of queries of the participants by Dr. Sushma Sagar.

Day-2

The second day of the programme began with recapping of proceedings of first day and the queries raised by participants were handled by the esteemed speakers.

The first presentation was made by **Dr. Aravind Raj, Associate Professor, Department of Psychiatric Social Work, National Institute of Mental Health and Neuro-Sciences (NIMHANS), Bengaluru** topic, **“Psychosocial Care of Communities during Pandemics: Impact and Management.”** He explained in detail what is wellbeing, mental health, and psychosocial care. He through various illustrations helped the participants perceive how impact of Covid-19 is different from other disasters. He detailed about the psychosocial impacts, capacity building for the same, various techniques and strategies for psychosocial care. He also shared various do's and don'ts for better mental health. The session went very interactive and sound with the queries of the participants taken live by Dr. Aravind.

The second presentation was by **Dr. Ajinder Walia, Assistant Professor, NIDM on the topic “Social Impact of Pandemics.”** She talked about the lessons learnt from the current pandemic situation. She detailed about the impact of Covid-19 on women, their reproductive health and how more women became victims of domestic violence. She also shared with all the participants the problems faced by the people of various age groups especially the aged population and the children, who are considered most vulnerable section of the society. In this way, she made an exposition of the Social Aspect of Covid-19 and took the queries of the participants live.

Day-3

The last day of the programme also began with recapping of proceedings of the previous day and the queries raised by participants were handled by the esteemed faculty.

Shri Hari Kumar, Director, Geo Hazards Society, New Delhi took session on the topic “Earthquake Risk Mitigation and Management”. He through his very informative power point presentation, helped us perceive the risk arising upon the arrival of earthquake. Through a Choropleth Map, he depicted the various Earthquake prone zones of India. He discussed in detail how the effect of earthquake can be lessened and how such an emergency event can be managed by an individual and community as a whole.

The later presentation was on **“Fire Safety and Management” by Shri A.K. Sharma, Ex-Chief, Fire Services, Delhi.** He through his power point presentation made the participants learn the very basics of Fire Safety and Management. Through various case studies on Fire Incidents, he made all aware about the incidents and lessons learnt from them.

He also discussed in detail about the challenges faced during a fire incident as well as various structural and non-structural measures to be put in place to prevent and mitigate fire incidents. He concluded his presentation with the slogan, “Let’s Work Together for Fire Safe India.”

The sessions for the day went very interactive with queries of the participants addressed live by the respected speakers of the day.

The three days’ online training programme culminated with the vote of thanks by Col. Dalbir Singh, GM (Training), MGSIPA to all the senior officials of both the institutions, the speakers and all the participants who shared their vast knowledge and experiences during the programme.

Learning Outcome

The generic learning outcomes of this programme encompass a series of capacities that will allow the participants to demonstrate knowledge and understanding of the role of various stakeholders, including both a broad command of the field and a deeper knowledge of specific areas, together with insight into current research and development work and to demonstrate deeper methodological knowledge related to their field in training the community for management and preparedness of disaster.

Recording

The links for recording of sessions during the training programme are as under:-

Day 1

<https://mgsipap.webex.com/mgsipap/lsr.php?RCID=30f3e174b41d4d838a3dfce537295c28>

Password: EeWMHDC4

Day 2

<https://mgsipap.webex.com/mgsipap/lsr.php?RCID=b35b7906da8f46d2956d7139e9f4f287>

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Day 3

<https://mgsipap.webex.com/mgsipap/lsr.php?RCID=ace18ef8ca6a43a8986a685f39aldccc>

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PATRONS

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Major General Manoj Kumar Bindal
Executive Director, NIDM,
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-cum-Director, MGSIPA.
director.mgsipa@punjab.gov.in

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KEY SPEAKERS

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Shri Hari Kumar
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Shri A.K. Sharma
Ex-Chief, Fire Services, Delhi
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ak_sharma_101@yahoo.com

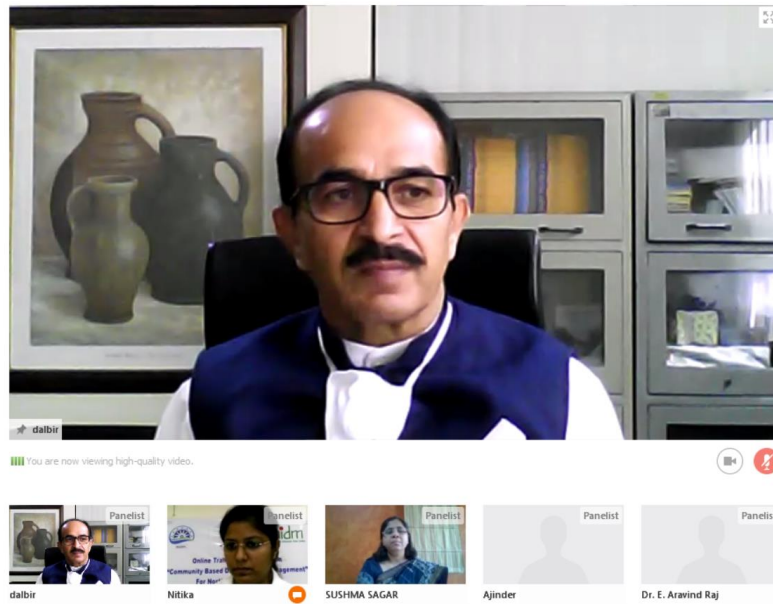
Ms. Nitika
Panjab University, Chandigarh
9417957993
nitikanikks.ns@gmail.com

Programme Schedule

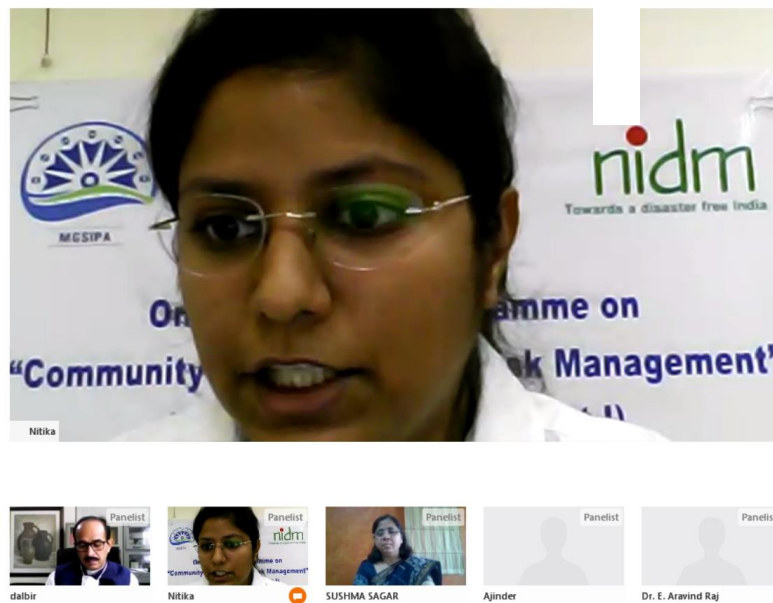
Day 1 – 29th September, 2020		
<u>INAUGURATION</u>		
1100 hrs	Participants and Faculty Members join the programme	
1105 hrs	Welcome Address – Col. Dalbir Singh General Manager (Training, Project & Consultancy), MGSIPA	
1110 hrs	Keynote Address – Major General Manoj Kumar Bindal Executive Director, NIDM, Ministry of Home Affairs, Government of India.	
1120 hrs	Inaugural Address – Shri K.B.S. Sidhu, IAS Special Chief Secretary, Government of Punjab -cum- Director General, MGSIPA	
1130 hrs	Vote of Thanks – Col. Dalbir Singh General Manager (Training, Project & Consultancy), MGSIPA	
Time	Title	Facilitator
1130 – 1245	Physical Health of Communities during Pandemics : Impact and Management	Dr. Sushma Sagar, AIIMS, Delhi
1245 – 1300	Q & A Session	<ul style="list-style-type: none"> • Dr. Sushma Sagar • Col. Dalbir Singh • Ms. Nitika
Day 2 – 30th September, 2020		
1100 – 1105	Review of Day 1	<ul style="list-style-type: none"> • Col. Dalbir Singh • Ms. Nitika
1105 – 1155	Psychosocial Care of Communities during Pandemics: Impact and Management	Dr. Aravind Raj, National Institute of Mental Health and Neuro-Sciences, Bengaluru
1155 – 1205	Q & A Session	<ul style="list-style-type: none"> • Dr. Aravind Raj • Ms. Nitika
1205 – 1255	Social Impact of Pandemics: Lessons Learnt	Dr. Ajinder Walia Assistant Professor, NIDM
1255 – 1300	Q & A Session	<ul style="list-style-type: none"> • Dr. Ajinder Walia • Ms. Nitika

Day 3 – 1st October, 2020		
1100 – 1105	Review of Day 2	<ul style="list-style-type: none"> • Col. Dalbir Singh • Ms. Nitika
1105 – 1150	Earthquake Risk Mitigation and Management	Shri Hari Kumar, Director, Geo Hazards Society, New Delhi
1150 – 1155	Q & A Session	<ul style="list-style-type: none"> • Shri Hari Kumar • Ms. Nitika
1155 – 1200	Fire Safety and Management	Shri A.K. Sharma, Ex-Chief, Fire Services, Delhi
1200 – 1245	Q & A Session	<ul style="list-style-type: none"> • Shri A.K. Sharma • Ms. Nitika
Valediction		
1245 – 1247	Course Report by Col. Dalbir Singh GM (Training), MGSIPA	
1247 – 1255	Valedictory Address by Major General Manoj Kumar Bindal, Executive Director, NIDM	
1255 – 1300	Vote of Thanks by Mrs. Jaspreet Talwar, IAS, Principal Secretary, Government of Punjab cum Director, MGSIPA	

Gallery

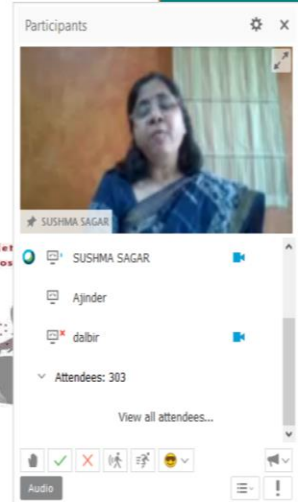
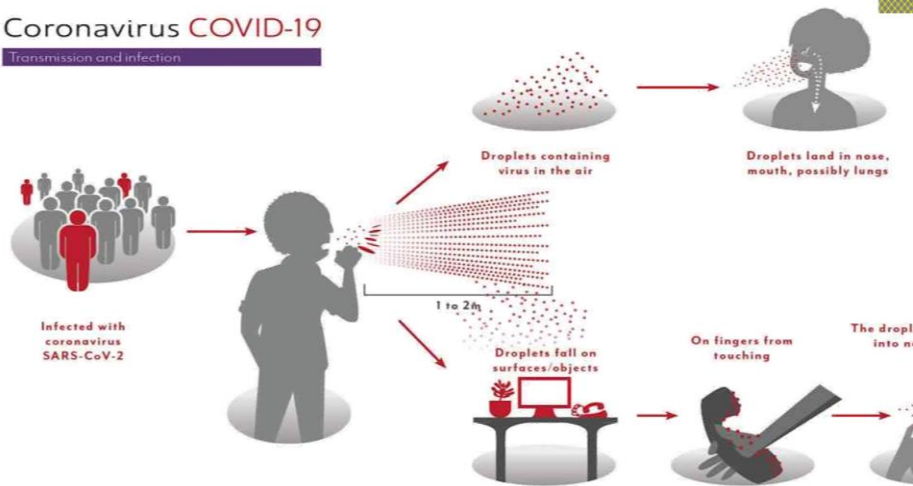


Col. Dalbir Singh, General Manager (Training), MGSIPA delivering the Welcome Address during the Inaugural Session

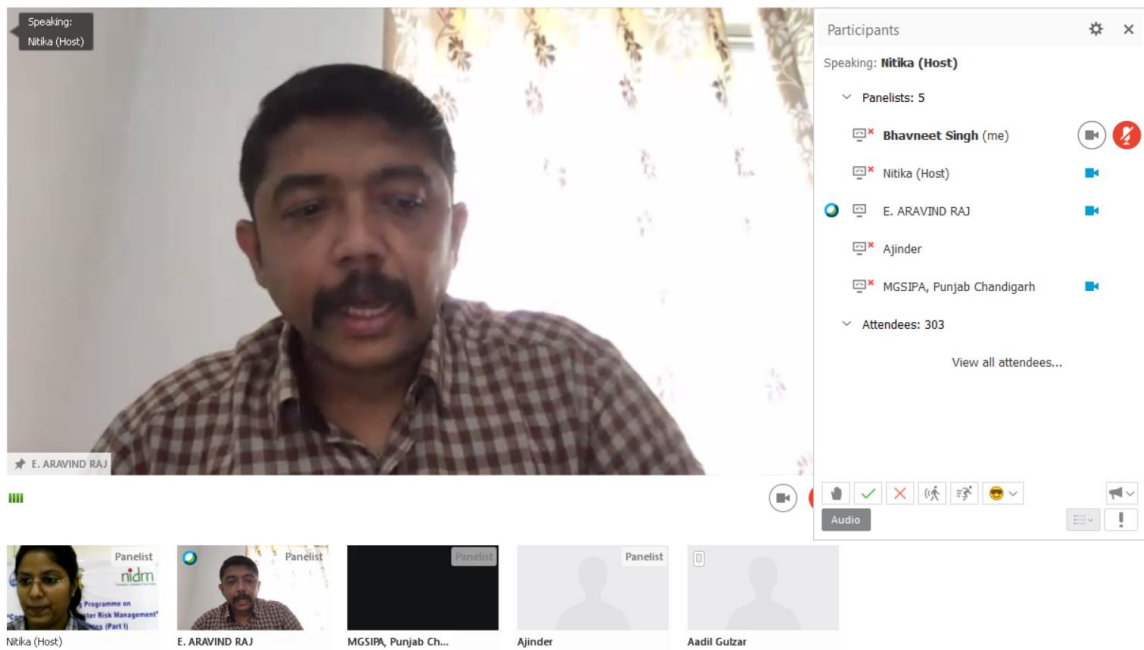


Ms. Nitika, Panellist, during the Inaugural Session of the Online Training Programme

Coronavirus COVID-19 Transmission and infection



Dr. Sushma Sagar, Professor and Faculty In charge, Division of Trauma Surgery and Critical Care at All India Institute of Medical Sciences (AIIMS), New Delhi, India during her session on The Covid-19 Crisis



Dr. Aravind Raj, Associate Professor, NIMHANS during his session on Psychosocial Care of Communities during Pandemics: Impact and Management

Cisco Webex Training

File Edit Share View Audio Participant Session Breakout Help

Quick Start Session Info Social Impact...

Participants Chat Q&A

Participants

Social Impact

- Women
- Migration
- PWDs
- Aged
- Children
- Education
- Mental health

COVID-19:

Panelists: 5

- Bhavneet Singh (me)
- Nitika (Host)
- Ajinder
- E. ARAVIND RAJ
- MGSIPA, Punjab Chandigarh

Attendees: 301

View all attendees...

Full Screen 87% View

Recording... | Session No. 170 393 6864 | You are participating in this audio conference using your computer.

Connected

Dr. Ajinder Walia, Assistant Professor, NIDM during her session on the topic Social Impact of Pandemics

Earthquake Risk Mitigation

- **Increase Capacity**
 - Awareness generation
 - Training of Architects, Builders, Contractors, Designers, Engineers, Financiers, Government, Homeowners, Industries...Media, NGOs.. Schools....everyone!!
- **Decrease Vulnerability**
 - Future Buildings
 - Enforce Building byelaws
 - Lifeline Structures remain functional
 - Existing Buildings
 - Structural Mitigation -Retrofitting
- **Falling Hazards Mitigation**

Participants Chat Q&A

Participants

Earthquake Risk Mitigation

- Increase Capacity
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- Falling Hazards Mitigation

Panelists: 6

- MGSIPA, Punjab Chandigarh (me)
- Nitika (Host)
- Hari
- A K SHARMA
- Ajinder
- dalbir

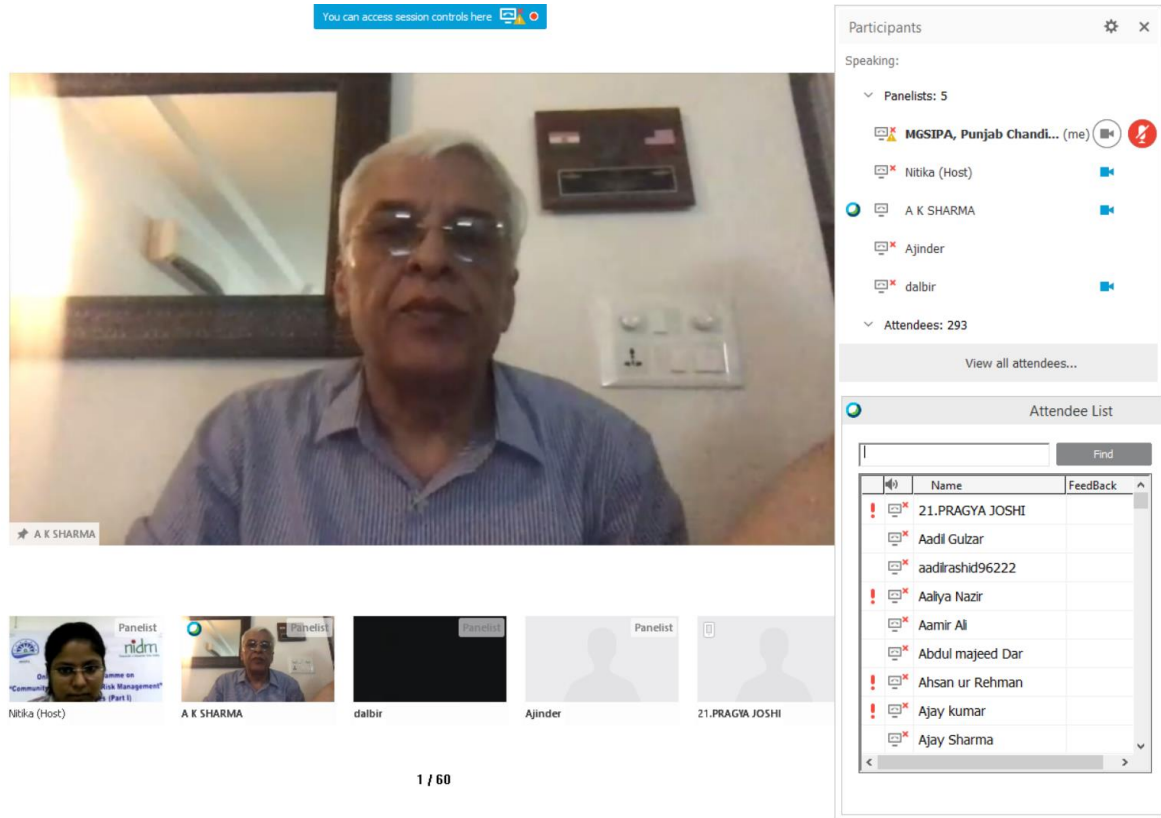
Attendees: 300

View all attendees...

Audio

Shri Hari Kumar, Director, Geo Hazards Society, New Delhi took session on Earthquake Risk Mitigation and Management

You can access session controls here



The image shows a Zoom meeting interface. At the top, a blue banner reads "You can access session controls here". The main video area shows a man with white hair and glasses, identified as A K SHARMA, speaking. Below the main video is a gallery of five smaller video thumbnails: Nitika (Host), A K SHARMA, dalbir, Ajinder, and 21.PRAGYA JOSHI. On the right side, there is a "Participants" panel with a search bar and a list of attendees. The list includes 5 panelists and 293 attendees. The "Attendee List" table is as follows:

Name	FeedBack
21.PRAGYA JOSHI	
Aadil Gulzar	
aadilrashid96222	
Aaliya Nazir	
Aamir Ali	
Abdul majeed Dar	
Ahsan ur Rehman	
Ajay kumar	
Ajay Sharma	

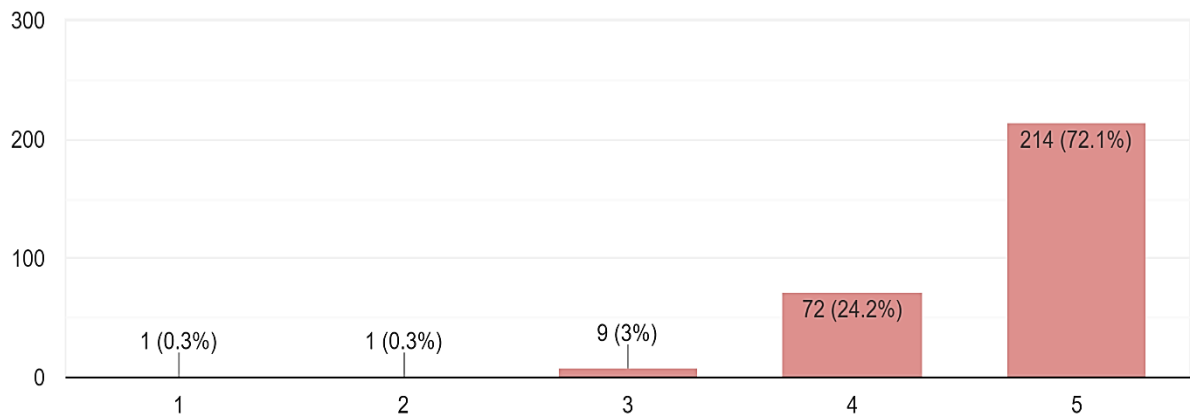
1 / 60

Shri A.K. Sharma, Ex-Chief, Fire Services, Delhi during his session on Fire Safety and Management

Feedback by the participants

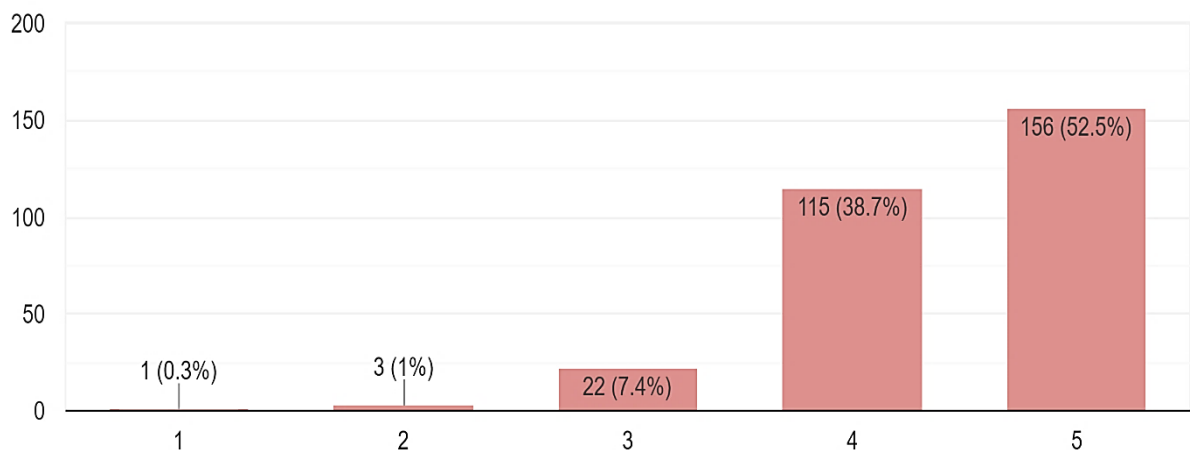
How satisfied were you with the event?

297 responses



How relevant and helpful do you think it was for your job?

297 responses



What were your key takeaways from this event?

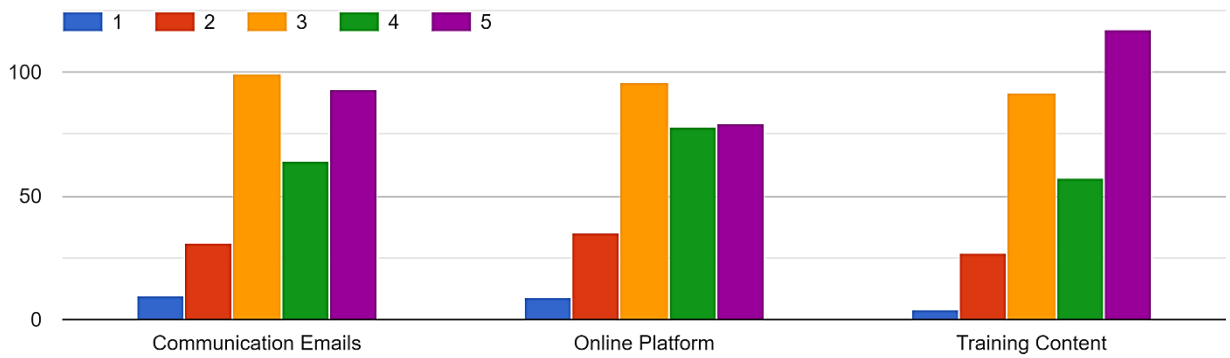
297 responses

- Social Vaccine, YOYO, Disaster Vulnerability, Psychological Stress due current pandemic, Awareness among people how to handle any natural calamities.
- Precautions for COVID-19, how to manage community disasters.
- Very relevant information was shared relating to routine life experience
- We should have awareness to handle pandemics like covid. We should be emotionally and psychologically strong to handle all types of disasters.
- Sessions were practical. Every person in society has his responsibility. One should own the responsibility.
- Capacity building during Natural disasters
- Learned about various disasters, how to protect myself and society if disaster happens.
- Very informative
- Session about earthquake is very informative
- Disaster Management especially preparedness and mitigation is key to sustainable growth and development of communities and the country as a whole. Moreover, the emphasis on multi-pronged strategy, by one of the panelists, to overcome this covid pandemic was quite relevant and enlightening.
- All the sessions were very much interested and informative regarding covid 19 is concerned
- A very good programme, learn a lot from the speakers. Though I am at the age of superannuation but will share the things learned with my sons and will serve the society without official possession as well. Thanks and regards for all speakers.
- How to tackle effectively the disastrous conditions
- Disaster response awareness and everything very informative
- The contents of all topics were Very fruitful in due course of time
- Pscho social care during and mental health, Risk Mitigation

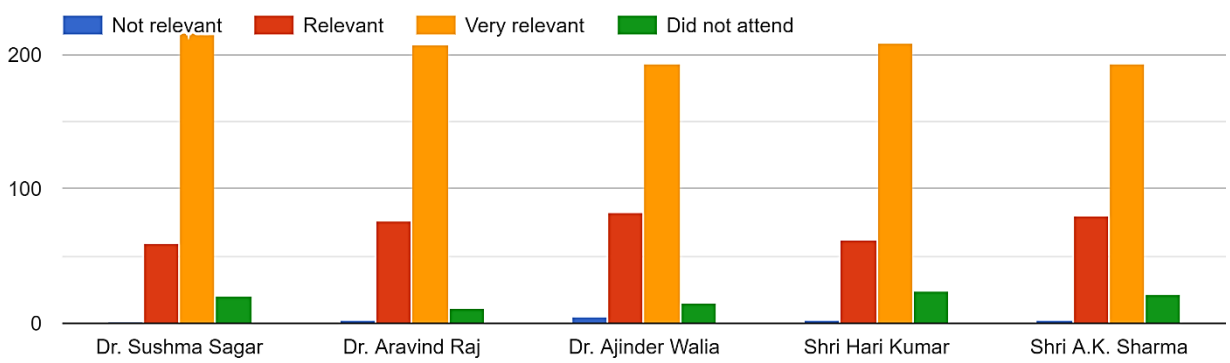
- Management is one of the key aspect in any emergent situation
- Knowledge of available resources; Inventorization for effective utilization of available resources and that Disaster Management is all about being aware and responding in time within constraints
- CBDRM approach covers prevention and mitigation, preparedness, emergency response and recovery. The key aspect of community involvement is the sustainability of community level initiatives for disaster reduction.
- Detailed knowledge about community disaster management
- The contents of all the topic are very fruitful and will prove beneficial in due course of time
- Lot of information regarding covid, dealing with persons in need of emergent medical attention, sop to be followed during fires, earthquakes etc, really going to be of great help in the coming times
- So much information about natural disasters like earthquake, fire, others natural calamities and much more knowledge how can we safeguard ourselves and others
- Mr. Hari's Awareness tips and Mr. AK Sharma's fire safety tips
- Preparedness measures in case of any disaster like burns, fire, choking, earthquake, etc
- How to manage and act in situations like created by Covid 19
- Precautionary measures taken during earthquakes, pandemic covid 19, fire breakage etc
- It was very informative not only during this pandemic but also for future natural disasters like earthquakes.
- The information and content are going to be very useful in daily life
- Lecture by Dr Sushma Sagar. It will help a lot
- Implementation of the immediate response but could not get much from the sessions due to involvement in Back to Village program in J&K
- How to save your life during fire (especially that point be at window for fresh air)

- Training program was very helpful. Some new things and ideas are learned by this program. It's really very helpful for me.
- Great knowledge about safety from covid 19, fire safety measures and safety from earthquakes.
- Management of Covid & Fire safety.
- Got quite relevant information related to earthquake, fires and pandemic covid-19 along with their social and psychological impacts and how to deal with it
- Great experience from great dignitaries
- Proper preparedness will reduce the impact of hazards
- Covid 19 awareness and precautions, Physiological care during any Pandemic, electricity and fire precautions, mental health care, earthquake precautions etc.
- Maintenance of mental health and safety tips during disaster
- Very practical knowledge for tackling pandemic and other natural calamities
- A detailed step by step disaster management protocol must be drafted for each institute. All staff must be trained for basic safety drills. Safety preparedness audit of all the buildings must be carried out periodically.
- Vast variety of information is shared , as I'm from teaching profession it will help me to disseminate further information to students regarding disaster risk management .
- Awareness, always being on foot to help out anyone in need of help during any calamity with correct knowledge and patience
- Learnt a lot about the preparation for a disaster plan n come forward at the time of need.

How satisfied were you with the logistics?

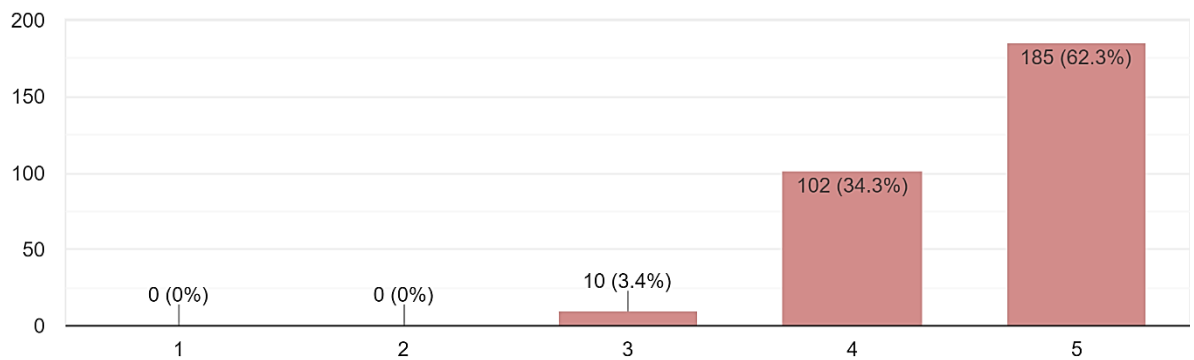


Which sessions did you find most relevant?



How satisfied were you with the training content?

297 responses



Sr. No.	Name	Designation	Department	Sub Division and District	Mobile Number	Email	How satisfied were you with the event?	How relevant and helpful do you think it was for your job?	What were your key takeaways from this event?	How satisfied were you with the logistics? [Communication Emails]	How satisfied were you with the logistics? [Online Platform]	How satisfied were you with the logistics? [Training Content]	Which sessions did you find most relevant? [Dr. Sushma Sagar]	Which sessions did you find most relevant? [Dr. Aravind Raj]	Which sessions did you find most relevant? [Dr. Ajinder Walia]	Which sessions did you find most relevant? [Shri Hari Kumar]	Which sessions did you find most relevant? [Shri A.K. Sharma]	How satisfied were you with the training content?	Overall feedback for the event?
1	AMITA GUPTA	TGT maths	Education	Chandigarh	9501964200	risingamita@gmail.com	5	5	Very useful	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative
2	Simranjeet Singh	Executive Engineer	Water supply and sanitation Punjab	Talwara, District Hoshiarpur	9501099773	eevss.divtalwarapb@yahoo.com	5	5	Interactive and impressive session.	3	2	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Found satisfactory, learned
3	Aamir Ali	Director	Disaster Management J&K	Srinagar	9419007285	aamiralimir@gmail.com	5	5	Psycho social impact, safe structures	3	2	2	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
4	Jatinder Pal Singh	CJM DLSA	Judicial	Pathankot	9988764433	goldysage@yahoo.com	5	5	Last session	3	3	3	Very relevant	Very relevant	Very relevant	Relevant	Relevant	5	Very well organised
5	Sumitra Devi	JBT	Education Department	Chandigarh	9466952487	sumitra91175@gmail.com	5	5	Guidelines to prevent ourselves from Covid-19	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	There should be more seminars like this. When COVID-19 is over there should be more events like these for students at school.

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6	MANGLA BHARDWAJ	Research scholar	Department of Sociology, Panjab University	U.T	9779084346	manglabhardwaj2001@gmail.com	4	5	The most important learning has been to prepare an emergency kit. This training programme has helped me to cope better with pandemic and other emergency situations.	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
7	Dr S Gurdeep Singh	Lab Officer, Disease Investigation lab, Kartholi	Department of Sheep Husbandry	Jammu	8713085061	gurdeepkultaran443@gmail.com	5	5	Covid19 management along with other disaster related management activities were the takeaways	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Informative and nicely organised
8	Sukhdev Ksur	Supervisor	ICDS U.T. Chandigarh	U. T. CHANDIGARH	99888443560	sukhdevkur443@gmail.com	5	5	What should we do to minimize the loss after disaster	5	5	5	Relevant	Relevant	Relevant	Relevant	Relevant	5	Learned new concepts
9	Yashpal	DPE	Education Department Chandigarh	Chandigarh	9915895812	yashpaldu11428@gmail.com	5	5	Forehand planning for any disaster	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Very Good and practical knowledge

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10	Manjit Kaur	TGT Science	Education department	Chandigarh	9855140150	manjitkaur0269@gmail.com	4	5	Very informative and knowledgeable seminar	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
11	Renu Rani	Research Scholar	Sociology	Chandigarh	7888965754	renupuri88@gmail.com	5	5	How to prepare with all the situation.	3	3	3	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	5	Very informative session.
12	DR.AJITSINGH	ASSISTANT PROFESSOR	PHYSICAL EDUCATION	CHANDIGARH	9417727074	ajittsingh2016@gmail.com	4	4	First aid to the effected person	3	3	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Good
13	Dr Mehreen Bashir	Veterinary Assistant Surgeon	Animal husbandry department kashmir	Srinagar	7006106510	mehreenbashir938@gmail.com	5	4	It was really very informative because the things that were taken for granted are not making sense by understanding the pandemic, earthquake precautions, suicidal thought avoidance.....these lectures were really informative	5	5	5	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	Please arrange more of such events...regards

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14	Dr. NASIR ALTAF ZARGER	OFFICER INCHARGE MOBILE UNIT JAMMU	SHEEP HUSBANDRY DEPARTMENT JAMMU	JAMMU	9596604921	drnaz.2008@gmail.com	4	3	Good knowledge about major disasters and their management	2	3	3	Very relevant	Relevant	Relevant	Very relevant	Relevant	4	Good and knowledgeable training session
15	Ahsan ur Rehman	Engr. Dy. Director Technical	Srinagar Dev. Authority, H&UD Department	Srinagar	9.17006E+11	sufyaan282@yahoo.com	5	4	Practising this knowledge can save many lives	1	1	1	Very relevant	Very relevant	Very relevant	Very relevant	Relevant	5	Such events must be repeated
16	MUNHAJ NABI MATTOO	Principal BHSS GUND sonamarg Gbl kashmir	School education	Ganderbal	7006949008	minhajnabimattoo@gmail.com	3	4	Enhanced my knowledge regarding covid	3	3	3	Relevant	Relevant	Very relevant	Relevant	Relevant	4	Nice very informative
17	Dr Amitha Baddamwar	Assistant Research Officer	Sheep Husbandry Department	Samba	9419252797	dramitha06@gmail.com	5	5	How to tackle effectively the disastrous conditions	3	3	3	Very relevant	Very relevant	Relevant	Relevant	Relevant	5	Excellent
18	Girish Singla	Sub Divisional Soil Conservation Officer	Department of Soil & Water Conservation, Pb	Fatehgarh Sahib	9041057890	sdsco.dswc.fgs@punjab.gov.in	5	4	Psychological & physical awareness.	4	5	5	Relevant	Relevant	Relevant	Relevant	Relevant	4	The event was highly informative. Strongly recommended.

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19	Renu Mehta	Asstt. Director	Punjab Education department	SAS Nagar	9501766433	renumehta021@gmail.com	5	4	Very helpful and informative	4	5	4	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	4	Learnt many new aspects
20	Navdeep Bedi	English lecturer at GGMSSS sector 18 Chandigarh	Education	U. T Chandigarh	9779523639	navdeepbedi66@gmail.com	5	5	Very informative and good session	4	4	5	Very relevant	Very relevant	Very relevant	Relevant	Relevant	5	Excellent
21	Dr VISHAL SHARMA	ASSOC. PROFESSOR	BOTANY; POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS-11, CHANDIGARH	CHANDIGARH	9988150150	vishal_2370@yahoo.com	5	4	Knowledge regarding the COVID-19 and facing adverse situations	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
22	Vasundhara	Deputy DEO	Elementary Education Punjab	Barnala	8968933611	vasundhراكapila@gmail.com	5	4	Social medical and psychological impact of covid 19	5	4	5	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	Very impressive

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23	Dr Mohammad Sohail	Assistant Professor	Post Graduate Department of Public Administration, Post Graduate Government College for Girls, Sector 11, Chandigarh	Chandigarh	9464545376	msohaildhillon90@gmail.com	5	5	Have been a wonderful learning experience. Have apprised me how we need to help ourselves, our families and communities in getting prepared for any disasters	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Great, academically a very rewarding experience
24	Divya	Jbt	Gmsss23 Anyc Chandigarh	Chandigarh	9646955460	divisharma5954@gmail.com	5	5	That how we can save ourselves and others from this pandemic corona virus.	2	2	2	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	This event was very informative

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25	Ajay Sharma	Secretary to Vice-Chancellor	Sher-e Kashmir University of Agricultural Sciences and Technology, Jammu (J&K)	Jammu	9419181332	proskuast@gmail.com	5	5	We need to have better planning and preparedness to meet any eventuality keeping all the safeguards in mind.	3	3	3	Very relevant	Very relevant	Relevant	Very relevant	Relevant	5	It is nicely planned, relevant and wonderfully executed. It would be more relevant to conduct such program in a classroom with some practical demonstrations
26	Karan Anand	Lecturer	Department of technical education and industrial training, Punjab Govt.	Ferozepur	8146246666	karan91anand@gmail.com	5	5	very informative and practical session.	5	5	5	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	4	very nicely presented and practical information given.

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27	Renu Mehta	Asstt. Director	Punjab Education Department	Mohali	9501766433	renumehta021@gmail.com	4	4	Very informative and interesting	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Learnt many new aspects
28	Gaurav Puri	Deputy Director of Factories	Labour Department	Ferozepur	9646015878	ddf.labfrz@punjab.gov.in	4	4	How to prepare for earthquake risks, issues related to fire safety, social impacts of COVID-19 on various sections of society, precautions regarding COVID-19	1	4	4	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	4	Very informative
29	Dr. Aazima Shah	veterinary assistant surgeon	animal husbandary, Jammu and Kashmir	kashmir, pulwama	7006823880	aazimashah.shah3@gmail.com	4	3	information and management of mental health during COVID 19 pandemic	3	4	4	Very relevant	Very relevant	Relevant	Relevant	Relevant	4	the online training programme was very informative and well executed

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30	Ms.Urfana Amin Moharken	Master,Resource Person	School Education, Kashmir	Ganderbal	9469430869	ezaanurooj125@gmail.com	5	5	Safety,precautions and confidence are pre requisite of life	5	4	5	Relevant	Very relevant	Very relevant	Relevant	Very relevant	5	Excellent webinars
31	Heena Dar	Protection Officer (Institutional Care)	ICPS	Jammu(Rajouri)	7006319010	darayesha18@gmail.com	4	4	Protect yourself from the present situation	2	4	5	Very relevant	Relevant	Relevant	Very relevant	Relevant	5	Satisfied
32	Pushpanjali	Lecturer	Gmssss 18 Chandigarh	Chandigarh	9876627623	panjalib74@gmail.com	5	5	Dos n don'ts during natural disasters	4	5	5	Did not attend	Relevant	Relevant	Very relevant	Relevant	4	Excellent
33	Dr. Satvinder Sinrj	Assistant Professor	Physics	Chandigarh	7508410149	satvinder9@gmail.com	4	5	Lecture by Dr Sushma sagar. It will help alot	5	4	5	Very relevant	Relevant	Relevant	Very relevant	Relevant	5	It was a very informational and guiding event. It's my pleasure to be a part of this training programme . Thanks a lot to all the penelists

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34	Kiran Gupta	Assistant Professor	Economics	Post Graduate Government College, Sec 11, Chandigarh	9815590428	guptakiran21@gmail.com	5	4	Came to know about some issues in detail	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	This training is really required as per the scenario
35	Ankit Dhasmana	PhD Scholar	Sociology Department, Panjab University, Chandigarh	Chandigarh	8569008659	ankitdhasmana18@gmail.com	3	5	It includes all the do's and don't's regarding most common type of emergencies not just Coronavirus. It's very helpful and gives confidence to the participant.	3	2	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	It was a good experience. Such kind of webinars should be organised each year and we should not wait for the disaster to happen so that we feel the need for such webinars.

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36	Anuradha goel	Lecture	Computer science and engineering	Ludhiana	9478611535	anuradha.bgiet@gmail.com	5	5	Knowledge about how to deal with situation like covid 19 and other critical situations	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
37	MOHMAD ABASS BHAT	Assistant Professor	Higher Education Department J&K/HKM Degree College, Bandipora	Kashmir/ Bandipora	9906860606	abbassali14@gmail.com	5	5	Got very relevant and impressive knowledge and training from the program	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	The program helped to get aware about varied disasters and ways to manage and Prevent the damage to human community. Conducting more such relevant programs is the need of hour to overall help the people

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38	Lovkesh kumar maini	Sr lecturer ECE	Department of technical education and industrial training punjab Chandigarh	Ferozepur	9914428300	lovkesh_maini@yahoo.com	5	4	About corona disaster management	5	5	4	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	4	It was very informative presentation with nice presentation
39	Sangita Rani	Lecturer Economics	Educational Department	GGMSSS SEC 18C CHANDIGARH	9872414344	sranjeet14344@gmail.com	5	5	suggestions by experts	5	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative
40	Manish Goyal	Assistant Professor	Statistics	Chandigarh	9878084933	manishgoyal33@gmail.com	5	5	Physical health care and Psychosocial Care during Pandemics	3	2	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	very satisfied
41	Himanshi Makkar	Supervisor	ICDS CELL, Social Welfare Department	Chandigarh	9888331440	hmakkar4@gmail.com	5	4	Every lecture was enlightening	2	2	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	3	Lectures were very good

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42	Dr.Mukhtar Ahmad	Veterinarian	Department of Animal Husbandry_Kashmir	Kupwara	7889858859	ahmadmukhtar854@gmail.com	4	4	Preparedness is the main way of reducing the impact of any disaster disaster may b pandemic ,earth quake, or fire.	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative and need of an hour program organised by MGSIPA chandigarh.
43	Jaspreet Kaur	Punjabi mistress	Education	Ut	9872884951	jaspreet.kaur@hotmail.com	5	5	Learnt many new things	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative
44	Dr Sumit Kotwal	Assistant Professor	Department of Higher Education, Government Degree College Doda	Doda, J&K UT	9906904399	envsumit@gmail.com	5	5	The training programme enabled us to learn practical aspects of different types of disasters such as covid-19, earthquakes, fire safety etc.	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Immense gratitude to the organizers and penalisists.

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45	Suraj	Labour-cum-Conciliation Officer	Labour Department, Punjab	Circle-5, Ludhiana	8198074710	surajkmr113@gmail.com	5	4	Disaster Management especially preparedness and mitigation is key to sustainable growth and development of communities and the country as a whole. Moreover, the emphasis on multi-pronged strategy, by one of the panelists, to overcome this covid pandemic was quite relevant and enlightening.	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	It was very informative. MGSIPA shall frequently hold such events in near future.

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46	Dr. Amit Jakhal	Assistant Professor (Botany)	Post Graduate Govt College for Girls, Sector 11, Chandigarh	Chandigarh	9467562678	amitjakhal@gmail.com	5	5	I learnt various ways to tackle in difficult situations during outbreak of pandemic, during disasters.	2	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent training by excellent subject experts
47	Suman	Counselor	Education Department	Chandigarh, Chandigarh	9592049394	sonikushik9394@gmail.com	5	5	Very useful knowledge about current and other disaster situations.	5	5	5	Relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	It's too good as our expectations from this session
48	Manisha	Assistant Professor	Mathematics	Bhiwani	8059834802	saini.bittu27@gmail.com	4	4	Learn about how to face with earth quakes ...fires ,covid 19 etc.	5	5	5	Relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Excellent... it was very informative to face the condition of disasters
49	Anoop Singh	Assistant Professor	Public Administration PGGCG-11 Chandigarh	Chandigarh	9888667922	anoopkataria2007@yahoo.co.in	5	4	Awareness about disaster	5	5	5	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	Very informative

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50	Jatinder singh	D.s.c.o	Soil and water conservation department punjab	Mohali	9814354855	dscoti.dswc@punjab.gov.in	5	4	awareness about disaster Management specially earth quake	5	4	4	Very relevant	Very relevant	Did not attend	Very relevant	Very relevant	5	Very good
51	Ajay singh chib	Inspector	J&k police	Police academy udhampur	9797455270	ajaychib9292.asc@gmail.com	5	4	Effective response to disaster	2	2	3	Very relevant	Relevant	Very relevant	Relevant	Very relevant	5	Excellent content
52	Shamama amir	Assistant professor	BCA	Chandigarh	9592821122	shamamaamir90@gmail.com	5	4	Presence of mind is important during any disasters	3	3	3	Relevant	Relevant	Relevant	Very relevant	Very relevant	4	Healthy topics
53	Deepshikha	TGT	Education	Barnala	9878401495	deepshikha90sharma@gmail.com	4	5	All the live sessions were good. I got information about so many things.	4	5	5	Very relevant	Very relevant	Very relevant	Did not attend	Very relevant	4	It was great experience to join these live sessions. Very informative in this pandemic situation.
54	Sandeep Kaur	PGT Economics	Education	Chandigarh	9646138844	sandeep.lec.2484@gmail.com	5	4	Really very informative	5	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Overall all the lecture are very clear and motivated

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55	Gurbant Singh	Inspector Audit	Department of cooperation	Ferozepur	9781294997	gurbantsingh@gmail.com	5	4	Really informative and helpful session especially in these challenging times	4	4	4	Did not attend	Did not attend	Very relevant	Did not attend	Did not attend	5	It was nicely organized. . Gained a lot from the session ..really thankful to the organizers.
56	Sushil Lata	S.L.A	Education	U.T	8837717812	sushillata74@gmail.com	5	5	Very informative and full of suggestions	3	2	2	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	V.good program
57	Dr. Loveleen Garg	Medical Superintendent	Health and family welfare punjab Chandigarh	Jalandhar	9781998541	ms-jalandhar.pb@esic.nic.in	5	5	Very informative	5	5	5	Very relevant	Very relevant	Very relevant	Relevant	Relevant	4	Very informative
58	Harpreet singh	Horticulture officer	Horticulture	Ropar	7508018803	drharpreet singh@yahoo.com	5	5	Vary knowledgeable	2	2	2	Very relevant	Very relevant	Very relevant	Relevant	Very relevant	5	Excellent

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59	Ashwinder Singh	TGT(Social Science)	Govt Model High School Sector 45-C Education Department. Chandigarh	Chandigarh	9876645643	ashwinder772702@gmail.com	5	5	Latest updates on disaster management and preventive measures. An innovative and informative forum to learn and apply disaster management	4	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	A path breaking and eye opening experience to learn about our vulnerabilities and how to hone our skills of disaster management . A superb experience . Hope to be in touch in future too.
60	Kuldip Singh	Deputy DEO (EE)	Department of School Education	Ludhiana	9855614513	singhkuldip70ofc@gmail.com	5	5	Excellent	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent

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61	Sonia Kumari	Research Scholar	Department of Sociology Panjab University	Chandigarh	9814072143	soniagupta786.sg@gmail.com	5	5	Firstaid awareness, Psychosocial awareness, preventive of disaster management etc.	4	4	5	Did not attend	Very relevant	Relevant	Very relevant	Did not attend	4	Good
62	Mohd hussain Rather	Sgct	SDRF j&k	Ganderbal	7006807704	www.mohdrathet111@gmail.com	5	5	Technical	2	2	2	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	Every thing was good
63	GARIMA SHARMA	DISTRICT COORDINATOR	Social Welfare U. T. Chandigarh	Chandigarh	9463838028	garima.ms k@gmail.com	5	5	Psychosocial aspects	4	4	5	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	Well organised
64	Dr. Nawab Nashiruddin	Professor & Head	Division of Veterinary Pathology, SKUAST-JAMMU	RS Pura, Jammu-181102, Jammu and Kashmir	9596739988	nawabn1@rediffmail.com	4	5	Preparedness	4	4	4	Relevant	Relevant	Relevant	Very relevant	Very relevant	4	Relevant and helpful

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65	Dr. Veenat	Assistant Professor	Department of Sociology, PGGCG-11, Chandigarh	Chandigarh	9815876853	veenat333@gmail.com	5	5	Be Prepared for disasters and create awareness about the same. YOYO principle is the take home lesson	5	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative event. As a teacher, I learnt important aspects of dealing with disasters at community level and importance of preparedness

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66	VINOD SINGH SAMBYAL	PROGRAMMER	CHIEF ELECTORAL OFFICE, PUNJAB	CHANDIGARH	9780891322	vinodsingh.sambyal@punjab.gov.in	5	5	CBDRM approach covers prevention and mitigation, preparedness, emergency response and recovery. The key aspect of community involvement is the sustainability of community level initiatives for disaster reduction.	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Nicely organized.
67	Amarjeet kaur	Stenotypist	Co-operative audit	Faridkot	9803320218	amarjit.kaur46@gmail.com	4	4	My knowledge is broad	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very good
68	Simran	TGT	Science	Chandigarh	9464263871	simrangoyal890@gmail.com	5	5	Life is very precious	2	2	3	Relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Satisfied

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69	Prachi Rattanpal	Research Scholar	Sociology, Panjab University, Chandigarh	Chandigarh	9.19816E+11	prachi.msd@gmail.com	5	5	Awareness, always being on foot to help out anyone in need of help during any calamity with correct knowledge and patience	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Such events are very much needed in face to face manner but due to current scenario it was not possible, so online method is much welcomed
70	Ruby Rani	Lecturer	Teaching	Sector 26, Chandigarh	9876912664	ruby.tuteja20@gmail.com	5	5	Covid symptoms and its Curement, How to manage mental health in Covid, What should be done in Earth Quake and Fire Safely Measures	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative and knowledgeable session in the current situation

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71	Murad Ali	Selection Grade constable	J&K Police	Udhampur	9419163993	muradali219@gmail.com	5	5	Covid 19 precaution	3	3	3	Did not attend	Very relevant	Very relevant	Did not attend	Did not attend	5	Very good content of the course and materials of the guest faculties
72	Saloni	Clerk	Chief architect	Chandigarh	9780812494	saloni7713@gmail.com	5	5	Management	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
73	Mohmad Suhail Wani	Disaster Management Professional	JKDMA	Srinagar	9596210058	suhailwani1911@gmail.com	5	5	Preparedness measures in case of any disaster like burns, fire, choking, earthquake, etc	5	5	5	Did not attend	Did not attend	Did not attend	Did not attend	Did not attend	5	Very nice
74	Jasbir kaur	District coordinator	Department Social Welfare, Women and Child Development	Chandigarh	6283184508	jasbirkaur.mskchd@gmail.com	4	5	I found it very informative and learnt a lot about the safety measures	2	2	2	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Very informative

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75	Capt Mantej Singh Cheema	Assistant Director	Youth Services Dept.	Rupnagar punjab	8427777899	cheemamantej@gmail.com	5	5	It was very informative not only during this pandemic but also for future natural disasters like earthquakes.	4	4	4	Very relevant	Relevant	Very relevant	Very relevant	Relevant	5	Excellent.
76	Yash Paul	Supervisor ICDS	INTEGRATED CHILD DEVELOPMENT SERVICE	Udhampur	9797464245	yashpaul464245@gmail.com	5	4	How we can manage from risk factors during Covid-19 , During accident case, Earthquake, during fire emergency etc we learnt how we can defeated this virus and all other	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very nice
77	Anju	Assistant professor	Botany, PGGCG-11,	CHANDIGARH	9914953741	anjupehwal2@yahoo.co.in	5	5	I learnt that i have to be aware and prepare for dissasters i may face	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Awsome training

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78	Priyalakshmi	CDPO Ghagwal	ICDS	Ghagwal and Samba	9469162691	cdpoghagwal2@gmail.com	4	5	1. Social impact of COVID 19. 2. preparedness regarding earthquake hazard at homes which Anganwadi centres will take to their wards	3	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Relevant	4	Excellent presentations
79	Medhavi Gulati	PhD candidate	Sociology	Chandigarh	8146223962	medhavigulati@gmail.com	3	3	Suicidal thoughts	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Informative

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80	Gowhar Jeelani	DM Expert	JKSDMA	Anantnag	7889788784	gowharjeelani007@gmail.com	5	5	The programme was very informative, interesting and innovative and the main key take are: Dealing with stress during Lockdown situation, addressing social issues including domestic violence, impact of COVID-19- Pandemic and the lessons learned for future and do's and don'ts for dealing with fire hazards.	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Wonderful experience so far albeit there is always scope for improvement. Looking forward. Regards
81	Dr Harjeev Kumar Khanna	Senior lecturer	Govt Polytechnic college Bathinda	Bathinda	7527912300	hkkhanna_hod2008@yahoo.com	5	5	Knowledge of disaster mgt	2	2	3	Very relevant	Very relevant	Very relevant	Relevant	Relevant	5	Good

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82	Ishu Sanghar	Deputy Director of factories	Labour Department	Amritsar	8198084514	ishusanghar33@gmail.com	4	2	This was refresher course for me in relation to Covid 19 pandemic.	5	3	4	Relevant	Relevant	Relevant	Very relevant	Very relevant	4	Overall it was a good experience.
83	Suraj Thapa	Assistant Professor	Political Science, PGGC-11	Chandigarh	8288081519	ptsuraj@gmail.com	5	5	To get through knowlegde about risk management	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	The webinar is very informative and thoughtful ...learn so many think which one can apply in the future
84	Anju	Assistant professor	BOTANY, PGGC-11	CHANDIGARH	9914953741	anjupehwal2@yahoo.co.in	5	5	I learnt that i have to be aware and prepare	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Informative

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85	Narinder Pal Singh	Information and Public Relations Officer	Information and Public Relations Department, Punjab	Chandigarh	9780216767	npsjagdeo@gmail.com	5	5	Dr. Ajinder Walia and Dr. Hari's lectures were good.	3	3	3	Relevant	Relevant	Did not attend	Did not attend	Very relevant	5	As I am a Public Relations Office and my main job is to coordinate between media and Government and to disseminate information to general public, some things would be helpful in my professional life. This training
86	Suhinder Kaur	Administrative Officer	Board of Ayurvedic and Unani Systems of Medicine	SAS Nagar	9041232446	suhinderkaur1@gmail.com	4	4	Rescue from earthquake	3	3	3	Relevant	Relevant	Relevant	Relevant	Relevant	3	It was good

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87	Sonia Gulati	Lecturer(English) SRS GPCG LUDHIANA	Applied science	Ludhiana	9914835115	soniagulati77@yahoo.in	5	5	Very informative n useful	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Relevant	5	Very informative ,knowledgeable n well managed session
88	Shashibhushan	TGT	Education	Chandigarh	9878501909	shashibhushanfortyseven@gmail.com	5	5	Knowledge	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Good
89	Miss Amitoj Sharma	Clerk	O/o Chief Architect, Department of Architecture , Punjab, Chandigarh	Chandigarh	7696036662	amitoj.sharma02@punjab.gov.in	4	4	Improve in knowledge	2	3	2	Relevant	Relevant	Relevant	Very relevant	Relevant	3	Very good
90	Dr. Jatinder Kumra	Lecturer Chemistry	Chandigarh Education Department	Chandigarh (UT)	9872016781	jatinder.kumra@gmail.com	5	5	Being calm and helping others during a disaster.	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very good and informative
91	Dr. Ishtiyah Ahmed Najar	Assistant Professor	Environmental Sciences	Ganderbal	9796957773	ishtiyah.ahmed@gmail.com	3	4	Disaster preparedness	5	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Frequently conduct such programmes

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92	Madhav Bansal	Assistant Design Engineer	Water Resources Department Punjab	RSDD, SECTOR 17, Chandigarh	9041561239	madhavbansal.ciet@gmail.com	4	4	Information related to covid19, earthquakes, fire hazards	3	3	3	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	Very informative session.
93	Gurvinder Singh	Senior Auditor , District Ferozepur	Audit	Ferozepur	9501011088	gsbrar1999@gmail.com	4	5	Learning about preventive measures of COVID 19 and various other disasters	4	4	5	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	5	Quite valuable
94	Dr Ishita Singh	Assistant Professor	Economics	Chandigarh	9779636649	ishita13.2014@rediffmail.com	5	5	Shush Sagar presentation highlighted the facts based on figures on COVID 19 which will definitely help us how to react under extreme situations	5	5	5	Very relevant	Relevant	Relevant	Relevant	Relevant	5	It was informative

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95	Vikas Yadav	TGT (Maths)	Chandigarh Education Department	Chandigarh	8512094560	vikasrao1704@gmail.com	4	4	So much information about natural disasters like earthquake, fire, others natural calamities and much more knowledge how can we safeguard ourselves and others	2	2	2	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	4	Very helpful and useful information given throughout the webinar
96	Ramandee p Singh	Architect	Department of Architecture Punjab	Chandigarh	9888376367	ramandee.p.singh03@punjab.gov.in	4	4	Holistically got to learn new things.	5	3	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Good
97	Suman Verma	Lect in computer Technology	Education Department	GGMSSS Sec 18, Chandigarh	9814301406	dkv.bhavya@gmail.com	5	5	We should have awareness to handle pandemics like covid. We should be emotionally and psychologically strong to handle all types of disasters.	5	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very knowledgeable and informative Sessions

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98	Navneet kaur kang	Senior auditor	Co-operative audit department,pb	Patiala	9872819305	navneet_kang@rediffmail.com	5	4	Learned about various disasters,how to protect myself and society if disaster happens.	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
99	Navneet kaur kang	Senior auditor	Co-operative audit department,pb	Patiala	9872819305	navneet_kang@rediffmail.com	5	4	Learned about various disasters,how to protect myself and society if disaster happens.	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
100	KOMAL CHOPRA	Assistant Director	SCERT	SAS NAGAR	9417204242	directorscert@yahoo.in	5	5	Be prepared rather to be scared or panic.	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very nice
101	Vinod Kumar	JBT (SS)	Educational Department Chandigarh.	Fatehabad (Haryana)	9813798354	vinodkairo09@gmail.com	5	4	Training program was very helpful. Some new things and ideas are learned by this program. It's really very helpful for me.	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	It's really helpful and relevant for us.

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102	Meenu puri	JBT Teacher	Education department	Chandigarh	9814735235	meenu.puri284@gmail.com	5	5	Maintenance of mental health and safety tips during disaster	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Wonderful and informative
103	Kumari Navneet	TGT (Social Studies)	Education	UT Chandigarh	9888484234	navneetsinghmaar77@gmail.com	4	4	Mr. Hari's Awareness tips and Mr.AK Sharma's fire safety tips	4	4	4	Relevant	Relevant	Relevant	Very relevant	Very relevant	4	Very good
104	Mahesh Kumar	Executive Engineer	Water supply and sanitation department punjab	Pathankot	9417303999	eevss.patankot2@gmail.com	5	2	We learnt very good helpful things in case of disasters/ emergency	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very much informative for every one's life

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105	Aaliya Nazir	Assistant Executive Engineer	Irrigation and Flood control	Ganderbal , Jammu and kashmir	9622506848	aaliyanaqash@yahoo.co.in	4	4	Keeping in view the present pandemic training session threw light on all aspects like how we can deal with different situations that we have to face in different roles. So how to tackle with the mental health was my key takeaway	3	4	4	Very relevant	Relevant	Very relevant	Did not attend	Very relevant	4	Was a helpful session. I think more interaction with participants was one factor i found needs to be improvised. Waiting for more such sessions.
106	Amninder Singh	Stenotypist	Chief Architect, Punjab	Chandigarh	9464561032	amninders029@gmail.com	5	4	Covid	4	4	5	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	4	Very Good
107	Sunita Sharma	JBT	Education	Education	9872608998	sunitasharma3148@gmail.com	5	5	Fire Safety measures , covid precautions etc.....	3	3	3	Relevant	Relevant	Relevant	Relevant	Relevant	4	Good

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108	MANJU MALIK	JBT Teacher	Education Department	Chandigarh	9780038123	manjumalijkjbt@gmail.com	5	5	We should take every possible measure to minimise loss during any natural disaster.	4	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Relevant	4	Very informative and inspiring
109	SONIA GULATI	Lecturer (SRS GPCG LUDHIANA)	Applied science	Ludhiana	9914835115	soniagulati77@yahoo.in	5	5	Very informative and useful	5	5	5	Very relevant	Very relevant	Very relevant	Relevant	Relevant	5	Very useful, informative and knowledgeable session
110	Ashwani Kumar	District Level SMS Pomology	Department of Horticulture Jammu	Samba	9419691155	ashwani.jammu94@gmail.com	5	4	Precautions from spread of COVID 19, Counselling for mitigating the psychophobia due to CORONA, First aid during Earthquake, fire prevention and life safety measures, etc.	3	3	3	Very relevant	Very relevant	Very relevant	Did not attend	Very relevant	5	Excellent

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111	Vandhana Aggarwal	Lecturer Chemistry	GGMSSS 18C, Chandigarh	Chandigarh	9878238567	aggarwalvandhana66@gmail.com	5	5	Great knowledge about safety from covid 19, fire safety measures and safety from earthquakes.	4	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent event, immensely informative and knowledgeable
112	CHARANJIT SINGH	TGT-social science	Education department Chandigarh	Chandigarh	8872308878	singhcharanjit990@gmail.com	4	4	How to face disaster solution	5	4	4	Relevant	Very relevant	Relevant	Very relevant	Very relevant	4	Good
113	Raghav	Senior Assistant	Department of Architecture Punjab	Chandigarh	9814323553	raghavmanu@gmail.com	4	5	Covid	1	3	3	Very relevant	Relevant	Relevant	Relevant	Very relevant	5	Very informative
114	Dr Pawan Kumar singla	Deputy Director animal husbandry Bathinda	Animal husbandry Punjab	Bathinda	9417040226	pawankingsingla63@gmail.com	5	5	Very informative	3	2	3	Very relevant	Did not attend	Very relevant	Very relevant	Very relevant	5	Very good

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115	Dr. Aadil Majeed Khan	Veterinary Assistant Surgeon	Animal Husbandry Department, Kashmir.	Pattan Baramulla	9906505454	aadilkhan1914@gmail.com	4	4	Preparing and preventing oneself and the community around from future hazards to turn into disasters	4	4	5	Very relevant	Very relevant	Very relevant	Relevant	Very relevant	4	Holistically planned content was presented. It was good to be part of the training programme that prepared us for the unforeseen future.

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116	Neetu Sharma	Protection Officer (Non-Institutional care)	Child Protection Services, Social Welfare	Udhampur, J&k	7006601947	neetusharmans1947@gmail.com	5	4	Precautionary measures taken during earthquakes, pandemic covid 19, fire breakage etc	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	This 3 days online training programme was personally very helpful for me as I have learnt a lot from different faculty members on many issues being faced by the humanity globally at present.
117	Satyapal	JBT	Education Department	Chandiharh	9416604176	satyapal45c@gmail.com	5	5	Covid-19	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Knowledgeable and impressive

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118	Thakur Karanvir Singh	Senior Assistant	Architecture Department Punjab	Chief Architect Punjab Chandigarh Head office	9872179066	karanvir.singh28@punjab.gov.in	4	4	Covid	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative
119	Nancy Kanwar	Research Scholar	Sociology, Panjab University	Chandigarh	8054953025	rsnancy.kanwar@gmail.com	5	5	The General Measures that need to be taken in case of Medical emergency, CPR procedure, How do interact with the Covid Positive persons, the positive approach even if we get COVID positive, the mental health issues and how to observe that anybody is having suicidal tendencies and how to be a gatekeeper, what things to consider in the hospital and psychological	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Amazing session that can help us fight the physical, social, psychological aspects amid pandemic and help in Nation building.

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120	Vinod Choudhary	Research Officer Disease Investigation Lab. Kartholi, Jammu	Sheep Husbandry Department Jammu, J&K	Jammu	9419235952	doniv61@gmail.com	5	3	Covid 19 related information by Sushma madam and psychological care in pandemic by Dr. Arvind Raj were knowledgeable and impressive. The program was Over-all very nice.	3	3	3	Very relevant	Very relevant	Relevant	Relevant	Very relevant	5	Great, knowledgeable
121	Pallavi Kapila	Assistant Professor	Sociology	Chandigarh, Union Territory (U.T.)	9646653504	pallavi.kapila@gmail.com	5	5	How to manage during disasters and natural calamities.	5	5	5	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	Excellent!
122	Mrs. Neeta kumar	Sr. Lecturer	S.G.G.S. College of pharmacy, Sector 26	Chandigarh	9463740987	kumar.neeta@yahoo.com	5	4	The topics taken up were relevant to the current situation	2	3	3	Relevant	Very relevant	Very relevant	Relevant	Relevant	5	Great

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123	Dherminder Sharma	Deputy Director, Forest Protection Force, J1 Jammu.j	Forest Protection Force , UT of Jammu and kashmir	Jammu	9419130060	dherminder95@gmail.com	3	3	Practical knowlege of presenter on essential topic like fire safety and managent, covid -19 , earrthquake - preparation and prevention etc.	5	4	4	Relevant	Very relevant	Relevant	Relevant	Relevant	3	It was good to know about many things more so online while sitting in office, particularly on new topics like : Psychosocial care and mental health care by Dr. Arvind Raj.
124	SUKHCHARAN SINGH	Audit officer	Cooperation	Ferozepur	8146844334	sukhcharan7219@gmail.com	5	5	Best ever knowledge a gained for tackling with the disaster time such as pandamic, earthquake, fire etc.	4	3	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very good training.

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125	Malik Tawqeer Un Nisa	Disaster Management Professional	JKSDMA	DDMA Pulwama	8082829256	malik.nisa11@gmail.com	5	5	The main important points about community based disaster management approach as how community's participation is must and how can we involve each and every person to make a great impact on achieving a Disaster resilient community.	1	1	3	Relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Very insightful event thank you would like go attend more in future.
126	Dr. Salil Sharma	Assistant Professor	Geography	Chandigarh	9.19879E+11	sharma.salil81@gmail.com	5	5	Preparedness and rehabilitation	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
127	Gowher Simnani	ACDPO(Asst. Child Development Project officer)	Women & Child Development J&K(Social Welfare J&K)	Pulwama	9906865281	simnanimsw@gmail.com	4	4	Psycho social care during and mental health, Risk Mitigation	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative

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128	Harmandeep Singh	SDSCO	Soil & Water Conservation	Fazilka	9465609961	dsc0.dswc.ferozepur@punjab.gov.in	4	4	Helpful during critical conditions.	3	4	4	Very relevant	Very relevant	Relevant	Relevant	Relevant	4	Very good and appreciable.
129	Sangeeta Rani Verma	Assistant	Board of Ayurveda, Punjab	Mohali, punjab	8360595305	vermasangeeta193@gmail.com	4	4	Rescue from earthquake	2	1	3	Relevant	Relevant	Relevant	Relevant	Very relevant	4	Good
130	Dr. Vijay Kumar	Assistant Professor	Psychology, Post Graduate Govt College for Girls, Sector-11, Chandigarh	Chandigarh	9416481887	vijaypsy@yahoo.com	5	5	Disaster Management and Psychosocial support.	5	5	5	Relevant	Relevant	Relevant	Relevant	Relevant	5	All sessions are informative and very well organized.
131	Jatinder Singh	D.s.c.o	Soil and water conservation punjab	Mohali	9814354855	dsc0.ti.dswc@punjab.gov.in	5	4	Corona awareness and measures taken before and during earthquake	5	4	4	Relevant	Relevant	Very relevant	Relevant	Relevant	4	Very good
132	Anju Rani	Lecturer in English	Education	Chandigarh	9876931932	anjubansal67@gmail.com	5	5	Key content of training was very good and presented in very interactive way	2	2	2	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Knowledgeable for managing disaster situation in real life

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133	Sarabjit Kaur	Senior Lecturer in Civil Engg	Technical Education (Government of Punjab)	Bathinda (PB)	9501108710	sarabjit_73@yahoo.com	5	5	More understanding in the concepts of managing the risks of any Disaster.	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
134	Dr Ashok Kumar	Assistant professor	Physical Education	Chandigarh	8146601063	ashok_vipin@rediffmail.com	5	5	Pandemic	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Knowable training program
135	Prem Kaur	Superintendent Grade I	Labour Department	Mohali	9780632704	premkaurkukreja@gmail.com	5	5	How to prepare in case of emergencies related to earthquake, societal impact of COVID-19	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very good
136	jaskiran Dhillon	PO office DHS PB.	DHS office	HQ	9316100004	jaskiran2403@gmail.com	5	5	Fire safety ...Psychological community well being	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Good learning

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137	Jaswinder kaur	Lecturer	Department of technical education and industrial training	Govt. Polytechnic college ferozepur	9478161422	er.jaswinder026@gmail.com	5	5	Covid 19 awareness and precautions, Physocological care during any Pandemic, electricity and fire precautions, mental health care, earthquake precautions etc.	4	5	5	Very relevant	Very relevant	Very relevant	Relevant	Very relevant	5	All sessions were very informative.
138	Ravjit Singh	Inspector Audit CS Kotkapura 1	Department of Cooperation Punjab	Sub Division Kotkapura District Faridkot	8146700202	singhravjit1@gmail.com	5	5	Prepare and not fear from any pandemic situation. Moral support to the family and society in such a situation. Of course we gained knowledge and experience of the worthy specialists. Thanks	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very well connected . Appreciable

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139	Himanshu Garg	Assistant Design Engineer	Water Resources Department, Punjab	Mohali	9530831590	himanshugarg0602@gmail.com	5	4	Covid Related information, fire safety, Earthquake risk mitigation awareness	4	4	5	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	5	Very informative and useful
140	Manjit Kaur	Supervisor	Icds project 3	Chandigarh	6283363575	kaurmanjit1042@gmail.com	5	5	Corona epidemic	3	3	3	Did not attend	Did not attend	Did not attend	Did not attend	Did not attend	5	Excellent
141	Aadil Rashid	Protection officer NIC	ICPS	Kulgam	9622296000	aadilrashid96222@gmail.com	5	3	We understand how to cope the problems	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Needs to organize more trainings in future
142	Sarishti Joshi	Research scholar	Sociology	Chandigarh	8437977589	sarishtijoshi13@gmail.com	5	4	Social impact of coronavirus session was very helpful for me as a Sociology student and the psychosocial care session was also an amazing session which actually helped me to know the real issues of mental stress faced by individuals.	4	4	4	Relevant	Very relevant	Very relevant	Very relevant	Relevant	4	I was a great event and all the sessions were very informative and interesting.

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143	Manpreet Singh	Sub Divisional Soil Conservation Officer, Kapurthala	Department of Soil and Water Conservation Punjab	Kapurthala	9814770784	dswckpt@gmail.com	4	4	all important do and don't about any disaster . effective planning for unseen	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	excellent content as well answers to our queries by resource persons.
144	Jitender Singh	DPE	Education Department	Chandigarh	7973319221	yog_is_life@yahoo.co.in	5	5	Disaster response awareness and everything very informative	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Great, hope to see more refreshing session
145	Dr. Latief Ahmad Mir	Veterinary Assistant Surgeon	ANIMAL HUSBANDRY DEPARTMENT	SUMBAL BANDIPORA	9797932239	drmirla@yahoo.com	5	4	Covid response and Disaster Mitigation By Dr Sushma ma'am was a brilliant one I'm	3	3	4	Very relevant	Very relevant	Relevant	Very relevant	Relevant	4	Overall it was a nice session presented by all the speakers.
146	Rajesh Kumar Pangotra	District Horticulture Officer	Deptt of Horticulture J&K	Kathua	9419151091	pangotrsrk007@gmail.com	3	3	Help yourself before extending help to others	4	1	4	Relevant	Very relevant	Very relevant	Did not attend	Very relevant	3	Quite relevant in the present scenario
147	NAVPREET KUMAR	SUB-DIVISIONAL SOIL CONSERVATION OFFICER	Soil and Water Conservation Punjab	SAMRALA, LUDHIANA	9855087205	honeypau@gmail.com	4	4	How treat persons in illness	2	2	2	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Good training

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148	Jagrup Singh bharti	Deputy Deo Se mansa	department of school education punjab	mansa	9779488622	jagrupsinghbharti@gmail.com	5	5	I have learned many things	4	4	5	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	4	Really helpful for us
149	Dr. Aqib Ishtiyaq Mattoo	Veterinary Assistant Surgeon	Animal Husbandry	Budgam	9149606620	aqimattoo103@gmail.com	5	4	Sessions were practical. Every person in society has his responsibility. One should own the responsibility.	3	3	2	Very relevant	Very relevant	Very relevant	Relevant	Relevant	4	Knowledgeable informative
150	Dr Deepak Kitchloo	Parasitologist	Sheep Husbandry Department	Disease Investigation Laboratory ,Kartholi	9419201481	deepakitchloo@gmail.com	3	3	COVID related information	2	2	2	Relevant	Relevant	Not relevant	Not relevant	Not relevant	3	Good
151	Dr.Amrik Singh	Deputy Director	Animal Husbandry	Mansa (Punjab)	9814058251	ddmansa12@gmail.com	4	4	Knowledgeable	4	4	5	Very relevant	Very relevant	Did not attend	Very relevant	Very relevant	4	Such trainings should be continue

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152	ANJU KHA	RESEARCH SCHOLAR	DEPARTMENT OF SOCIOLOGY, PANJAB UNIVERSITY, CHANDIGARH	CHANDIGARH	8556886322	anjukha16@gmail.com	5	3	got to know that how to give mouth to mouth breathing and while giving that most importantly you have to keep this in mind that the neck dont move muck otherwise it can lead him /her to paralyzes	4	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	it was very good ,great and informative session , every speaker tried their best to cover all the topics in their presentation
153	Satish Kumar	JBT	Education department Chandigarh	Chandigarh	7009774411	satishchd98@gmail.com	4	5	Beneficial in disaster	4	3	4	Relevant	Very relevant	Very relevant	Very relevant	Relevant	4	Session attractive but due to network and internet problem communication problem was found

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154	Harpreet kaur	Labour Enforcement Officer	Labour	Ludhiana and Mohali	8729004070	harry.samr ala2598@ gmail.com	5	4	Very relevant information was shared relating to routine life experience	3	3	3	Did not attend	Did not attend	Did not attend	Did not attend	Did not attend	4	Excellent.
155	Pooja sharma	JBT	Education Department, Govt. High.School	UT,CHD.	9872691083	poojashar ma171181 @gmail.co m	4	4	How we can handle the situation in difficult situations.	5	5	5	Relevant	Very relevant	Very relevant	Very relevant	Relevant	4	Good.

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156	Manbinder Kaur	PhD Research Scholar	Dept. of Sociology, PU Chd.	Sub division-Kharar and District-SAS Nagar ,Mohali	7986744239	manbinderkaur@gmail.com	5	4	How a disaster effects an individual physical mental and social health of an individual and how can we provide the community with psychological care. How to provide first aid to the needy and also about the precautionary measures to be taken during earthquakes and in case of fires, etc etc.	3	3	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Overall the webinar was excellent and got to know how can we help ourselves and others in case of disasters. Need more webinars like this in future.
157	Anupama	SS mistress	Education	UT	9417792466	anu.chd40@gmail.com	5	5	Learnt many new things	4	4	4	Relevant	Relevant	Relevant	Relevant	Relevant	5	Very good
158	Vinod Kumar	Assistant Professor	Sociology	Chandigarh	9988060477	vinodchoudhary09@gmail.com	4	5	Information on Avoiding disasters	5	5	4	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	Feeling better after receiving good content.

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159	Rajvir Singh	Lecturer mechanical	Department of technical education	Ferozpur	9803116689	sran98031@gmail.com	4	4	Vast variety of information is shared , as I'm from teaching profession it will help me to disseminate further information to students regarding disaster risk management .	4	4	5	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	4	Above expectations
160	KAMALJEET SINGH SODHI	MANAGER CUM CHEMIST	HORTICULTURE	DODA DISTRICT J&K	9419215285	kmljt3008@gmail.com	5	4	Awareness on earthquakes and COVID19	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Relevant	5	Very informative and created new awareness on common things about disasters
161	Kavita	TGT science	Education department	Chandigarh	8427044999	knegi8585@gmail.com	4	4	Always keep patience and have positive attitude	4	4	5	Relevant	Very relevant	Relevant	Very relevant	Relevant	4	Very good
162	Dr Saim Qureshi	Veterinary Assistant Surgeon	Animal Husbandry department J&K	Srinagar Jammu and Kashmir	7006522797	saimqureshi91@gmail.com	5	5	Management of crisis	3	3	3	Relevant	Relevant	Relevant	Relevant	Relevant	4	More such events needed in future

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163	Priyanka Sambyal	PhD research scholar	Sociology	Kathua district in J&k	8427573974	priyankasambyal29@gmail.com	5	5	Learnt so much about the natural crisis.	3	3	3	Relevant	Relevant	Not relevant	Relevant	Relevant	5	Great
164	Shamsher Singh	Research Scholar	Sociology, Panjab University Chandigarh	Pathankot	8968779939	shamshersingh.njs108@gmail.com	5	4	All	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Nice
165	Preet Kohli	Assistant Director youth services, Kapurthla & Hoshiarpur	Youth services Punjab	Kapurthla	9815881016	adys.kpt@gmail.com	5	4	Regarding Covid-19 awareness	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent

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166	Raivati Raman Sharma	DL-SMS	Deptt of Horticulture, Jammu	District Ramban	9797354142	raivatiraman@gmail.com	4	4	Risk preparedness of disasters	4	4	4	Very relevant	Did not attend	Very relevant	Very relevant	Very relevant	4	The training program is very informative to sharpen our skills in encountering various disasters. Please supply the compendium of lectures in pdf form.
167	Rupinder kaur	Asst director youth services mohali	Youth services department	Sas nagar mohali	9815339832	adsasnagar@gmail.com	5	5	Mental satisfaction	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	It was great session

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168	Sukhvir Singh	Inspector	J&k police	Sher I kashmir police Academy udhampur j&k	9419117795	sukhvirsingh197510@gmail.com	5	4	Lot of information regarding covid, dealing with persons in need of emergent medical attention, sop to be followed during fires, earthquakes etc, really going to be of great help in the coming times	3	3	3	Very relevant	Relevant	Relevant	Relevant	Relevant	5	These kind of training programs should be conducted periodically to sensitize all the stakeholders for betterment of our society and to enhance professional competencies
169	Navneet Singh	IFS	Jammu kashmir Forest department	Doda	9718987594	navneet.dangi10@gmail.com	4	5	Reducing risks through timely interventions and communication during a disaster	4	3	5	Very relevant	Very relevant	Did not attend	Very relevant	Very relevant	4	It was helpful

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170	Manpreet singh	TGT PUNJABI	EDUCATION DEPARTMENT CHANDIGARH	CHANDIGARH	9876355917	Manpreetunga@gmail.com	5	4	Covid 19	3	3	3	Very relevant	Relevant	Relevant	Very relevant	Very relevant	5	Knowledgeable and motivational
171	Basharat Rasool	Asst Ex Engineer	Srinagar Development Authority	Srinagar	9419011178	sheikh_basharat@yahoo.com	4	3	Familiarisations with do's and don'ts during pandemics and natural disasters. Increasing preparedness/capacity to respond to the disasters	3	2	4	Very relevant	Relevant	Relevant	Very relevant	Very relevant	4	Very informative and educative event
172	Rupinder kaur	Asst director	Youth services department	Sas nagar mohali	9815339832	adsasnagar@gmail.com	5	5	Very usefull and mental satisfaction	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative
173	Lalit Kumar	Research Scholar	Sociology	Chandigarh	9988014377	lalithanda94@gmail.com	4	4	Good learning	3	3	3	Relevant	Relevant	Relevant	Relevant	Relevant	4	Good

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174	Ubad Hassan	Senior Stenographer	Higher Education Department	Srinagar	9469339499	ubadps23@gmail.com	5	5	Programme was designed very good. Organisers and speakers gave a valuable information which helped the participants to learn in detail on the programme.	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Programme was very informative and I learnt a lot in detail from this programme.
175	Dr Aditi Salaria	Assistant Civil Surgeon O/o Civil Surgeon Pathankot Punjab	Deptt of Health and Family welfare	Pathankot	9814452291	aditisalaria18@gmail.com	5	5	Capacity building during Natural disasters ;	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent; looking forward for more of such kind of trainings in future.
176	Dr. Aqib Ishtiyaq Mattoo	Veterinary Assistant Surgeon	Animal Husbandry	Budgam	9149606620	aqimattoo103@gmail.com	5	4	Sessions were practical. Every person in society has his responsibility. One should own the responsibility.	3	3	2	Very relevant	Very relevant	Very relevant	Relevant	Relevant	4	Knowledgeable informative

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177	Zameer Mumtaz lone	Asst prof	Higher education(Env sc	Gurez and Bandipore	7006110021	zameermumtaz7866@gmail.com	4	4	Well managed .All topics are well prepared with written content. Speakers put their point of view in an organised and ordered way .	4	4	4	Very relevant	Relevant	Very relevant	Very relevant	Relevant	4	Highly impressice
178	Kuljit Singj	IPRO	Information and public relations department Punjab	Head Office Chandigarh	9780036224	kuljit.singh24@punjab.gov.in	5	5	Very Informative and helpful	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very Informative
179	Naresh kumar	Tgt geography	Education department	Chandigarh	9646594973	nareshbhankhur@gmail.com	4	4	Covid19 and Earth quake topics were discussed that will be helpful for community based disaster.	2	3	2	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	4	Good
180	Amarjit Singh	Statistical Officer	Jammu Municipal Corporation.	Jammu	9419195565	amarjitex107@gmail.com	5	5	Points regarding COVID, Earthquake and fire	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	All the sessions were quite infomative

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181	Kultar Singh Mianpuri	Information and Public Relations officer	Information and Public Relations Department Punjab	Chandigarh	9872032564	kultar.singh64@gov.in	5	5	Session on earth quake and Covid	5	5	5	Did not attend	Relevant	Very relevant	Very relevant	Relevant	5	Wonderful
182	Vishal Manhas	Sub Inspector	Jammu and Kashmir Police	Sher I Kashmir Police Academy Udhampur	9906033209	vishalmanhas271@gmail.com	4	3	The course is very much relevant, it has quite aptly imparted the knowledge to respond during disaster and pandemic situation especially related to covid 19, and also related facts and management skills are the key take away	3	3	4	Very relevant	Relevant	Relevant	Relevant	Relevant	4	The course is well programmed serving it's purpose quite fairly. The content was good, faculty was also quite efficient, however, the only issue was connection/network problem, also large number of participants cause the session less

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183	Irfan Manzoor	Block Development Officer Directorate of Rural Development Kashmir	Rural Development Department	Srinagar	9596009697	esirfan87@gmail.com	1	1	informative and much useful event particularly session held by Dr Sushma	1	2	2	Very relevant	Relevant	Relevant	Relevant	Relevant	4	Much relevant
184	Dr Suheel Salam Mir	Veterinary Assistant Surgeon	Department of Animal husbandary Kashmir	Anantnag	7006921326	drsuhailmir@gmail.com	5	4	Very informative and relevant information considering the pandemic.	3	3	3	Very relevant	Very relevant	Very relevant	Relevant	Relevant	4	Very informative session .
185	Sunil kumar	Assistant Director (Sports)	School education Punjab	S.A.S Nagar .	8872636747	dydirectorphyedupb@gmail.com	5	5	Precautions for COVID-19,how to manage community disasters.	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent, It was very useful.
186	manoj kumar	ADE	water resources , punjab	RSDDO, Chandigarh	8950108079	manojjain@gmail.com	5	5	earth quake rescue	4	3	5	Did not attend	Very relevant	Did not attend	Did not attend	Very relevant	4	very good
187	Dr. Sandeep Singh	Assistant Professor	Mathematics	Chandigarh	9814729258	sbisht402357@gmail.com	4	4	How to manage the dangerous situation	3	4	4	Relevant	Very relevant	Did not attend	Very relevant	Did not attend	5	It is good and informative

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188	Peer Muzafar Ahmad	Teacher	Education	Ganderbal	9622565453	muzafarsirgbl@gmail.com	5	5	All the sessions were very much interested and informative regarding covid 19 is concerned	1	1	1	Very relevant	Very relevant	Very relevant	Relevant	Relevant	5	Informative
189	Ravi Kumar	Head constable in where sher-e-kashmir police academy udhampur	JK Police	Udhampur	9419307164	ravipadma sharma@gmail.com	5	5	The contents of all topics were Very fruitful in due course of time	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	The contents of the course will prove beneficial in due course of time
190	Mohd.Arif Lone	Assistant Director	FCS&CA	Udhampur	9419170167	ariflone123@gmail.com	5	4	The content is highly informative.	3	3	3	Very relevant	Relevant	Very relevant	Relevant	Did not attend	5	Excellent
191	Rupinderjit Kaur	TGT Hindi	Education	UT Chandigarh	9815968099	rupinderjit.248@gmail.com	5	5	Learned how to face the different kind of disasters.	3	3	3	Very relevant	Relevant	Relevant	Relevant	Relevant	5	It was knowledge gaining
192	SUNIL KUMAR SHARMA	Senior Prosecuting officer	JK Prosecution services HomeDept	Udhampur	7889631644	sharmasunil.19766@gmail.com	5	5	The contents of all the topic are very fruitful and will prove beneficial in due course of time	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very interesting and informative course and will benefit in future.

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193	Wasim Ahmad	Assistant Professor	Government Rehabilitation Institute for intellectual Disabilities	Chandigarh	9914729155	wasimarid@gmail.com	5	5	Handling of worst situation with tactics	5	5	5	Very relevant	Very relevant	Did not attend	Did not attend	Did not attend	5	It was a great program
194	Primladevi	Tailoring teacher	Education department	Chandigarh	9465124826	primladevi1824@gmail.com	4	5	Covid19 and Earth quake related training helpful in community based disaster	2	2	3	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	4	Overall sessions were helpful to prevent community disaster and created awareness.
195	Jagtar Singh	Junior assistant	Punjab coop.audit	Fatehgarh. Sahib	9417305316	jagtar22gill@gmail.com	4	5	I. Have learned about various disasters and how they are affecting our society	3	2	3	Relevant	Relevant	Very relevant	Relevant	Relevant	4	Very good

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196	Wasim Ahmad	Assistant Professor	Government Rehabilitation Institute for Intellectual Disabilities	Chandigarh	9914729155	wasimarid@gmail.com	5	5	How to handle worst situation with tactics	5	5	5	Did not attend	Very relevant	Did not attend	Did not attend	Did not attend	5	It was an outstanding experience
197	SUKHWINDER SINGH	DY. DEO (EE) FEROZEPUR	EDUCATION	FEROZEPUR	9814909540	hm.sukhwindersingh@gmail.com	5	5	Penadamic v/s disaster	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
198	Dr Aadil Gulzar	veterinary Assistant surgeon	Animal husbandry Kashmir	Shopian	9682648870	dagbhat1177@gmail.com	5	4	How to save your life during fire (especially that point be at window for fresh air)	3	2	2	Very relevant	Very relevant	Relevant	Very relevant	Relevant	4	Event was wholesome wait encompasses all disaster of utmost importance and strategic application of knowledge to cope with them

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199	Armandeep Singh	CJM cum secretary DLSA Mansa.punjab	Judicial department	Mansa	9646293054	aman0023@yahoo.com	5	4	How to manage and act in situations like created by Covid 19	5	5	5	Did not attend	Did not attend	Very relevant	Did not attend	Did not attend	5	Was very informative and helpful in crisis situation
200	Sanjay K Manhas	Assistant Director	Forest Protection Force	Billawar, Kathua	9419117570	sanjaykmanhas11@gmail.com	5	5	How to save lives during disasters.	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
201	BALVINDE R SINGH	J. B. T.	Education department	Chandigarh	9417242390	balvinder1311@gmail.com	4	4	Session on earthquake.	5	4	4	Relevant	Relevant	Relevant	Very relevant	Relevant	4	V. Good
202	Amanpreet Singh	Information and Public Relations Officer	Information and Public Relations, Punjab	Chandigarh	9914706767	amanpreet.singh656@punjab.gov.in	4	4	Session about earthquake is very informative	3	3	4	Did not attend	Very relevant	Relevant	Very relevant	Very relevant	4	Wonderful
203	Ajay	Head constable	Vigilance	Chandigarh	9779713081	ajay1975.2013@gmail.com	5	5	To act wisely and not to believe in rumours	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	A great initiative, keep it repeating

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204	Abdul Majeed Dar	Tehsildar	Revenue	Kashmir Ganderbal	9419008727	abdulmajeeddar@jmail.com	5	5	A very good programme, learn a lot from the speakers. Though I am at the age of superannuation but will share the things learned with my sons and will serve the society with out official possession as well. Thanks and regards for all speakers. Regards Abdul Majeed Dar Tehsildar Wakura District Ganderbal Jammu and Kashmir union territory.	3	3	3	Did not attend	Did not attend	Very relevant	Did not attend	Did not attend	5	Brilliant.

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205	Vivek Modi	Divisional Forest Officer, Billawar, J&K	J&K Forest Department	Sub Division Billawar; District Kathua	8803192050	vivekmodi83@gmail.com	5	4	Knowledge of available resources; Inventorization for effective utilization of available resources and that Disaster Management is all about being aware and responding in time within constraints	4	5	5	Very relevant	Relevant	Very relevant	Very relevant	Relevant	5	Excellent designed and well implemented module. Very relevant.
206	Dilawar Singh	Block Investigator	Industries and Commerce Deptt., J&K	Akhnoor, Jammu	7889605765	dilawar811@gmail.com	4	3	The information and content is going to be very useful in daily life	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Keep Going
207	Irfan Ahmad	Protection Officer	ICPS J&K	Budgam	7889935945	irfanbashir555@gmail.com	2	2	Implementation of the Immediate response but could not get much from the sessions due to involvement in Back to Village program in J&K	2	1	2	Relevant	Relevant	Relevant	Did not attend	Did not attend	3	Almost It was satisfactory except audio facility

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208	Dr Ankur Rastogi	Associate Professor	SKUAST-Jammu	Jammu	9.19419E+11	dr_ankur76@rediffmail.com	5	3	A detailed step by step disaster management protocol must be drafted for each institute. All staff must be trained for basic safety drills. Safety preparedness audit of all the buildings must be carried out periodically.	4	3	4	Very relevant	Very relevant	Relevant	Very relevant	Relevant	4	Great content. Well planned.
209	Dr Anupa Sharma	Child Protection officer	Integrated child protection services, department of social welfare	Jammu	9419728234	anupa13sharma@gmail.com	5	4	How to manage any kind of disaster	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Did not attend	5	Excellent... It was different among other trainings I did
210	karam singh	superintendent	social security women and child department Punjab	ludhiana	9855827297	obsevationhomeldh@gmail.com	5	5	How to manage disaster	5	4	5	Relevant	Relevant	Relevant	Relevant	Relevant	5	Overall best

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211	Manish Rana	JBT	Education department Chandigarh	Chandigarh	9876752773	manish3244rana@gmail.com	5	4	This is more effective for me. Now we take more precautions in future	4	5	5	Very relevant	Very relevant	Very relevant	Did not attend	Did not attend	4	This is more educable for me. online training is very effective at covid time
212	Ajit Singh	ADFISHERIES	Fisheries	Bathinda	9464133601	ajitsingh4163@gmail.com	5	3	Don't know	2	2	2	Relevant	Relevant	Relevant	Relevant	Relevant	4	Good
213	Syed Altaf	General Secretary	Rehmatal Lil Alameen Society	Shopian Kashmir	9906841230	syedaltaf4@gmail.com	5	5	Learn a lot from the speakers.	4	5	5	Relevant	Relevant	Relevant	Very relevant	Very relevant	5	A very good programme, learn a lot from the speakers, thanks and regards for all speakers.

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214	Dr. Anish Yadav	Professor and ICAR National Fellow	Faculty of Veterinary Sciences, SKUAST-JAMMU	Jammu	9419145424	anishyada v25@gmail.com	5	3	Measures to take during natural calamities	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Excellent training content, communication with participants was very prompt. Kudos to the organising team
215	MANPREET KAUR	SUPERINTENDENT	SOCIAL SECURITY WOMEN AND CHILD DEPARTMENT PUNJAB	LUDHIANA	9814813131	stateaftercarehome.ludh@gmail.com	5	5	How to manage disaster	4	5	5	Relevant	Very relevant	Relevant	Relevant	Relevant	5	Overall very Good
216	Zia ul haq	Disaster management professional	Revenue	Shopian	7006070362	ziaulhaq25@gmail.com	5	5	A collaborative effort and coordination among all the stakeholders can do the trick in mitigation of disaster..	2	2	2	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative

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217	ER.BHUPI INDER SINGH	SUB DIVISIONAL SOIL CONSERVATION OFFICER	SOIL AND WATER CONSERVATION, PUNJAB	BARNALA	9417270256	Bslongowal@gmail.com	5	4	The On-line training programme was very knowledgeable ,informative and useful for different kind of disaster recovery and management especially covid 19 pandemic	4	4	5	Not relevant	Not relevant	Not relevant	Not relevant	Not relevant	5	Overall this was a wonderful, knowledgeable and informative 3 day online training programme for CBDRM FOR NORTHERN STATES by MGSIPA and NIDM.I hope ,the knowledge gained from this training programme shall be

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218	Kapil Sharma	TGT hindi	Government High School Sector 53 Chandigarh	Chandigarh	9855965149	kapil_65149@rediff.com	4	5	Patience is key every life is important	5	4	5	Relevant	Relevant	Relevant	Relevant	Relevant	5	Good. A lot to learn but connectivity problem was there I don't think I really got trained as sometimes audio wasn't clear may be it's problem from my side
219	Gurpreet	Deputy D.E.O se	Education	Mohali	9814030627	wadaliyagurpreet@gmail.com	5	5	Experience and knowledge gain to manage any kind of disaster	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent
220	Preeti Sukhija	CJM legal aid Ludhiana	Home and affairs	Ludhiana	8558809610	adr.ludhiana@gmail.com	5	4	Learnt s lot regarding disaster risk management Very informative and useful .Thanks	3	3	3	Very relevant	Very relevant	Did not attend	Relevant	Did not attend	5	Very informative

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221	Mehar Chand	Assistant Professor	Geography	Chandigarh	9872817325	meharchand725@gmail.com	5	5	That which precautions we should we take during covid 19	3	3	3	Relevant	Very relevant	Relevant	Very relevant	Very relevant	5	It was well organised.
222	Shiv Charan	Head constable	Vigilance	UT, Chandigarh	7626937601	shivcharan1084@gmail.com	5	5	Management is one of the key aspect in any emergent situation	5	5	5	Did not attend	Very relevant	Very relevant	Very relevant	Very relevant	5	In my views it is very useful and informatics training sessions
223	Sawtanter kareer	ASPD	Education	Mohali head office	9872614641	sawtanterkareer@gmail.com	4	5	Very practical knowledge for tackling pandemic and other natural calamities	1	1	1	Very relevant	Relevant	Relevant	Relevant	Very relevant	4	It was a good session very useful and practical also
224	Karan Mehta	IPRO	Information and Public Relations, Department, Punjab	DIPR, Main Civil Secretariat, Chandigarh	9888590007	karan.mehhta07@punjab.gov	4	4	Fruitful and very informative specially COVID stress Management	4	4	4	Relevant	Relevant	Very relevant	Relevant	Relevant	5	It was my first online training session and learnt various things

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225	Nidhi Malhotra	TGT English	GMHS 38D Chandigarh	Chandigarh	9855935766	Nidhionair1111@gmail.com	5	5	All the precautionary measures are indispensable.	5	5	5	Relevant	Relevant	Relevant	Relevant	Relevant	5	Nice
226	Dr Ruheel Ahmad Mir	Veterinary Asstt. Surgeon	Animal Husbandry	Kulgam kashmir	9797242204	ruhailmir939@gmail.com	5	5	Great experience from great dignitaries	2	2	2	Did not attend	Very relevant	Relevant	Very relevant	Did not attend	5	Great experience... Educative and informative
227	AVTAR SINGH	Assistant Civil Surgeon	Health & Family Wefare Punjab	Office of Civil Surgeon Roopnagar	9814825538	dravtarsingh21@gmail.com	5	5	Proper preparedness will reduce the impact of hazards	5	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very much informative.
228	Harpreet kaur	Labour Enforcement Officer	Labour	Ludhiana and Mohali	8729004070	harry.samr ala2598@gmail.com	5	4	Very relevant information was shared relating to routine life experience	3	3	3	Did not attend	Did not attend	Did not attend	Did not attend	Did not attend	4	Excellent.
229	Anil Verma	Lecturers	Govt Polytechnic for Women, Sector 10	Chandigarh	9023130436	star.anil69@gmail.com	4	5	Social awareness,safety management	3	2	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Nice program

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230	Zubair Mohiuddin	Protection officer...	Integrated child protection services, J&K	Baramulla	7889378406	zbhat100@gmail.com	5	5	I think we have to take much precautions while in disaster.. and disaster management and role of community in disaster management	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	The event was very informative, knowledgeable and experience gaining.
231	Mohd Abdullah	PTI GDC Bijbehara	Physical education	Kulgam	9797707199	mohddabdullahpti@gmail.com	4	4	Sir such an informative training session regarding covid 19 earthquake and fire safety precaution . I learn how to save lives during disaster	1	1	1	Relevant	Relevant	Relevant	Relevant	Relevant	4	Good

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232	Dr. Amandip Kaur	Assistant professor	Department of Political Science	Chandigarh	9417724690	amandeepdhindsa2006@gmail.com	5	4	It was a very informative session . Some of my key takeaways from this event include - How to Give First Aid to an injured person , dealing with natural disasters such as earthquakes , How to maintain mental well-being in these times of pandemic and how to keep myself and the people around safe and healthy in times of disasters and pandemic .	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	A very informative and knowledgeable session. A very good program. I learnt a lot from this session . Looking forward for more such sessions .

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233	Kuldeep Kumar Bhat	Assistant Director	Forest Protection Force	Jammu	9419193053	bhatkuldeep1@gmail.com	5	4	Covid management and Earth quick safety measures	3	3	3	Very relevant	Relevant	Very relevant	Very relevant	Relevant	5	This event helps in the safety of the general public
234	Partap Singh Thakur	Junior Assistant	Registrar Cooperative Societies Punjab Chandigarh	Chandigarh	9814029899	partapthakur1981@gmail.com	4	4	Very nice	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	All were good
235	Rupinder kaur	Asst director	Youth services department	Sas nagar mohali	9815339832	adsasnagar@gmail.com	5	5	Very usefull and mental satisfaction	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative

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236	Dr. Rajkumar Herojeet	Assistant Professor	Environment Studies, Post Graduate Government College-11; Chandigarh	Chandigarh	9780272180	herojeet.rk@gmail.com	5	4	Social Vaccine, YOYO, Disaster Vulnerability, Psychological Stress due current pandemic, Awareness among people how to handle any natural calamities.	5	5	5	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	5	Very informative and knowledgeable Speaker. Learned many important as well as basics things about how we could handle different disaster scenarios namely actively and psychologically and emotionally for ourself
237	Bhagwat singh	Assistant professor	Physical Education	Chandigarh	9501458044	bhagwatsinghuk@gmail.com	5	4	Managing unprecedented events in life	4	4	5	Very relevant	Did not attend	Very relevant	Did not attend	Did not attend	4	Good
238	Rupinder kaur	Asst director	Youth services department	Sas nagar mohali	9815339832	adsasnagar@gmail.com	5	5	Very usefull and mental satisfaction	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative

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239	Johnny Khanna	Executive Engineer	Department of Water Supply & Sanitation	Fatehgarh Sahib	9855554813	ee.fatehgarhsahib@punjab.gov.in	5	4	From this training we get a lot of knowledge to fight against covid 19 virus	5	4	5	Relevant	Relevant	Relevant	Relevant	Very relevant	5	Very good
240	Narinder kaur	DP teacher	Education	UT	9888117762	narinderkaur203@yahoo.com	5	5	Very educative	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Educative
241	Arvinder Singh	Assistant professor	Music vocal	Chandigarh	9781655185	sabrang47@gmail.com	4	4	To dealt with situation with awareness	3	2	2	Relevant	Relevant	Relevant	Relevant	Relevant	4	Good effort
242	Amninder Singh	Stenotypist	Chief Architect, Punjab	Chandigarh	9464561032	amninders029@gmail.com	5	4	Covid	4	4	5	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	4	Very Good
243	Manpreet Kaur	Teacher	Education department	Chandigarh	7009380978	manpreetkoursaini05@gmail.com	5	5	Got knowledge that how we can manage in difficult situation	5	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	It provided valuable knowledge . New and necessary things we had learnt from this online training sessions.
244	Sukhwinder Singh Bhatti	Deputy Director Factories	Labour Department	Ludhiana	9814432320	ddfldh2@gmail.com	5	4	Information and knowledge about disasters	5	5	5	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	4	Very good

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245	JASMINDE R SINGH	Senior Assistant	Registrar Cooperative Societies Pb. Chandigarh	UT	9779473360	jasminde.singh974@punjab.gov.in	5	4	Hazard and Disaster management	5	5	5	Very relevant	Very relevant	Relevant	Very relevant	Relevant	5	Overall it was Great to get all this knowledge
246	Ritu Nandwani	Sr.Lecturer.	MLT.SGGS, college of Pharmacy	Chandigarh	9463688988	nandwani.ritu178@gmail.com	5	4	Learnt alot abt the preparation for a disaaster,to plan n come forward at the time of need.	4	3	4	Very relevant	Very relevant	Very relevant	Very relevant	Relevant	4	very good
247	Dr. Bhawna Gupta	Assistant Professor	Public Administration , Panjab University Chandigarh	Chandigarh	9.19463E+11	bhawnag@pu.ac.in	5	5	An understanding of earthquake risk management.	5	4	5	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	Very good

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248	Dr H S Kang	SDSCO	Department of Soil and Water Conservation	Gurdaspur	9781199996	dsco.dswc.gurdaspur@punjab.gov.in	4	4	Detailed knowledge about community disaster management	4	4	4	Relevant	Relevant	Relevant	Relevant	Relevant	4	Very informative and well conducted. Thanks to all the speakers for sharing their valuable knowledge with us.
249	Tasleem Arif	Teacher	Education	Ganderbal	7006307831	umair24.ta@gmail.com	5	5	Informative	3	3	3	Very relevant	Very relevant	Very relevant	Did not attend	Did not attend	5	Very nice
250	Dr Kritika Bhanot	AYURVEDIC MEDICAL OFFICER	DEPARTMENT OF AYURVEDA PUNJAB	MOHALI	8283821514	drkritikabhanot9@gmail.com	5	5	Very practical and informative sessions. Would be very effective in my OPD's n public awareness	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Amazing experience being part of MGSIPA.. congratulations to the organisers for the best panelists.
251	Seema gupta	Lecturer	Education	Chandigarh	9876504360	seemaaggarwal208@gmail.com	5	4	How to use these things in life	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Good

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252	Navdeep Brar	HDO	Horticulture	Faridkot	7508018997	navdeepbrar02@gmail.com	4	4	Safety precautions	2	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Very good
253	Deepika sood	Jbt	Education	Chandigarh	9592568789	soodd21@yahoo.in	5	4	#current pandemic situation # manage and prepare ourselves during any disaster	3	3	3	Relevant	Very relevant	Relevant	Very relevant	Very relevant	4	It was very informative regarding current situation and how to cope up with any disaster effectively.
254	MANPRIT SINGH	Inspector	J&K Police	Udhampur	9419245277	singh.mahit@gmail.com	5	4	Methods of disaster management	5	5	4	Very relevant	Relevant	Relevant	Very relevant	Relevant	5	Really informative and methods need to be implemented in case of disaster.
255	Amanpreet Singh	CJM cum Secretary, Ferozepur	District legal services authority	Ferozepur	9646293008	amandeepsingh11223344@gmail.com	4	3	Last session on Earthquake	2	1	2	Relevant	Relevant	Not relevant	Did not attend	Relevant	3	Information given was great eye opener

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256	Dr. Neelesh Sharma	Senior Assistant Professor	Division of Veterinary Medicine, FVSc &AH, SKUAST-Jammu	Jammu	9419248061	drneelesh_sharma@yahoo.co.in	5	5	Topics were covered during this training gave lot of information and i learnt many new things particularly related to COVID	5	4	5	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	5	Over it was an excellent
257	Sarbjit singh	I PRO	DIPR punjab	Chandigarh HQ	9780036118	sarbjit.singh18@punjab.gov.in	5	5	To tackle the Different aspects of disaster management	2	2	3	Did not attend	Very relevant	Relevant	Very relevant	Relevant	4	Very good

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258	PARAMJIT KAUR	Senior Lab Attendant (S.L.A.)	Department of Education	Chandigarh	9463888813	paramjit3422@gmail.com	5	5	The sessions were very helpful in day to day life also. It not only included the physical wellness but also told us to be mentally strong even in case of emergency in order to cope up n deal with the situation calmly.	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	I am very thankful to the entire team and coordinators for giving us this training and also I want to thank Dalbir sir and Nitika ma'am for making us each and every session fruitful and easy to understand.
259	Shalini Bajaj	HOD	Medical Lab Technology	Chandigarh	9855882211	shalinibajaj03@gmail.com	5	4	Management of Covid & Fire safety.	3	3	3	Very relevant	Relevant	Relevant	Relevant	Very relevant	4	Great

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260	Dr. Arvinder Singh	Assistant professor	Vegetable science and Floriculture, SKUAST-J, CHATHA	Poonch, Jammu and Kashmir UT	9.19419E+11	arvindersingh4601@yahoo.com	5	4	How to deal with covid 19, earthquakes, emerging situations from disasters, management	4	4	5	Did not attend	Very relevant	Did not attend	Very relevant	Very relevant	5	Excellent
261	Dr. Junaid Ahmed	Assistant Professor	Department of Environmental Sciences, Govt. P.G.College, Rajouri (J&K)	Division: Jammu, District : Rajouri	9419126910	junaidahmedlodhi@gmail.com	4	4	Got quite relevant information related to earthquake, fires and pandemic covid-19 along with their social and psychological impacts and how to deal with it	5	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	This online training programme was quite good. Resource persons give excellent information and update us about various aspect of disasters including pandemic covid-19, further this training programme will help me in development

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262	Dr. Loveleen Garg	Medical Superintendent	Health and family welfare punjab Chandigarh	Jalandhar	9781998541	ms-jalandhar.pb@esic.nic.in	5	5	Very informative	5	5	5	Very relevant	Very relevant	Very relevant	Relevant	Relevant	4	Very informative
263	SUKHCHARAN SINGH	AUDIT OFFICER	AUDIT OFFICER COOPERATIVE SOCIETIES FEROZEPUR	Ferozepur	8146844334	sukhcharan7219@gmail.com	5	5	Satisfactory	5	5	5	Relevant	Relevant	Relevant	Relevant	Relevant	5	Excellent
264	Neena Kumari	Superintendent Observation home for girls jalandhar.	Social Security Women and child development	Jalandhar	9914553493	observationhomejal@gmail.com	5	5	N.a	1	2	2	Very relevant	Not relevant	Not relevant	Relevant	Relevant	5	Excellent
265	Neena Kumari	superintendent observation home for girls jalandhar	Social Security Women and child development	Jalandhar	9914553493	observationhomejal@gmail.com	5	5	N.A	2	2	2	Relevant	Relevant	Relevant	Relevant	Relevant	5	Excellent

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266	Suman Verma	Lect in computer Technology	Education Department	GGMSSS Sec 18, Chandigarh	9814301406	dkv.bhavya@gmail.com	5	5	We should have awareness to handle pandemics like covid. We should be emotionally and psychologically strong to handle all types of disasters.	5	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very knowledgeable and informative Sessions
267	Dr. VIKAS SHARMA	ASSISTANT PROFESSOR (BIOCHEMISTRY)	SKUAST-JAMMU	JAMMU	9419634588	vikas.skuaast@gmail.com	4	5	OUR BEHAVIOR AND PRECAUTIONS DURING COVID-19 PANDEMIC	3	4	4	Very relevant	Very relevant	Relevant	Very relevant	Relevant	5	THOSE WHO ATTENDED ONLINE, SHOULD ATTEND OFFLINE IN FUTURE
268	Simranjeet Singh	Executive Engineer	Water supply and sanitation Punjab	Talwara, District Hoshiarpur	9501099773	eevss.divtalwarapb@yahoo.com	5	5	Interactive and impressive session.	3	2	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Found satisfactory, learned

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269	Sunil kumar	Assistant Director (Sports)	School education Punjab	S.A.S Nagar .	8872636747	dydirectorphyedupb@gmail.com	5	5	Precautions for COVID-19,how to manage community disasters.	5	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Excellent, It was very useful.
270	Veerpal kaur	Case worker	Women protection and develoemt	Bathinda	9888839165	veerpalh aidesa@gmail.com	4	5	Learn new thing	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Most relevent
271	Dr. Sandeep Kumar	Assistant professor	Sanskrit	Chandigarh	6283629646	sandeepyadav828@gmail.com	5	5	Physical care and Psychosocial management during Pandemic	5	5	5	Did not attend	Did not attend	Did not attend	Did not attend	Did not attend	4	Very good
272	Shri. Vipin Kumar	Assistant Professor	Geography	Chandigarh	8558021560	shivani14singh@gmail.com	5	3	Information about COVID 19	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	These trainings should be conducted frequently
273	Sham Sunder	JBT	Education	Chandigarh	9023544490	Shamsunder490@gmail.com	4	5	This session was very engaging and informative.	4	4	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	This session was very engaging and informative

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274	Neha Gupta	CDPO	ICDS	Jammu	7006529099	nehakhargal7@gmail.com	5	5	How to be safe and protect yourself	5	4	5	Relevant	Very relevant	Very relevant	Very relevant	Relevant	4	Very informative helps a lot in future
275	Jaspreet kaur	Psychosocial counsellor	One stop centre (sakhi) Mansa	Bathinda	7973471571	jaspreet02021982@gmail.com	5	4	Learning something new	4	3	5	Very relevant	Very relevant	Very relevant	Relevant	Relevant	5	All is well
276	Dr Ashish Mahajan	Officer Incharge	Sheep Husbandry Department	Jammu	9419170005	ashishmhjn1@gmail.com	4	3	Awareness and preparedness are keys to avert disasters	3	4	4	Very relevant	Very relevant	Relevant	Very relevant	Very relevant	4	Very informative and good initiative on part of mgsipa
277	Surinder Kumar	Clerk	Cultural Affairs Punjab	Chandigarh	9041000741	sksmedia22@gmail.com	5	4	Be responsible	5	5	5	Relevant	Very relevant	Relevant	Very relevant	Very relevant	5	All sessions are very informative and interested.
278	Gaurav Puri	Deputy Director of Factories	Labour Department	Ferozepur	9646015878	ddf.labfrz@punjab.gov.in	4	4	How to prepare for earthquakes?, Regarding fire safety and management, regarding societal impact of COVID-19	4	4	4	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	4	Very informative session..

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284	Dr hemant kumar	A. M. O (regular) incharge Govt ayurvedic hospital model gram ludhiana	Ayurvedic health department punjab	Ludhiana	8427640022	hemantpatialvi@gmail.com	5	4	It will improve me	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Very good
285	Kuljit Singh	IPRO	Information and public relations department Punjab	Head Office Chandigarh	9780036224	kuljit.singh24@punjab.gov.in	5	5	Very Informative and helpful	3	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very Informative
286	Ajaz Ahmad Magray	Assistant Professor	Government Degree College Kangan	Ganderbal	9906781158	ajazmagray04@gmail.com	4	4	Community based disaster response management	1	3	2	Very relevant	Very relevant	Very relevant	Did not attend	Very relevant	4	Nice
287	Mohan	Sub inspector in jammu and kashmir	Police Department	Udhampur	9419932989	copmohan62@gmail.com	4	3	Logistics support from govt	2	2	2	Relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Excellent
288	Anupama	SS mistress	Education	UT	9417792466	anu.chd40@gmail.com	5	5	Learnt many new things	4	4	4	Relevant	Relevant	Relevant	Relevant	Relevant	5	Very good
289	Jaspreet Kaur	Punjabi mistress	Education	Ut	9872884951	jaspreet.kaur@hotmail.com	5	5	Learnt many new things	4	4	4	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Very informative

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290	Pardeep Kumar	Clerk	ARCHITECTURE	CHANDIGARH	9888669545	pardeep.kumar545@punjab.gov.in	3	3	Aware knowledge how to tackle with situation	3	3	2	Relevant	Very relevant	Very relevant	Very relevant	Relevant	3	Good
291	Pushminder Singh	System Manager	Chief Electoral Officer, Punjab	Chandigarh	9855071162	pushminder.singh@punjab.gov.in	5	3	How to prevent for covid-19 by taking precautionary measures	4	4	5	Relevant	Relevant	Very relevant	Very relevant	Very relevant	5	it was helpful and learned new things.
292	Vinod Kumar	Superintendent	O/o Director Transport Union Territory, Chandigarh	Chandigarh	9888614033	Kumar.vinodkumar30@gmail.com	5	5	To keep social distance for safety of family.	4	5	4	Relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	very Good
293	Dr. Amit Khurana	Veterinary Officer cum Project Coordinator	Department of Animal Husbandry	Patiala, District Patiala	9814229492	drkhuranaamit@gmail.com	5	4	Nicely informed and Educative know how on Risk Management	3	5	5	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	5	Comprehensive and Educative

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294	Dr. Rajkumar Herojeet	Assistant Professor	Environment Studies, Post Graduate Government College-11; Chandigarh	Chandigarh	9780272180	herojeet.rk@gmail.com	5	4	Social Vaccine, YOYO, Disaster Vulnerability, Psychological Stress due current pandemic, Awareness among people how to handle any natural calamities.	5	5	5	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	5	Very informative and knowledgeable Speaker. Learned many important as well as basics things about how we could handle different disaster scenarios namely actively and psychologically and emotionally for ourself

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295	Charanjit Singh sodhi	Dy deo Elementary	School education punjab	Rupnagar	9872862859	Singhsodhi charanjit@gmail.com	5	4	Information regarding covid pandemic, fire safeguards ,and social impact and problems faced by children in pandemic situations	5	5	5	Very relevant	Relevant	Very relevant	Relevant	Very relevant	4	Very good and useful

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296	Dr. Rajkumar Herojeet	Assistant Professor	Environment Studies, Post Graduate Government College-11; Chandigarh	Chandigarh	9780272180	herojeet.rk@gmail.com	5	4	Social Vaccine, YOYO, Disaster Vulnerability, Psychological Stress due current pandemic, Awareness among people how to handle any natural calamities.	5	5	5	Very relevant	Relevant	Very relevant	Very relevant	Very relevant	5	Very informative and knowledgeable Speaker. Learned many important as well as basics things about how we could handle different disaster scenarios namely actively and psychologically and emotionally for ourself

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297	Pradeep Kumar	TGT	EDUCATION	CHANDIGARH	7082202020	pradeep.khosya17@gmail.com	4	4	Awareness regarding COVID19.	2	3	3	Very relevant	Very relevant	Very relevant	Very relevant	Very relevant	4	Very good for present and forthcoming hazards preparedness planning.

List of Participants from various Departments

Sr. No.	Name of the official	Designation	Department	Place of Posting	Email ID
1.	Munhaj Nabi Matoo	Principal	Education	BHSS Gund	minhajnabimattoo@gmail.com
2.	Urfana Amin	Master	Education	BHS Dab	Ezaanurooj125@gmail.com
3.	Ali Mohammad Bhat	Teacher	Education	BMS Deh Nawabagh	Mateach700@gmail.com
4.	Sheikh Suhail	Teacher	Education	MS babsipora	Sheikhsuhail1212@gmail.com
5.	Tasleem Arif	Teacher (DRG)	Education	BHS Shailabugh	Umair24.ta@gmail.com
6.	Farook Ahmad Bhat	Teacher (DRG)	Education	BMS Gamwara	Farookbhat46@gmail.com
7.	Assadullah Malik	Teacher	Education	BHS Dab	Asdullamalik72@gmail.com
8.	Peer Muzaffer	Teacher	Education	BMS Barsoo	muzafarsirgbl@gmail.com
9.	Mr. Hilal Ahmad Jeri	ACD	Rural Dev Deptt.	Pulwama	acdpuhwama@gmail.com
10.	Mr. Yar Ali Khan	ACD	Rural Dev Deptt.	Baramulla	acd.bla2009@gmail.com
11.	Mr. Mohammad Imran Khan	ACD	Rural Dev Deptt.	Kulgam	acdikulgam2010@gmail.com
12.	Mr. Zubair Hussain Shah	ACD	Rural Dev Deptt.	Shopian	acdshopian@gmail.com
13.	Mr. Bilal Mukhtar Dar	ACD	Rural Dev Deptt.	Srinagar	acdsrinagar.rdd@gmail.com
14.	Ms Nuzhat Khurshid Qureshi	ACD	Rural Dev Deptt.	Budgam	acdbudgam@gmail.com

Sr. No.	Name of the official	Designation	Department	Place of Posting	Email ID
15.	Ms. Dilshada Akhter	ACD	Rural Dev Deptt.	Anantnag	acdangjk@gmail.com
16.	Mr. Mehraj ud Din Shah	ACD	Rural Dev Deptt.	Kupwara	kupwara.acd@gmail.com
17.	Mr. Irfan Manzoor	BDO(HQ)	Rural Dev Deptt.	DRDK	esirfan87@gmail.com
18.	Sh. Rajesh Bajaj	Training Head	Water Supply & Sanitation	O/o Head, SAS Nagar	trainingheaddwss@gmail.com
19.	Sh. Sahil Anand	Executive Engineer	Water Supply & Sanitation	Div. Khanna	xenkhanna@yahoo.co.in
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399.	Ravi Kumar, 197/PAU, PID No. ARP-935601	Head Constable	Police	SKPA Udhampur	ravipadmasharma@gmail.com
400.	Murad Ali, 219/PAU, PID No. ARP-066230	Sgct.	Police	SKPA Udhampur	Muradali219@gmail.com
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403.	Gurpreet Singh	Civil Engineer	Local Government	Bathinda	
404.	Rahul Dhawan	Civil Engineer	Local Government	Jalandhar	
405.	Sham Lal Gupta	Civil Engineer	Local Government	Patiala	
406.	Harkiran Pal Singh	Civil Engineer	Local Government	Ludhiana	
407.	Jeewanjot Kaur	DDR	Local Government	Ludhiana	
408.	Paramjit Singh	DDR	Local Government	Patiala	

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Reading Material

Online Training Programme on Community Based Disaster Risk Management (CBDRM) for Northern States

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THE COVID-19 CRISES

A microscopic image of a cell, likely a bacterium or a similar microorganism, showing internal structures like a nucleus and various organelles. The image is rendered in a blue and purple color palette, giving it a scientific and somewhat ethereal appearance. The cell is positioned on the right side of the frame, with its long, thin structure extending towards the left.

PHYSICAL HEALTH OF
COMMUNITIES DURING PANDEMIC
IMPACT AND MANAGEMENT

Location	Total cases ↓	New cases (1 day*)	New cases (last 60 days)	Cases per 1 million people	Deaths
 Worldwide	3,18,67,173	2,73,395		4,098	9,76,258
 United States	69,59,409	41,481		21,118	2,01,822
 India	57,32,518	86,508		4,213	91,149

1. The World Health Organization declared the outbreak a Public Health Emergency of International Concern on 30 January, and a pandemic on 11 March.

2. The **first case of COVID-19 in India**, which originated from China, was reported on 30 January 2020.

3. On 24 March 2020, the union government of India under Prime Minister Narendra Modi ordered a nationwide lockdown for 21 days

Total Cases - 5996686 (+88085)

[Updated on Sep 27, 01:09 pm]



Active

960769

-380



Recovered

4940938

+87344



Deaths

94979

+1121

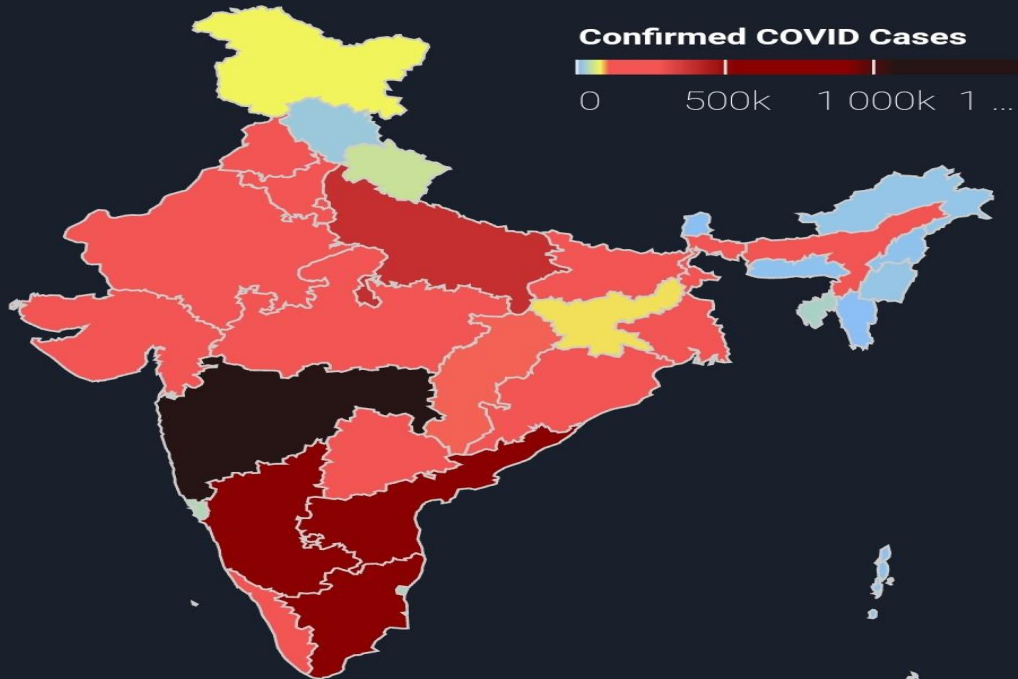


Tests Done

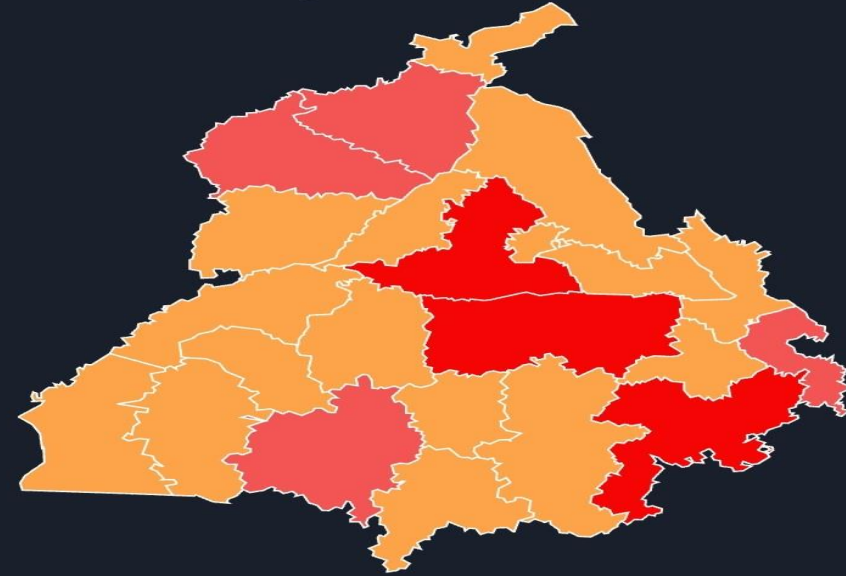
71257836

+987861

Choose State ▾



Punjab - 108684 cases



Confirmed

108684

+1588



Active

19483

-454



Recovered

86013

+1988



Deaths

3188

+54

State / UT	Confirmed	Recovered	Deaths
Amritsar	9377 +132	7540 +229	342 +6
Barnala	1779 +20	1334 +48	39 +2
Bathinda	5597 +78	3664 +100	106 0
Firozpur	3603	2930	94

Disaster

Of a different kind.....



THE MIGRANT LABOUR CRISIS

News | Coronavirus pandemic

India running out of hospital beds amid record coronavirus cases

Officials in New Delhi and Mumbai report alarming shortage of hospital beds as India sees record infections in a day.



THE HOSPITAL BED CRISIS

Hospitals stare at bed crisis as cases pile up in Delhi

Durgesh Nandan Jha | TNN | Updated: Sep 12, 2020, 08:30 IST

✉ 🖨️ A- A+



Delhi recorded more than 4,000 new cases of Covid-19 for the third consecutive day on Friday, with 4,266 people testing positive in the last 24 hours

NEW DELHI: It is not just ICU beds; general beds for Covid-19 patients in Delhi are also getting occupied fast, and hospitals say if the rising trend persists, a crisis may be at hand soon.

Delhi recorded more than 4,000 new cases of Covid-19 for the third consecutive day on Friday, with 4,266 people

MUMBAI LIVE

Coronavirus Politics Civic Society Bus

COVID-19 Live Updates Mumbai Rains 2020

More Than 50 Patients From KEM Hospital Forced To Live 'Under' Hindmata Flyover



A frantic search for scarce hospital beds as pandemic rages in India



People stand in line to be screened for coronavirus at a designated covid-19 hospital in New Delhi on June 10. (Manish Swarup/AP)

ThePrint

इंडिया, अब सोच करो बुलंद. जानिये कैसे

JK LAKSHMI CEMENT

हेल्पलाइन नम्बर: 1800 102 5097

Home > India > Governance > Short of Covid beds, Kolkata 'forcing' infected to sign 'isolation bonds' &...

India Governance Health

Short of Covid beds, Kolkata 'forcing' infected to sign 'isolation bonds' & quarantine at home

As Kolkata hospitals run out of beds, patients are being made to sign 'isolation bonds' stating they are doing so by choice.

In Mumbai, Covid-19 patients are dying as they wait for ambulances and hospital beds

It took the city municipal corporation two months and over 1,000 deaths to set up a centralised dashboard to receive realtime updates.

THE PPE CRISIS

Shortage of personal protective equipment endangering health workers worldwide

3 March 2020 | News release | Geneva

WHO calls on industry and governments to increase manufacturing by 40 per cent to meet rising global demand

ANALYSIS GOVERNMENT

THE WIRE

Doctors Are Running Out of Protective Gear. Why Didn't the Govt Stop Exports in Time?

Despite the WHO's guidelines on February 27 advising all countries to sufficiently stockpile medical equipment, the export of protective gear like masks and gloves continued from India unabated.

PostEverything • Perspective

Why don't hospitals have enough masks? Because coronavirus broke the market.

Health-care supply chains are made for efficiency, not pandemics.



Healthcare workers face crisis of protective gears

Rema Nagarajan | TNN | Updated: Mar 22, 2020, 11:16 IST

✉️ 🖨️ A- A+



NEW DELHI: Health care personnel in India face a dire situation in dealing with the Covid-19 pandemic with a shortage of quality **personal protective equipment (PPE)** looming as Indian manufacturers say they don't know what to produce in the absence of health ministry specifications for them.

PPE manufacturers have been

BBC Sign in News Sport Reel Worklife Travel Future

NEWS

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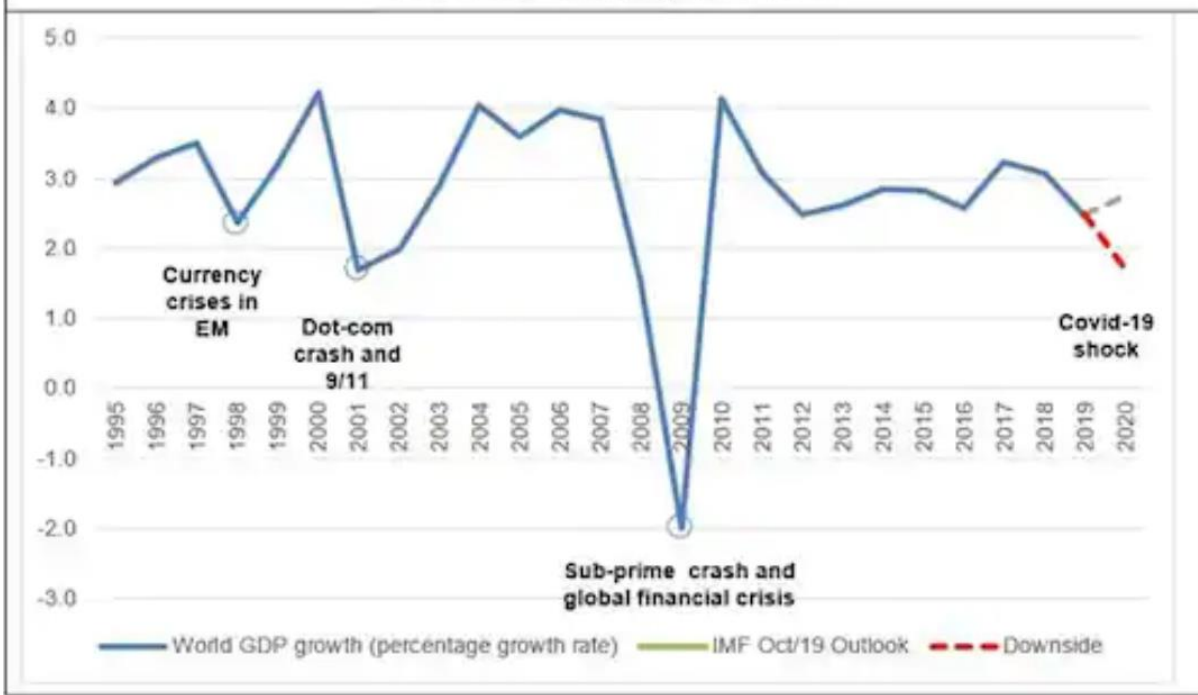
Coronavirus: UK failed to stockpile crucial PPE

🕒 28 April 2020 📄

f 📧 🐦 ✉️ Share

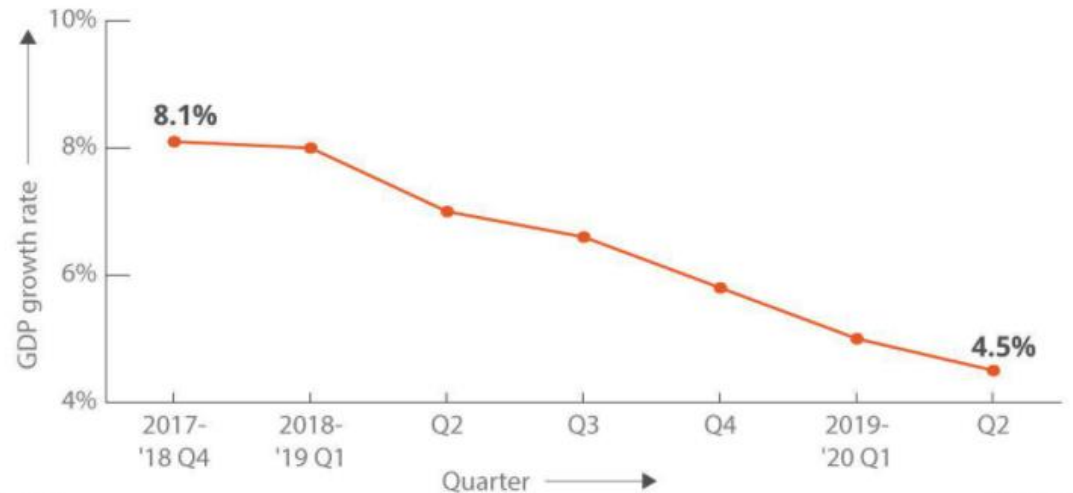
Coronavirus pandemic

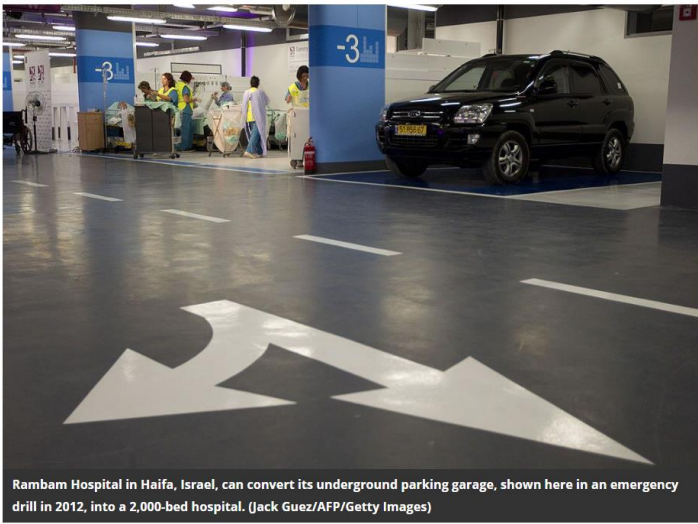
Global GDP Growth, 1995-2020



THE ECONOMIC CRISIS

GDP growth rate has contracted for six quarters





Rambam Hospital in Haifa, Israel, can convert its underground parking garage, shown here in an emergency drill in 2012, into a 2,000-bed hospital. (Jack Guez/AFP/Getty Images)



NEW YORK
CENTRAL PARK



OLD TRAIN
COACHES
CONVERTED TO
HOSPITALS

From stadium to isolation centre to hospital: A jumbo fight against Covid-19 at Mumbai's NSCI dome

The facility has a recovery rate of 76%; likely to play crucial role as cases surge

MUMBAI Updated: Jun 28, 2020 01:09 IST

Eeshanpriya M S
Hindustan Times



The Covid-19 facility at the National Sports Complex of India (NSCI) dome in Worli has 518 isolation beds and 10 ICU beds.

DESPERATE TIMES CALL FOR
DESPERATE MEASURES

AIIMS JOINED THE FIGHT ON 25/03/2020 WITH SHIFTING OF TRAUMA CENTRE TO MAIN AIIMS CAMPUS FROM JPNATC



MANAGEMENT



Medical workers transfer a patient in the isolation ward for coronavirus patients at a hospital in Wuhan, the epicenter of the outbreak. Photo: AP

CORONAVIRUSES



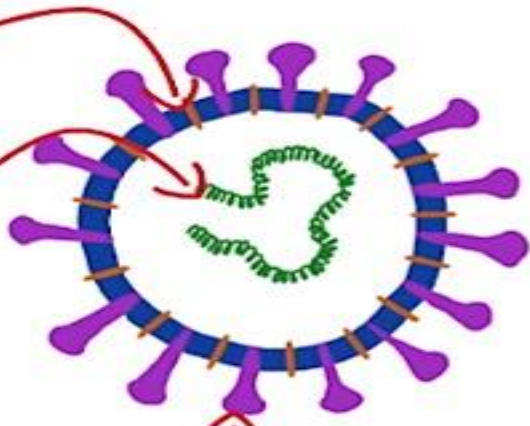
different types

large group of viruses

respiratory gastrointestinal

envelope

Genetic material



protein spikes

crown = "corona"



common cold
pneumonia

generally mild disease

some cause severe disease

SARS - COV China - 2003

MERS - COV Saudi Arabia - 2012

2019 n - COV China - 2019

Symptoms



FEVER



COUGH



SORE THROAT



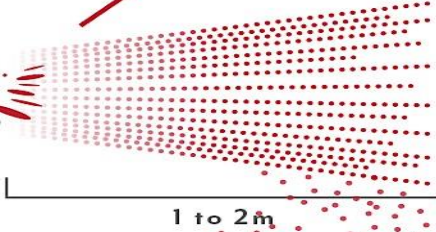
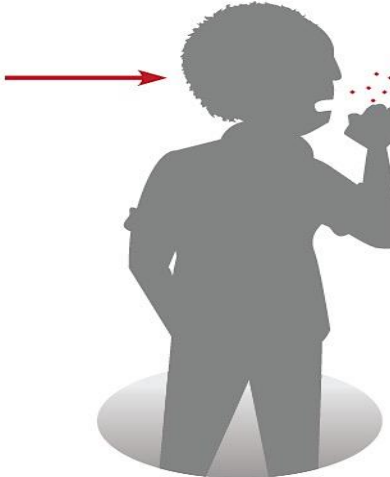
**SHORTNESS OF
BREATH**

Coronavirus COVID-19

Transmission and infection



Infected with coronavirus SARS-CoV-2



Droplets containing virus in the air



Droplets fall on surfaces/objects



On fingers from touching



The droplets eventually get into nose and mouth



Droplets land in nose, mouth, possibly lungs

The average number of people that one person with a virus infects, based on the R0 scale

COVID-19: 2–2.5

Infected person

Average people infected



H1N1: 1.2–1.6

Infected person

Average people infected



Ebola: 1.6–2

Infected person

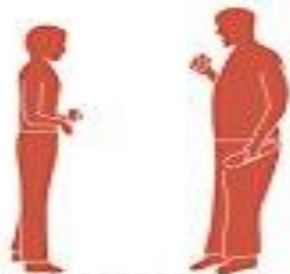
Average people infected



Glossary of a pandemic

Key words in conversations about the COVID-19 outbreak

Social distancing



Measures taken to increase the physical space and decrease contact between people

Self-quarantine



Isolating yourself for a period of time in the event of showing symptoms of illness

Containment



The use of any available tools to slow down the spread of infections

Incubation period



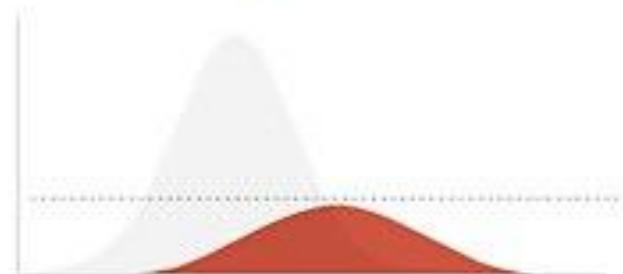
The time taken for symptoms to appear after a person is infected. The WHO estimates a 1 -14 day range for COVID-19

Symptomatic



Showing symptoms of illness or disease including fever, cough, shortness of breath

Flattening of the curve



Illustrates the aim of containment to slow down the number of infections to a level health systems can handle

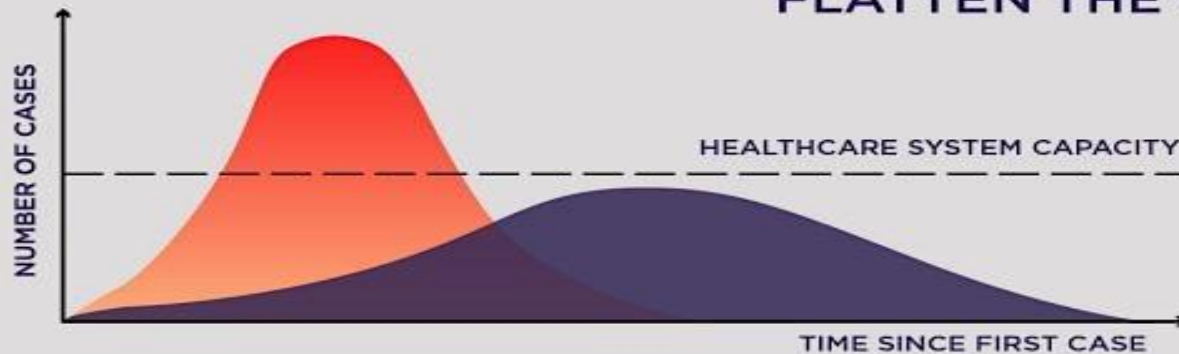
Social Distancing

STOP THE SPREAD OF CORONAVIRUS (COVID-19)

MAINTAIN 6 FEET OF DISTANCE
AT ALL TIMES IF IN PUBLIC.



FLATTEN THE CURVE



WITHOUT PROTECTIVE MEASURES

WITH PROTECTIVE MEASURES

Self-quarantine tips if you're sick with COVID-19

DO



Stay home, avoid public areas and mass transit.



Isolate yourself from others in your home.



Use a separate bathroom, if possible.



Call ahead before visiting the doctor.



Wash your hands often.



Wear a face mask around other people and pets.



Cover coughs and sneezes.

DON'T



Go outside for any reason.



Let in any non-essential visitors.



Have contact with pets and other animals, if possible.



Share space with housemates, if possible.



Share dishes, utensils, cups, towels or bedding.



Go to the doctor without calling ahead.



Discontinue home isolation until instructed.

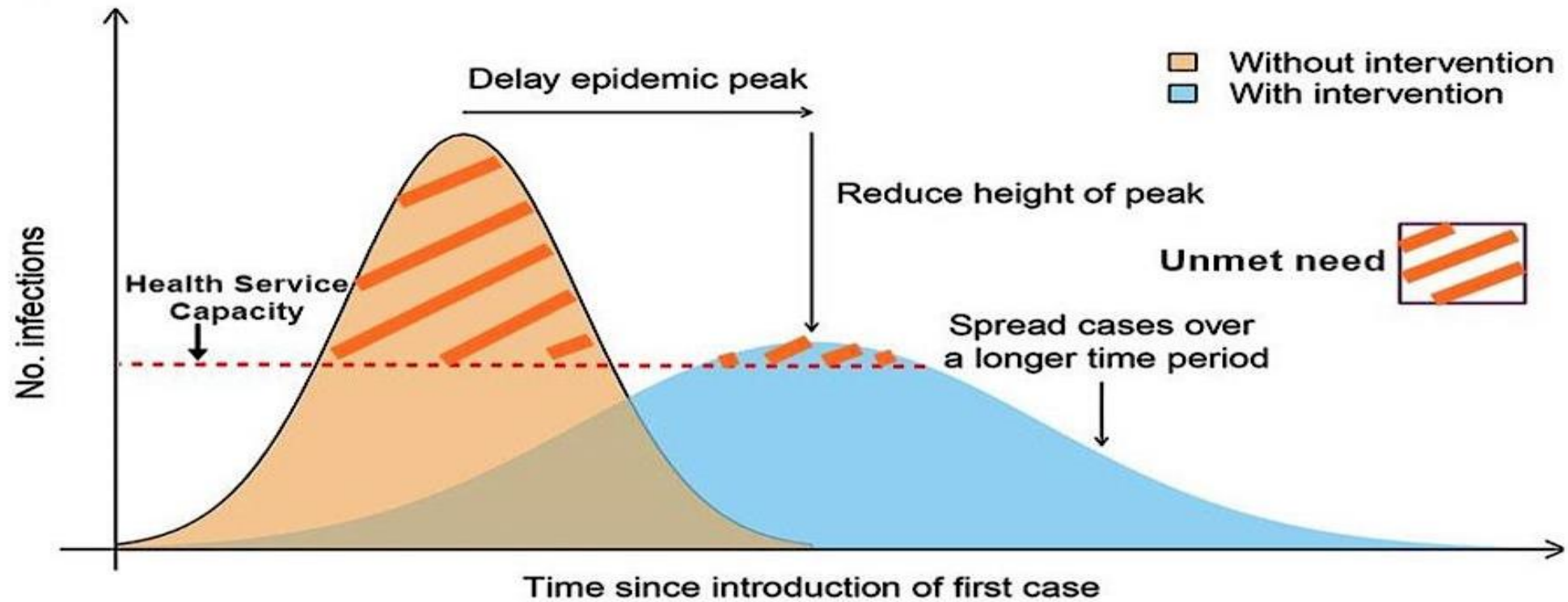


Figure 1: Intended impact of enhanced hygiene and social distancing measures on the COVID-19 pandemic adapted from Fong.⁸

Enhanced hygiene and social distancing measures may reduce both numbers of cases and severity of cases through several mechanisms.

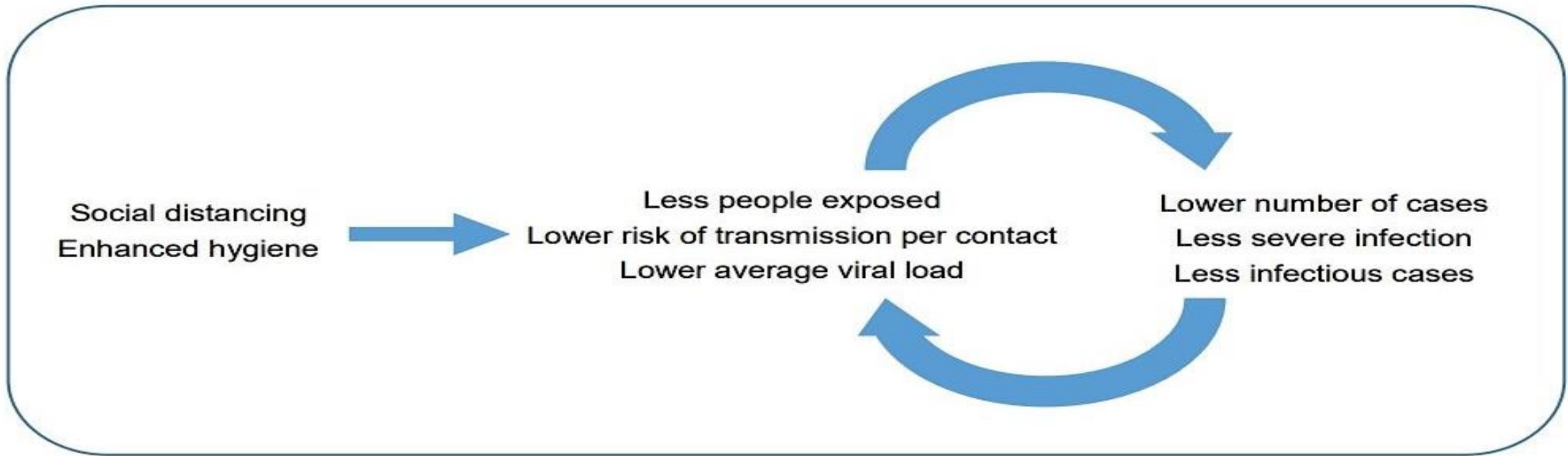


Figure 2: Conceptual model of how pre-emptive interventions with a negative multiplier effect could impact an impending epidemic

RED ZONES

WHERE SIZEABLE NUMBER OF CASES WERE DETECTED OR AREAS WHICH WERE DECLARED HOTSPOTS

NO ACTIVITY

ORANGE ZONES

WHERE ONLY A FEW CASES WERE FOUND IN THE PAST WITH NO INCREASE IN THE NUMBER OF POSITIVE CASES

MINIMUM ACTIVITIES LIKE LIMITED PUBLIC TRANSPORT, AGRICULTURAL ACTIVITIES

GREEN ZONES

WHERE THERE IS NO COVID-19 CASE.

SOME MSME INDUSTRIES, AGRICULTURAL OPS TO BE OPENED; PUBLIC TRANSPORT WITH 30% OR LESSER PASSENGERS

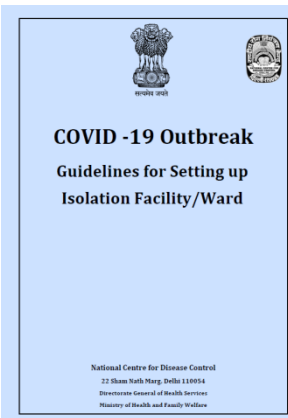
ZONES OF COVID-19 DANGER

**TIMES
NOW**

ACTION
BEGINS
HERE

[TIMESNOWNEWS.COM](https://www.timesnownews.com)

SETTING UP OF AN ISOLATION CENTRE INSIDE HOSPITAL- REQUIREMENTS AND CHECKLISTS



- At State level, a minimum of 50 bed isolation ward should be established.
- At District level, a minimum of 10 bed isolation ward should be established.
 - Post signages on the door indicating that the space is an isolation area.
 - Remove all non-essential furniture and ensure that the remaining furniture is easy to clean, and does not conceal or retain dirt or moisture within or around it.
 - COVID-19 patients should be housed in single rooms.
 - However, if sufficient single rooms are not available, beds could be put with a spatial separation of at least 1 meter (3 feet) from one another.
 - To create a 10 bed facility, a minimum space of 2000 sq. feet area clearly segregated from other patientcare areas is required.
 - Preferably the isolation ward should have a separate entry/exit and should not be co-located with post-surgical wards/dialysis unit/SNCU/labour room etc.
 - It should be in a segregated area which is not frequented by outsiders.
 - The access to isolation ward should be through dedicated lift/guarded stairs.

NCDC
GUIDELINES



COVID -19 Outbreak
Guidelines for Setting up
Isolation Facility/Ward

National Centre for Disease Control
27 Shree Nath Marg, Delhi 110054
Directorate General of Health Services
Ministry of Health and Family Welfare

SETTING UP OF AN ISOLATION CENTRE INSIDE HOSPITAL- REQUIREMENTS AND CHECKLISTS

- **Keep the patient's personal belongings to a minimum. Keep water pitchers and cups, tissue wipes, and all items necessary for attending to personal hygiene within the patient's reach.**
- **Non-critical patient-care equipment (e.g. stethoscope, thermometer, blood pressure cuff, and sphygmomanometer) should be dedicated for the patient, if possible. Any patient-care equipment that is required for use by other patients should be thoroughly cleaned and disinfected before use.**
- **Place an appropriate container with a lid outside the door for equipment that requires disinfection or sterilization.**
- **Ensure that appropriate hand washing facilities and hand-hygiene supplies are available. Stock the sink area with suitable supplies for hand washing, and with alcohol-based hand rub, near the point of care and the room door.**
- **Ensure adequate room ventilation. If room is air-conditioned, ensure 12 air changes/ hour and filtering of exhaust air. A negative pressure in isolation rooms is desirable for patients requiring aerosolization procedures (intubation, suction nebulisation). These rooms may have standalone air-conditioning. These areas should not be a part of the central air-conditioning.**
- **If air-conditioning is not available negative pressure could also be created through putting up 3-4 exhaust fans driving air out of the room.**
- **In district hospital, where there is sufficient space, natural ventilation may be followed. Such isolation facility should have large windows on opposite walls of the room allowing a natural unidirectional flow and air changes. The principle of natural ventilation is to allow and enhance the flow of outdoor air by natural forces such as wind and thermal buoyancy forces from one opening to another to achieve the desirable air change per hour.**
- **The isolation ward should have a separate toilet with proper cleaning and supplies.**
- **Avoid sharing of equipment, but if unavoidable, ensure that reusable equipment is appropriately disinfected between patients.**

NCDC
GUIDELINES



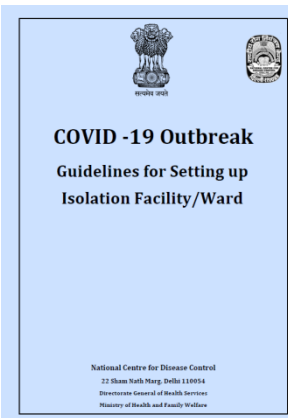
**COVID -19 Outbreak
Guidelines for Setting up
Isolation Facility/Ward**

National Centre for Disease Control
27 Shree Nath Marg, Delhi 110054
Directorate General of Health Services
Ministry of Health and Family Welfare

NCDC GUIDELINES

CHECKLISTS FOR ISOLATION ROOMS

- Eye protection (visor or goggles)
- Face shield (provides eye, nose and mouth protection)
- Gloves
- reusable vinyl or rubber gloves for environmental cleaning
- latex single-use gloves for clinical care
- Hair covers
- Particulate respirators (N95, FFP2, or equivalent)
- Medical (surgical or procedure) masks
- Gowns and aprons
- single-use long-sleeved fluid-resistant or reusable non-fluid-resistant gowns
- plastic aprons (for use over non-fluid-resistant gowns if splashing is anticipated and if fluid-resistant gowns are not available)
- Alcohol-based hand rub
- Plain soap (liquid if possible, for washing hands in clean water)
- Clean single-use towels (e.g. paper towels)
- Sharps containers
- Appropriate detergent for environmental cleaning and disinfectant for disinfection of surfaces, instruments or equipment
- Large plastic bags
- Appropriate clinical waste bags
- Linen bags
- Collection container for used equipment
- Standard IEC
- Standard protocols for hand hygiene, sample collection and BMW displayed clearly
- Standard Clinical management protocols



NCDC GUIDELINES

GUIDELINES FOR PROPER USE OF PERSONAL PROTECTION EQUIPMENT

Before entering the isolation room or area:

- Collect all equipment needed;
- Perform hand hygiene with an alcohol-based hand rub (preferably when hands are not visibly soiled) or soap and water;
- Put on PPE in the order that ensures adequate placement of PPE items and prevent self-contamination and self-inoculation while using and taking off PPE; an example of the order in which to don PPE when all PPE items are needed is hand hygiene, gown, mask or respirator, eye protection and gloves

Leaving the isolation room or area

- Either remove PPE in the anteroom or, if there is no anteroom, make sure that the PPE will not contaminate either the environment outside the isolation room or area, or other people.
- Remove PPE in a manner that prevents self-contamination or self-inoculation with contaminated PPE or hands. General principles are:
 - remove the most contaminated PPE items first;
 - perform hand hygiene immediately after removing gloves;
 - remove the mask or particulate respirator last (by grasping the ties and discarding in a rubbish bin);
 - discard disposable items in a closed rubbish bin;
 - put reusable items in a dry (e.g. without any disinfectant solution) closed container; an example of the order in which to take off PPE when all PPE items are needed is gloves (if the gown is disposable, gloves can be peeled off together with gown upon removal), hand hygiene, gown, eye protection, mask or respirator, and hand hygiene
 - Perform hand hygiene with an alcohol-based hand rub (preferably) or soap and water whenever un-gloved hands touch contaminated PPE items.



**COVID -19 Outbreak
Guidelines for Setting up
Isolation Facility/Ward**

National Centre for Disease Control
27 Shree Nath Marg, Delhi 110054
Directorate General of Health Services
Ministry of Health and Family Welfare

NCDC GUIDELINES

GUIDELINES FOR TRANSPORT OF INFECTIOUS PATIENTS

It is recommended that transport of infectious patients is limited to movement considered medically essential by the clinicians, e.g. for diagnostic or treatment purposes. Where infectious patients are required to be transported to other units within the hospital or outside the following precautions may be implemented:

- **Infected or colonised areas of the patient's body are covered:** - For contact isolation this may include a **gown, sheets or dressings to surface wounds;** these patients are transferred to a Standard Pressure or Protective Environment Isolation room - **For respiratory isolation the patient is dressed in a mask, gown and covered in sheets;** these patients are accommodated in a **Negative Pressure Isolation Room** - For quarantine isolation the patient may be transported in a fully enclosed transport cell or isolator with a filtered air supply and exhaust; these patients are accommodated in a high level quarantine isolation suite.
- The transport personnel **remove existing PPE, cleanse hands and transport the patient on a wheelchair, bed or trolley, applying clean PPE to transport the patients and when handling the patient at the destination.** Gown-up and gown-down rooms located at the entry to a Unit will assist the staff to enter and exit the facility according to the strict infection control protocols required, thereby reducing the risk of contamination
- The **destination unit should be contacted and notified prior to the transfer to ensure suitable accommodation on arrival.**
- It is preferred that the **patient is transported through staff and service corridors, not public access corridors** During planning stages, design can assist transfer of infectious patients by providing service corridors and **strategically placed lifts,** capable of separation from other lifts. The nominated lift may be isolated from public and staff transit through access control measures and cleaned following transit of the infectious patient.
- Design may also incorporate a **designated floor for horizontal bed transfers** of infectious patients away from busy clinical areas. **The designated floor may be located at mid-level in the hospital**
- A combination of **nominated lifts, corridors and a bed transfer floor would assist in the movement of infectious patients through the hospital and minimise the risk of spread of infection.**

MANAGEMENT OF SURGICAL PATIENTS-IN COVID ERA

Indian Journal of Surgery
https://doi.org/10.1007/s12262-020-02173-3

ORIGINAL ARTICLE



Recommendations for Surgery During the Novel Coronavirus (COVID-19) Epidemic

Zheng Liu¹ · Yawei Zhang^{2,3} · Xishan Wang¹ · Daming Zhang^{2,4} · Dechang Diao⁵ · K. Chandramohan⁶ · Christopher M. Booth⁷

Received: 29 March 2020 / Accepted: 31 March 2020
© Association of Surgeons of India 2020

Abstract

The whole world is going through an unprecedented period during the pandemic of COVID-19. This pandemic has affected all aspects of daily life with far-reaching implications, especially in most aspects of healthcare. Practice of surgery across the globe is in a standstill as of now. When we restart surgical practices across world, we have to bring new protocols and practices in place to combat the transmission. This article discusses the major changes in surgical practice, which need to be brought in. This article is based on scientific information about transmission of virus and experiences of some of the authors from China, a country which successfully dealt with and contained the virus outbreak.

Surgical patients may be classified into three risk categories for COVID-19

- 1. Low-risk patients:** no history of close contact with confirmed / suspected COVID-19 patients ,no fever/ respiratory symptoms and without CT signs of COVID-19 within 14 days.
- 2. High-risk patients:** H/o travel to high-risk areas/ contact with confirmed / suspected COVID-19 (developed fever and/or symptoms of acute respiratory illness within 14 days)
- 3. Confirmed :** (RT)-PCR diagnostic panels or serological (IgM and IgG) test results positive.

Suspected patients

- i) those who have contact history and meet any two of the clinical manifestations (fever and respiratory symptoms) with the typical findings of COVID-19 in the chest CT.
- ii) a clear epidemiological history and shows three of the clinical manifestations (fever and/or respiratory symptoms, with the typical findings in the chest CT.

PREVENTION MEASURES FOR HEALTH CAREWORKERS

When entering the ward of low-risk or high-risk patients for daily activities and rounds

Primary protection

disposable surgical cap, surgical mask, work uniform and disposable latex gloves or/and disposable isolation clothing if necessary

When carrying out routine activities/rounds with confirmed and suspected patient

Secondary Protection

disposable surgical cap, N95 mask, work uniform, disposable medical protective uniform, disposable latex gloves and goggles

For special procedures such as collecting airway samples, tracheal intubation, airway care, and sputum suction,

Tertiary protection

disposable surgical cap, N95 mask, work uniform, disposable medical protective uniform, disposable latex gloves, full-face respiratory protective devices or powered air-purifying respirator should be implemented as aerosol or spray may occur in airborne infection isolation rooms.

SANTIZING THE OT/CT ROOM AFTER USE FOR POSITIVE PATIENT

- Air supply should be closed after operation
- Peroxyacetic acid air is used for fumigation
- The operating theater/CT should be cleaned and disinfected
- Cleansing should be done using detergent and water followed by use of with 1000 ppm bleach solution for all hard surfaces in the operating theater.
- The disinfection time should be longer than 30 min. The operating theater should be closed for at least 2 h.
- Next operation should be performed after laminar flow and ventilation being turned on

REVIEW

Open Access

Preparing your intensive care unit for the COVID-19 pandemic: practical considerations and strategies



Ken Junyang Goh^{1*}, Jolin Wong^{2†}, Jong-Chie Claudia Tien², Shin Yi Ng², Sewa Duu Wen¹, Ghee Chee Phua¹ and Carrie Kah-Lai Leong¹



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SUMMARY-PREPARING THE ICU

GENERAL MEASURES

SPACE MANAGEMENT

- A) Designate an isolation ICU, with negative pressure AIR
- B) Rapid identification and isolation of suspected/known COVID-19 cases
- C) Ensure access to rapid diagnostic testing (e.g. laboratory facilities)
- D) Initiate planning for surge ICU bed capacity

- A) Utilise normal pressure ICU beds or existing monitored beds
- B) Ensure timely step-down of stable patients with deisolation protocol
- C) Mass critical care: triaging protocol for patients with consideration for available resources, ethical principles, and public engagement

SUMMARY-PREPARING THE ICU

STAFF MANAGEMENT

1. Staff segregation into 'frontline' teams
Implement strict infection prevention and control measures
2. Education of HCWs on infection control measures with just-in-time N95 fit testing
In situ, just-in-time simulation training with before-and-after multidisciplinary peer-review processes
3. Periodic re-training of HCW on infection control measures
4. Staff surveillance (e.g. temperature monitoring) and access to designated staff clinics
5. Ensure dissemination of timely and factual information and establish two-way communication
6. Provide helplines and psychological support, temporary staff quarters, gratitude messages from hospitals and public



- Initiate ICU hands-on training for non-critical care nurses and ICU refresher courses for HCW using online materials and instructional Videos
1. Minimise unnecessary procedures and transport
Increase manpower capacity by changing work structure (e.g. extra shifts or work hours) and restricting leave
 2. Suspend elective procedures and non-essential services
 3. Redeployment of HCW with critical care experience from other departments into ICUs
Consider reducing nurse- and doctor-to-patient ratios
 4. Mass critical care: reassign non-intensive care HCW from other departments to support essential services, with ICU nurses providing a supervisory role

SUMMARY-IN ICU MANAGEMENT

GENERAL MEASURES

Develop robust risk stratification criteria

1. Actively identify and isolate patients suspected
2. Effective contact tracing
3. Rapid laboratory diagnostic testing
4. Care for suspected or confirmed cases in negative pressure AIIR—patients to wear face masks until transfer to AIIRs
5. Strict hand hygiene and standard precautions
6. For all patients: droplet and standard precautions, with additional airborne precautions when performing aerosol-generating procedures

1. Staff segregation and physical distancing
2. Centrally tracked staff surveillance
3. Reduce face-to-face encounters with patients (e.g. video monitoring, telemedicine, wearables for vital sign monitoring)
4. Minimise patient movement or transport
5. Exclude visitors to patients with suspected or known COVID-19
6. Restrict unnecessary attendance at hospitals (e.g. medical students, members of public, research coordinators)
7. Minimize or postpone elective admissions /OT

1. Single-use items for patients
2. Disinfect shared equipment after use
3. Provision of (disposable) staff scrub suits in isolation wards
4. Appropriate handling of biomedical waste
5. Hospital issued guidelines for infection prevention, including handling of patient specimens and care of the deceased patient

60-year-old Covid-19 patient dies without treatment in Delhi

Pankhuri Yadav | TNN | Updated: Jun 5, 2020, 11:30 IST

✉️ 🖨️ A- A+



Photo used for representational purpose only

NEW DELHI: With Covid-19 cases spiralling in Delhi, it is becoming difficult to secure a bed at a hospital within a reasonable time. The death of a 60-year-old man, Lakhjeet Singh, after he failed to get a bed in any hospital has brought out this stark reality. His daughter, Amarpreet, went

on Twitter to break the news, saying, 'The govt failed us.'

WHO GETS THE VENTILATOR???



Wolters Kluwer

COVID-19 Triage Decisions Should 'Ignore Life-Years Saved,' Writes Bioethicist in Medical Care

11-Jun-2020 10:00 AM EDT, by [Wolters Kluwer Health: Lippincott](#)

Newswise — June 11, 2020 – How do we decide which patients with COVID-19 should get priority for lifesaving ventilators and ICU beds? Writing in the July issue of *Medical Care*, a prominent bioethicist argues that COVID-19 triage strategies should focus on saving lives, rather than prioritizing life-years saved. *Medical Care* is published in the Lippincott portfolio by [Wolters Kluwer](#).

World ▶ Europe US Americas Asia Australia Middle East Africa Inequality Global development

Coronavirus outbreak

Favouring young over old in Covid-19 treatment justifiable, says ethicist

Prof Arthur Caplan: age a "valid criterion" to use when making the "terrible choice"

- [Coronavirus - latest updates](#)
- [See all our coronavirus coverage](#)

Amelia Hill

@byameliahill
Wed 22 Apr 2020 23:37 BST



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AEROSPACE AND DEFENSE MARCH 20, 2020 / 8:48 PM / UPDATED 6 MONTHS AGO

Who gets the ventilator? British doctors contemplate harrowing coronavirus care choices

By Stephen Grey, Andrew MacAskill



READ



COVID-19 DECISION SUPPORT TOOL



1

AGE	POINTS
<50	0
50-60	1
61-65	2
66-70	3
71-75	4
76-80	5
>80	6

2

Clinical Frailty Scale*

- 1 Very Fit** – People who are robust, active, energetic and motivated. These people commonly exercise regularly. They are among the fittest for their age.
- 2 Well** – People who have no active disease symptoms but are less fit than category 1. Often, they exercise or are very active occasionally, e.g. seasonally.
- 3 Managing Well** – People whose medical problems are well controlled, but are not regularly active beyond routine walking.
- 4 Vulnerable** – While not dependent on others for daily help, often symptoms limit activities. A common complaint is being "slowed up", and/or being tired during the day.
- 5 Mildly Frail** – These people often have more evident slowing, and need help in high order IADLs (finances, transportation, heavy housework, medications). Typically, mild frailty progressively impairs shopping and walking outside alone, meal preparation and housework.
- 6 Moderately Frail** – People need help with all outside activities and with keeping house. Inside, they often have problems with stairs and need help with bathing and might need minimal assistance (cuing, standby) with dressing.



7 Severely Frail – Completely dependent for personal care, from whatever cause (physical or cognitive). Even so, they seem stable and not at high risk of dying (within ~ 6 months).



8 Very Severely Frail – Completely dependent, approaching the end of life. Typically, they could not recover even from a minor illness.



9 Terminally Ill – Approaching the end of life. This category applies to people with a life expectancy <6 months, who are not otherwise evidently frail.

Scoring frailty in people with dementia

The degree of frailty corresponds to the degree of dementia. Common symptoms in mild dementia include forgetting the details of a recent event, though still remembering the event itself, repeating the same question/story and social withdrawal. In moderate dementia, recent memory is very impaired, even though they seemingly can remember their past life events well. They can do personal care with prompting. In severe dementia, they cannot do personal care without help.

* 1. Canadian Study on Health & Aging, Revised 2008.
2. K. Rockwood et al. A global clinical measure of fitness and frailty in elderly people. CMAJ 2005; 173:489-495.

3

CO-MORBIDITY	POINTS
In last 3 years, cardiac arrest from any cause	2
Chronic condition causing: <ul style="list-style-type: none"> • ≥3 hospital admissions in the last year • ≥4 weeks continuous admission for current inpatients 	2
Congestive heart failure with symptoms at rest or on minimal exertion	1
Chronic lung disease with symptoms at rest or on minimal exertion	1
Hypertension	1
Severe and irreversible neurological condition including dementia	1
Chronic Liver Disease with Child-Pugh score ≥ 7	1
End stage chronic renal failure requiring renal replacement therapy	1
Diabetes mellitus requiring medication	1
Uncontrolled or active malignancy	1

TOTAL = SUM OF THE 3 DOMAINS ABOVE (-1 FOR FEMALE SEX)

There may be situations arising that are outside the scope of the framework that require special consideration, thus clinical discretion will continue to apply. Frailty scoring is used as a proxy for physiological frailty which leads to reduced chances of recovery in ICU, therefore where conditions pre-exist impact on physical activity but are stable and inappropriately affect the score, then that situation requires special consideration.

POINTS	TREATMENT	FAILURE OF FIRST LINE MANAGEMENT	NOTES
Group 1 ≤ 8	ICU-based care	Palliation or ECMO	Usual criteria for ECMO and <60 years
Group 2 > 8	Ward-based care	Step 3	Consider trial of CPAP
Group 3 Patients not normally for full active management or failed CPAP trial	Facemask oxygen	Palliation	Consider domiciliary care

Deviations from ARDS guideline	Investigations	Support	Treatment
Step 1 ≤ 8	Tracheo-bronchial aspirate for respiratory viruses. Avoid CT & bronchoscopy unless indicated. H score screen blood tests, D-dimers, LDH & troponin (alt days). Lung US to reduce X-ray usage	CPAP trial in ICU or with rapid access to intubation (for hours not days) Avoid HFNO	CAP antimicrobials Continue single agent prophylaxis in +ve pts Disease modifying agents as part of RCT
Step 2 > 8	Standard swabs	Ward-based CPAP	CAP antimicrobials Continue single agent prophylaxis in +ve pts
Step 3 Patients not normally for full active management or failed CPAP trial	Standard swabs	Facemask oxygen	CAP antimicrobials Continue single agent prophylaxis in +ve pts

SUMMARY-IN ICU MANAGEMENT

Aerosol generating procedures

1. Perform aerosol-generating procedures only in presence of a clear clinical indication
2. Consider alternative therapy (e.g. inhaled medications by metered dose inhaler and spacer rather than nebulised therapy)
3. Consider conventional oxygen therapy (instead of NIV and HFNC) and early intubation for COVID-19 pneumonia

Airborne precautions

- A) Issue hospital guidelines on aerosol-generating procedures
- B) Consider the use of PAPR if available and staff are trained in its use
- C) Procedure to be done in AIIR or single room
- D) Limit staff involved in aerosol-generating procedures
- E) Limit duration and exposure during aerosol-generating procedures (e.g. stop ventilation before circuit disconnection)

SUMMARY-IN ICU MANAGEMENT

ICU-specific measures

Consider high-efficiency particulate air (HEPA) filters at

- Expiratory port of breathing circuit
- Bag-valve-mask interface
- NIV mask interface

Use heat and moisture exchanger (HME) instead of a heated humidifier

Use closed, in-line suction of tracheal tubes

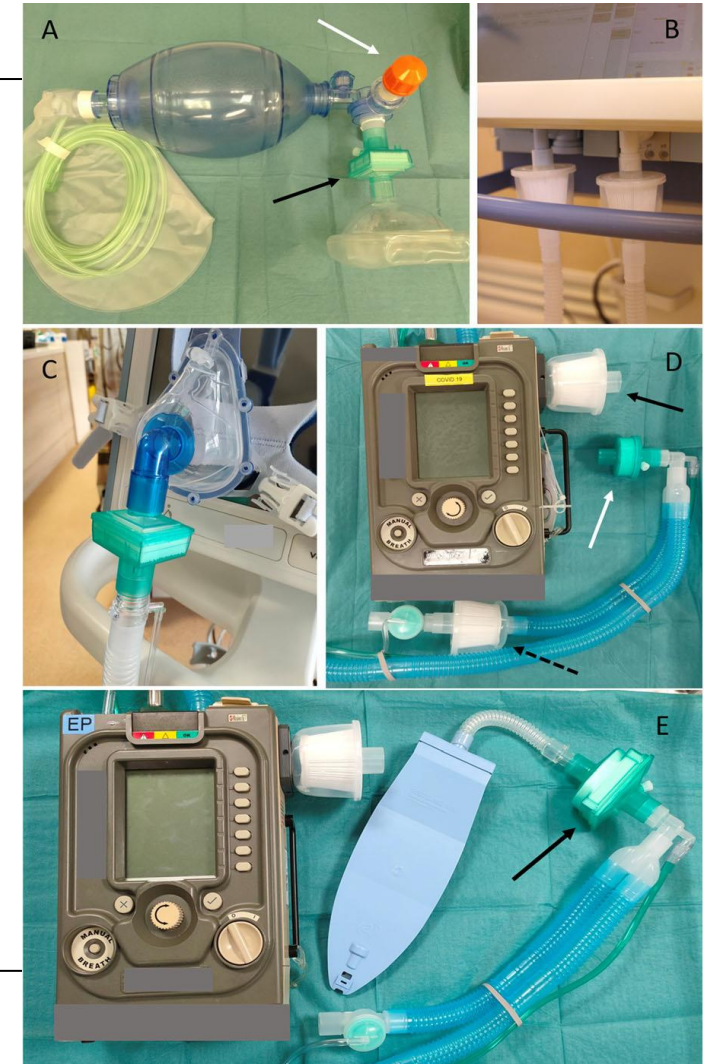
Measures to reduce dispersion of aerosols during intubation

Use of single-use equipment (e.g. bronchoscopes)

Segregate ICU equipment (e.g. ultrasound machines)

Incorporation of infection control measures into ICU workflows

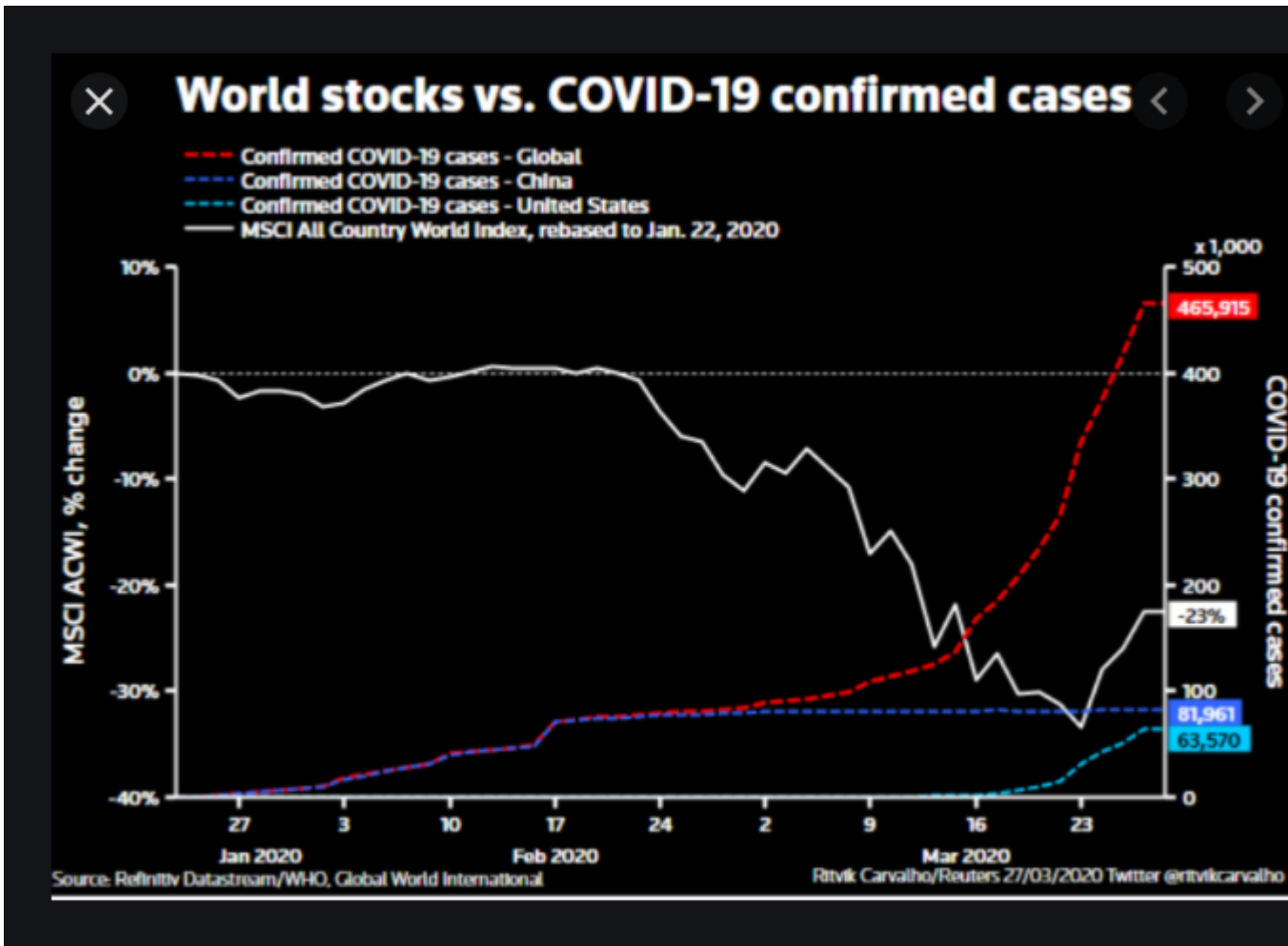
(e.g. cardiac arrest and rapid response teams, transport, emergency operations and procedures)



Black arrows- HEPA FILTERS

COVID -19 SOCIAL IMPACT





1. Crash of global economies, unemployment
2. Life vs livelihood
3. Labour migration
4. Rise in poverty 9.18% globally
5. Industries shut- airlines, tourism, hospitality, oil, automobiles, luxury goods

COVID-19 - ITS EFFECTS ON MENTAL HEALTH OF MASSES

CAUSE

1. Fear of the unknown
2. Prolonged isolation due to social distancing
3. Rumor mongering
4. Unemployment
5. Uncertainty of the future
6. Lack of knowledge about the disease
7. Death /demise of a known person/relative

EFFECTS

1. Substance abuse
2. Stress/Anxiety/ depression
3. Interpersonal violence
4. Suicidal Ideation/ self harm
5. Eating disorders
6. Sleep disorders
7. Burnout
8. Poor physical health and self care

Asian Journal of Psychiatry 54 (2020) 102224

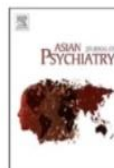


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Letter to the Editor

Preserving the “human touch” in times of COVID-19

As the corona virus disease has spread across the globe, various measures are being taken at different places worldwide to reduce contact with the patients, by involving robots to take the sample, or provide food to the infected patients, consultation on phones or video-calls. Even when a patient reaches the out-patient services, or emergency departments, they consult doctors hidden behind the masks, and so, spread from head to toe. COVID-19 is not just the disease of

tion between admitted patients and their families, like setting up tablets on patient's bedside, have been recommended by certain authors (Wakam et al., 2020). It is not just the visual stimulus that helps in better, non-verbal communication, but other senses too. So, probably, it is the need of the hour to develop stronger auditory (e.g. a frustrated patient may speak louder, a sad may sound muffled), olfactory (using room fresheners to counter smell of disinfectant), touch (hand-dolls for

510

Mental Health and the Covid-19 Pandemic

Betty Pfefferbaum, M.D., J.D., and Carol S. North, M.D., M.P.E.

Uncertain prognoses, looming severe shortages of resources for testing and treatment and for protecting responders and health care providers from infection, imposition of unfamiliar public health measures

fringe on personal freedoms, large and growing financial losses, and conflicting messages from authorities are among the major stressors that undoubtedly will contribute to widespread emotional distress and increased risk

for psychiatric illness associated with Covid-19. Health care providers have an important role in addressing these emotional outcomes as part of the pandemic response. Public health agencies may



The NEW ENGLAND
JOURNAL of MEDICINE

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COVID-19 AND ITS EFFECTS ON MENTAL HEALTH OF FRONTLINE WORKERS

CAUSES

1. Fear of contracting the disease
2. Fear of death
3. Fear of transmitting disease to family members
4. Prolonged duty hours
5. Absence of support from family members due to long quarantine requirements/inability to go home
6. Lack of adequate PPE
7. Working long hours in PPE
8. Affected family members
9. Affected / death of colleagues
10. Stigma from neighbors/society
11. Lack of appreciation
12. Immense pressure of rationing medical treatment
13. Inadequate remuneration
14. Absence of social security in case they die while working
15. Physical abuse/ verbal abuse

Shaukat et al. *International Journal of Emergency Medicine* (2020) 13:40
<https://doi.org/10.1186/s12245-020-00299-5>

International Journal of
Emergency Medicine

REVIEW

Open Access

Physical and mental health impacts of
COVID-19 on healthcare workers: a scoping
review



Natasha Shaukat^{1,2*}, Daniyal Mansoor Ali² and Junaid Razzak^{2,3}

TAKE HOME MESSAGE

WHAT HAS COVID -19 PANDEMIC TAUGHT US

1. Urbanization and globalization has its downsides
2. Exploiting nature can cost us heavily
3. Physical not social distancing
4. Expenditure on health care and not wars
5. Technology can help immensely
6. Glaring disparity between economical class needs to be narrowed with adequate social security for the vulnerable
7. Mental health crisis and emerging invisible pandemic
8. Worse than death is the fear of death

WHAT HAS THIS PANDEMIC NOT CHANGED

1. The art of practicing medical science-the sacred doctor patient relation still exists
2. We never had all answers in medicine but what we have is serving to the best of abilities
3. Selflessness of the medical professionals and service before self attitude even if it requires the supreme sacrifice
4. Warmth of a human hand , voice of a soothing calm, empathy, compassion stills works
5. The human spirit cannot be defeated

Food Distribution



Coronavirus in India: In 13 states, NGOs fed more people than govt did during lockdown

84.26 lakh people have been provided meals across the country during the lockdown, of which nearly 37% people were fed by NGOs. In Gujarat, NGOs fed 93% of the people who were provided meals, while in Andhra the figure was 92%.



INDIA TODAY

Girl brings injured father on bicycle from Delhi to Bihar

Binay Kumar Jha | TNN | Updated: May 19, 2020, 09:30 IST

✉ 🖨 A- A+



Jyoti Kumari with her father at her Darbhanga home

DARBHANGA: For a 15-year-old girl, cycling for a week to cover nearly 1,200km from Delhi to Darbhanga with her injured father riding pillion, it was a feat no less than completing the grueling Tour de France - the world's longest bicycle race.

Even among the scores of stories of grit and courage

Muslim charities aid needy in India amid COVID-19

Charity groups have been trying to ensure that poor do not go to bed hungry amid nationwide lockdown

Shuriah Niazi | 16.04.2020



File photo

Co

COVID-19 entry cu October

Brazil's Carnival to COVID

Kashmir plasma c to save l

Delhi's 'Langar on Wheels' to feed over 15,000 daily

Published: Jun 01, 2020 06:49 PM by IANS

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A A

Carrying forward the tradition of serving food through community kitchens beyond the walls of gurdwaras, Delhi Sikh Gurdwara Management Committee on Monday started 'Langar on Wheels' to provide food and water to the destitute.



New Delhi: Even though the lockdown restrictions have been relaxed, lack of income and dwindling finances have pushed people into a state of deep despair and distress. To ensure that no one sleeps empty stomach, estimated fifteen thousand people living in Jhuggi-Jhopri clusters, railways stations, bus stands, rain shelters and pavements will be served food daily.

Committee President Manjinder Singh Sirsa said that 15 vans will leave Gurdwara Bangla Sahib, situated in the heart of the national capital, in the wee hours of the day and serve food to people at various places across the city.

"They will be left in a lurch if proper food etc is not provided to them," Manjinder Singh Sirsa added. He said that the vow was taken after several NGOs and institutions, which were

Coronavirus: A teacher in an Indian village conducts online classes on a tree, to beat network glitches, amid the COVID-19 lockdown

COVID-19: Educational institutions across India are closed due to the coronavirus pandemic



Delhi Farmer Buys Flight Tickets To Send 10 Of His Workers Home Amid Lockdown

Their flight to Patna in Bihar will leave tomorrow at 6 am and from there they will go to their village in Samastipur.

Ambulance from Chennai covers 3,000 km to bring Mizoram man's body home



SPECIAL CORRESPONDENT

GUWAHATI, APRIL 29, 2020 12:32 IST

UPDATED: APRIL 29, 2020 17:15 IST

SHARE ARTICLE



2



PRINT



A

A

A



Raphael with the two ambulance drivers. | Photo Credit: Mizoram CM's twitter feed

Corona crisis: OYO offers free stay to doctors & nurses in US; Ivanka Trump, Paytm boss bowled over by gesture

In Mumbai, the Taj is providing 20,000 meals for free every day

Taj Hotels is now providing meals to healthcare and migrant workers in Mumbai, Bengaluru and New Delhi



Arundhati Ail

PUBLISHED: APR 02, 2020 | 16:10:52 IST



Staff at the Taj Public Service Welfare Trust pack nutritious meals for doctors and migrant workers in Mumbai, Bengaluru and New Delhi. Photo: Taj Hotels

Pizza Hut and Deliveroo to serve 300,000 free meals to hospital staff

By Stefan Chomka

30-Mar-2020 - Last updated on 10-Jul-2020 at 12:07 GMT



What do I doEmergency strikes

- Move to safe place
- Loosen tight clothing/belt/shoes/tie
- Do not offer water
- Lay straight
- Side turn if vomiting/ear,nose,mouth bleeding

All conditions : address

•A

•B

•C

•D

Scoop & Run vs Stay and Play



Airway with Cervical Spine Immobilization

- Provide Oxygen
- Apply Cervical Collar



Breathing

- Continue Giving Oxygen



Circulation and Bleeding Control

- Control obvious external Hemorrhage
 - Direct Pressure and Bandage
 - Splint the fracture/ deformity



Disability (Neurological)

Airway



airway



CPR CARDIO-PULMONARY RESUSCITATION





Spine board is a safe transport



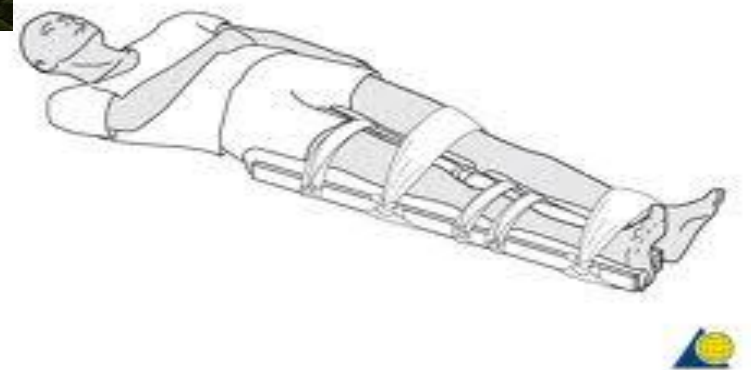
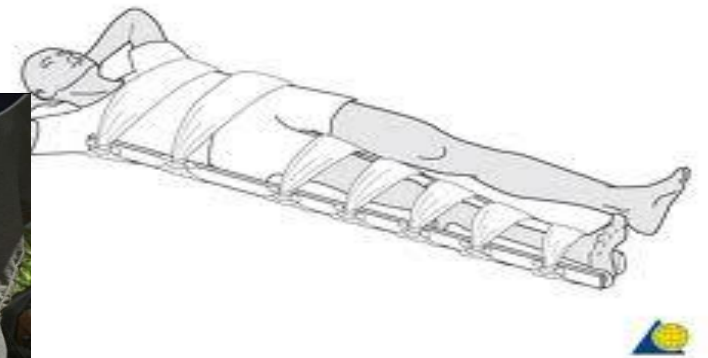
Burns

Cool with Tap water
Cover with clean sheet/cloth

Splintage

- How
- When
- What to use
- Why to use

Basic Bandages and Splints



Heimlich's maneuver



© Healthwise, Incorporated



Do not thrust hard enough to lift the child off his feet



ADAM



Wounds/Bites

- Clean with soap water
- Dress with cotton bandage/clean cloth
- Analgesic but with caution

What to do

- Regular teaching program
- Mock drills
- Movies/plays
- Visit to hospitals
- Media/newspaper advertisement

Drug delivery

Medications to be made available with consideration of

Anaemia/Malnutrition

UTI (urinary tract infection)

PID(pelvic inflammatory disease)

STD(sexually transmitted disease)

Contraception(emergency kit/diagnostic kit)

Barrier methods(safe practice)

Immediate Responses During Disaster (*Gender demands*)

- **Emergency Relief Supplies** Include Women's Specific Requirements
- Ensure Women's Access to Sufficient and Adequate Food
- **Food distribution equitable, transparent** and respect human dignity
- Aid distribution for women should be handled by women
- Ensure that Women's **Menstrual/Pregnancy Needs** Are Met
- Women's Access to Adequate **Toilet and Bathing Facilities**
- Ensure Women's Access to Free Health Care Services
- Ensure **Security and Safety** of Women and Children
- Protect Women from Violence and Abuse
- Ensure Women's Access to **Psycho-Social Counselling**

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Coronavirus: How India will play a major role in a Covid-19 vaccine



Soutik Biswas
India correspondent

🕒 27 April 2020



Share

Coronavirus pandemic



Top Stories

Coronavirus cases pass 3 million around the world

In less than four months the new virus is known to have killed more than 200,000 people globally.

🕒 27 April 2020

This is the moment of maximum risk, Johnson says

🕒 1 hour ago

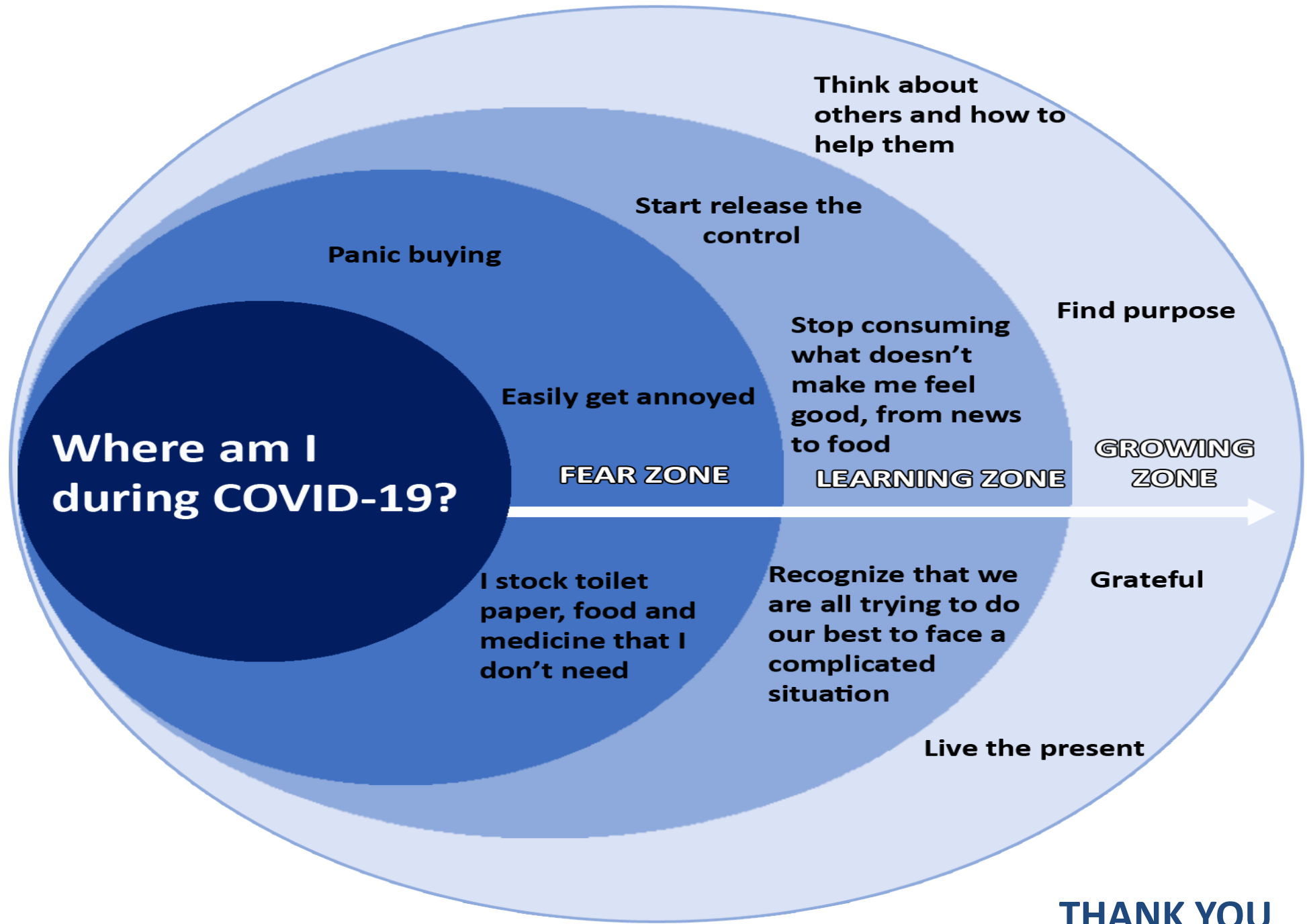
Virus 'Australia's chance to grasp green energy'

🕒 3 hours ago

Features



The 'social bubble' approach to lockdown easing



THANK YOU

A BIG SALUTE TO CORONA WARRIORS



<https://youtu.be/6ag1FY4vFII>

- <https://youtube/6ag1FY4vFII>



PSYCHOSOCIAL CARE FOR COMMUNITIES DURING PANDEMIC IMPACT AND MANAGEMENT



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Department of Psychiatric Social Work
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WELLBEING & MENTAL HEALTH

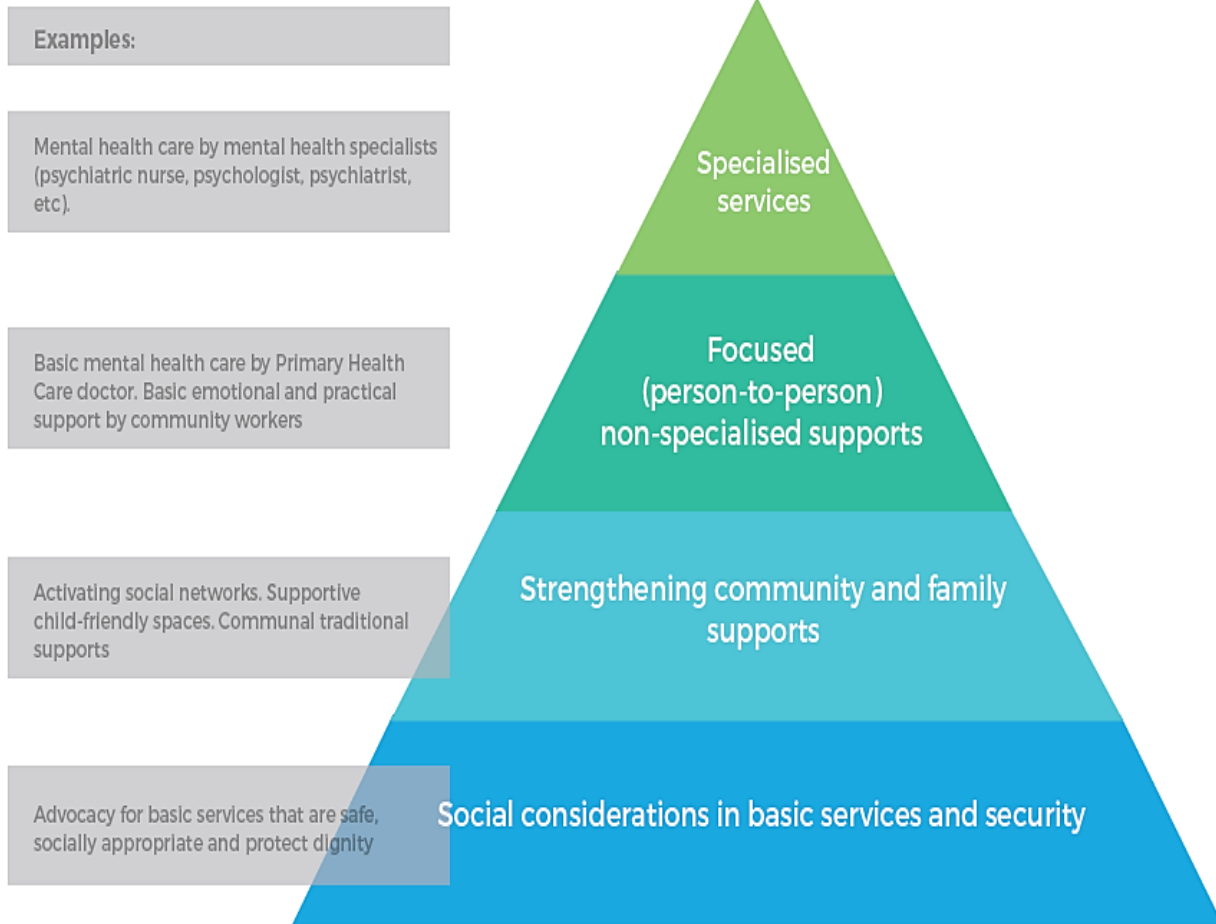


- Wellbeing is the experience of health, happiness and prosperity. Emotional, Physical and Social Wellbeing form the major components of Wellbeing.
- Mental health is a state of well-being in which the individual realizes his or her **own abilities**, can **cope with the normal stresses** of life, can work **productively** and fruitfully, and is able to make a **contribution** to his or her community' (World Health Organisation, 2005)

PSYCHOSOCIAL CARE DURING PANDEMIC

- Complex issues – monsoon rains, floods and COVID -19
- Events followed by disaster causes more psychosocial issues
- Psychosocial care is an integral part of all interventions during disasters
- Disaster to be looked from Development perspective

PSYCHOSOCIAL CARE AND MENTAL HEALTH SERVICES



- Any type of local or outside support that aims to protect or promote psychosocial well-being and/or prevent or treat mental health condition

Core Principles:

- Do no harm,
- Promote human rights and equality,
- Use participatory approaches,
- Build on existing resources and capacities
- Adopt multi-layered interventions and
- Work with integrated support systems

IMPACT – HOW DIFFERENT IT IS IN COVID -19

Other Natural Disasters:

- Majority of the population witness personally in a specific location
- One time event
- Possibilities of physical impact for majority of time
- Social issues pertaining to specific population
- Post disaster – less stigma
- Person to person/Group intervention is very much possible

COVID -19:

- Majority of the population across the globe
- Keeps happening every day
- Physical impact are less yet Psychological impact is more
- Social issues are different from other disasters and almost for all.
- Stigma - Post recovery too, it includes first responders
- Restrictions in face to face interventions

SOURCES OF MENTAL HEALTH ISSUES RELATED TO COVID -19

- Lack of awareness
- Quarantine
- Self isolation
- Lockdowns-Movement Restriction
- Not able to carry our social events
- Lack of medicines and treatment facilities for chronic illness
- Lack of Mental disorders and Substance use related treatment
- Infodemic , Increased screen time
- **Vulnerable groups –Children, Women, Elderly and Persons with disability**
- **Economic breakdowns for individuals & Communities**
- **Stigma**

PSYCHOLOGICAL IMPACT OF COVID 19

- **Fear** of infection, falling ill and dying, losing livelihood, loss of work , social Exclusion, separated from loved ones
- **Avoiding** approaching health facilities due to fear of becoming infected while in care
- Feeling **powerless** in protecting loved ones and fear of losing loved ones because of the virus
- Feelings of **helplessness, boredom, loneliness, Hopelessness,** and depression due to being isolated
- **Suicides** because of uncertainty, fear, hopelessness
- **Reliving the experience** of a previous epidemic

LONG TERM PSYCHOSOCIAL IMPACT



- Tackling the impact of COVID 19 Outcome – Rush, Weight Gain, laziness to get back to work, keeping up the schedule
- Deterioration of **social networks**, local dynamics and economies
- **Stigma** towards surviving patients resulting in rejection by communities
- Possible higher emotional state, **anger and aggression** against government and frontline workers
- Possible anger and **aggression against children, spouses, partners and family members** (increase of family and **intimate partner violence**)
- Possible **mistrust of information** provided by government and other authorities
- People with developing or **existing mental health and substance use disorders** experiencing relapses and other negative outcomes because they are avoiding health facilities or unable to access their care providers

COMMUNITY RESOURCES

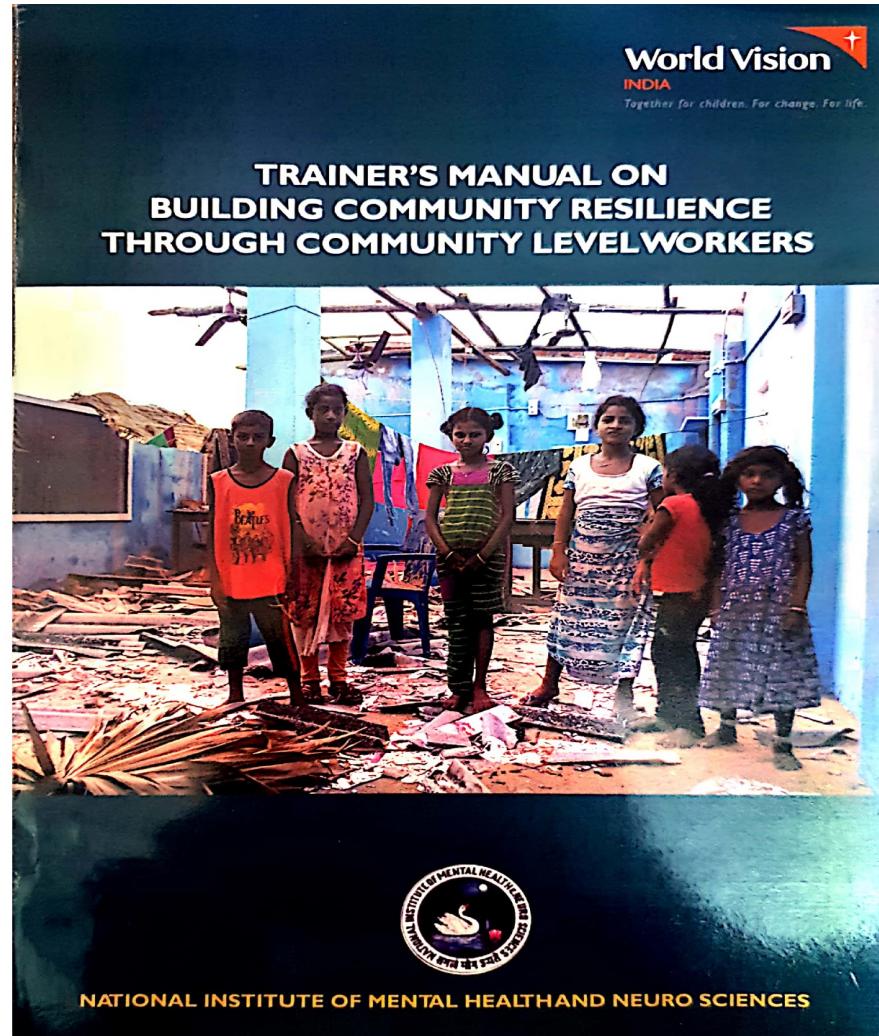


ଫନି ବାତ୍ୟା ଦ୍ୱାରା ପ୍ରଭାବିତ ଶିଶୁମାନଙ୍କ ପାଇଁ
ମାନସିକ-ସାମାଜିକ ପ୍ରସ୍ତୁତିକରଣ ନିମନ୍ତେ
ତାଲିମ ପୁସ୍ତିକା



- **Government**– Teachers, Health Workers, Asha Workers Anganwadi Workers
- **Non-Governmental** – International NGOs, Local NGOs, Rotary clubs etc.
- **Community level** - Community Based Organizations, SHGs, Youth Organizations run by the community members
- Intersectoral approach of these agencies

CAPACITY BUILDING ON PSYCHOSOCIAL CARE

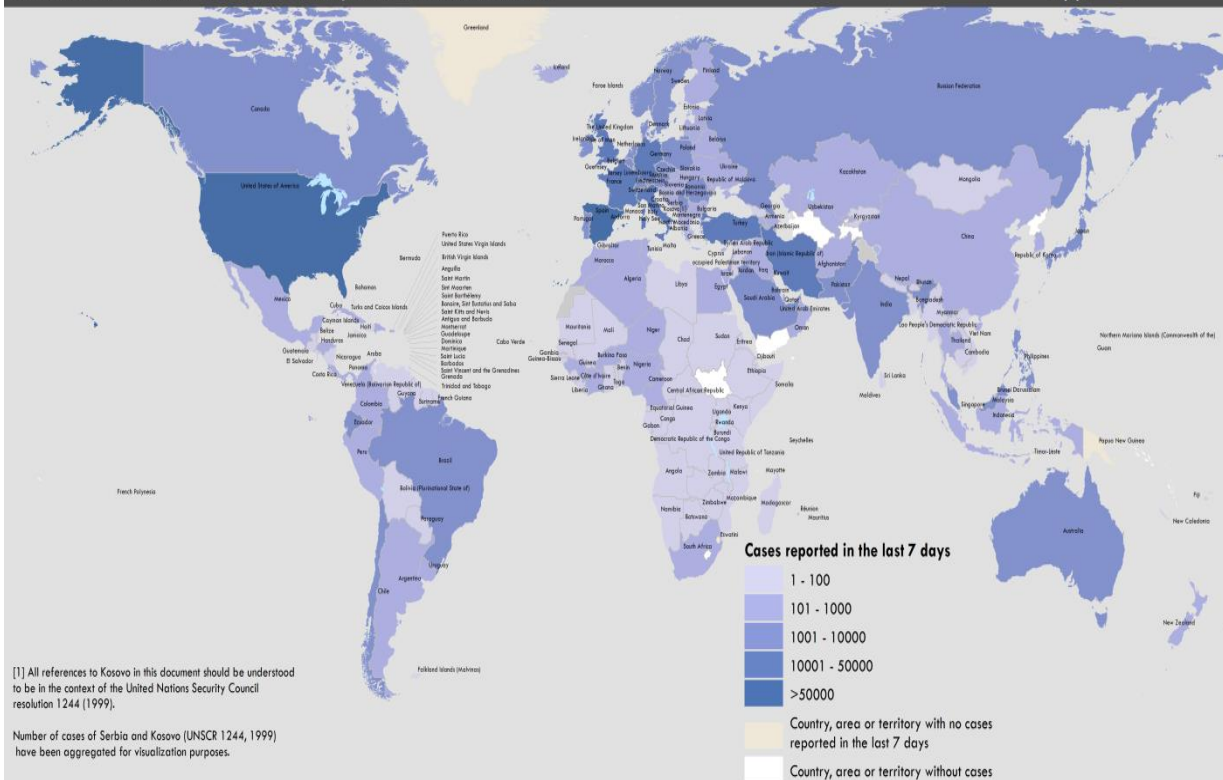


Scanned with CamScanner

- Online training programs for large group
Eg: youth volunteers from different community, College students, State level sensitization programs on importance of building community resilience etc.
- Face to Face training programs with limited members and precautions
Eg: Teachers, Angawadi workers, Local community volunteers

KNOWLEDGE ABOUT COVID -19

Countries, areas or territories with COVID-19 cases reported in the last 7 days
(From 30 March 2020, 10:00AM to 05 April 2020, 10:00AM (CET))



[1] All references to Kosovo in this document should be understood to be in the context of the United Nations Security Council resolution 1244 (1999).

Number of cases of Serbia and Kosovo (UNSCR 1244, 1999) have been aggregated for visualization purposes.

- Current status of the extent of COVID -19. Not just incidence rate but the recovery and death rate
- Basics knowledge about the cause, symptoms, incubation period, means of spread of COVID -19
- Precautions – hand washing, physical distancing, respiratory hygiene, staying home
- Use of mask
- Myths and facts

PSYCHOLOGICAL FIRST AID



- Providing practical care and support, which does not intrude.
- Assessing needs and concerns.
- Helping people to address basic needs (for example: information, treatment facilities, financial support).
- Listening, but not pressuring them to talk.
- Comforting and helping them to feel calm.
- Helping connect to information, services and social supports.

PSYCHOSOCIAL CARE TECHNIQUES

ACCEPTANCE & EMPATHY –

- *Be aware of one's own background*
- *Explain information in an accessible way and simple language*
- *Privacy and confidentiality*
- *Be conscious of personal biases*
- *Try to work with them rather than work for them*

ACTIVE LISTENING



- Non Judgmental
- Allowing to express their emotions and views
- Non verbal Cues
- Reflections and summarizing
- Don't keep writing, talking, interrupting, looking at mobile.

REASSURANCE



- No False Promises
- Providing them the right information
- Providing them enough opportunities
- Ensure adequate safety and keeping them informed about it
- Not to share your own emotions with the affected population

STRATEGIES FOR INDIVIDUAL AND FAMILY



- Physical exercise (e.g. yoga, stretching)
- Cognitive exercises
- Relaxation exercises (e.g. breathing, Meditation etc)
- Reading books and magazines
- Keeping in touch with family members, neighbours etc. through mobile phones
- Reduce the time spent looking at fearful images on TV, **listening to rumours**
- **Reduce time looking for information** (1-2 times per day, rather than every hour)
- Search information from reliable sources (national radio or national news bulletins)
- Being aware of positive changes
- Getting the support through Helplines

MENTAL HEALTH INTERVENTIONS FOR VULNERABLE POPULATION

- **Elderly** - Provide emotional support through informal networks , share simple facts, medical needs, safety measures, Online medical services, physical exercises
- **Persons with Disability** – Accessibility to health, economic and education related measures; non discriminatory attitude; Community support
- **Children** – Understanding the expression of emotions, regular routine, opportunities, provide right information
- **Women** – Sharing of responsibilities at home, Protection against GBV, IPV, Helplines, services and information for pregnant and lactating mothers

GATEKEEPER TRAINING PROGRAM ON SUICIDE PREVENTION



- A Gatekeeper is someone who believes that suicide can be prevented at the community level and is willing to give time and energy for this cause.
- Gatekeepers may be teachers, doctors, nurses, social workers, community leaders or anyone who shares this interest.
- Gatekeepers keep a watchful eye and able to “sound the alarm” when an at-risk individual is identified.
- Refer clients of concern to the appropriate mental health professional for further evaluation and treatment.



NATIONAL INSTITUTE OF MENTAL HEALTH
& NEURO SCIENCES
BENGALURU

During this crisis of COVID-19 Pandemic, it is quite natural to experience a wide variety of mental health concerns.

*In order get help for these concerns, you may call
NIMHANS toll free number 080 4611 0007.*



मानसिक स्वास्थ्य और तंत्रिका विज्ञान के राष्ट्रीय
संस्थान, बेंगलुरु

कोविड-19 के महामारी के इस संकट के समय,
विभिन्न प्रकार के मानसिक चिंताओं का अनुभव
करना काफी स्वाभाविक है।

*इन चिंताओं से सम्बंधित मदद या जानकारी पाने के
लिए, आप निमहांस के टोल फ्री (निःशुल्क) नंबर
080 4611 0007 पर संपर्क कर सकते हैं।*

<http://vkn.nimhansdigitalacademy.in/E-consult>
cam.nimhans@gmail.com

RESOURCES

When you feel like talking to someone...
When you want to discuss your concerns...

Stressed or stigmatised over COVID?

Want to know how to protect yourself?

Struggling to deal with home quarantine & lock downs?

Challenged to find medical and other services?

Help is at hand

You can have a shared journey finding answers to your concerns

Reach us at:
apswp.india@gmail.com
<http://apswp.org/news/>



Indian Association of Clinical Psychologists (IACP)

In view of the CORONA-VIRUS outbreak, Indian Association of Clinical Psychologists extends the support in the form of providing Psychological counselling and Psychological First Aid to those who need it throughout the country. To facilitate the same, this list of volunteers is provided in public domain to utilise psychological services- i.e tele-counselling. The list is functional during the COVID-19 epidemic. IACP does not take any legal responsibility for the service provided by volunteers, it is merely collating this list in public interest. Volunteers listed below are solely responsible for ethics of counselling and providing psychological support. The list is generated from the list of IACP members and through appeal to the psychology professionals.

List of Volunteers for Online Psychological Support During COVID-19

SUPPORT FOR COVID POSITIVE AND RECOVERED PERSONS

Emotional support helped win battle, say COVID-19 survivors

While the virus takes a toll on the body, mental well-being is key, says survivor

BINDU SHAJAN PERAPPADAN
NEW DELHI

High fever, mind numbing tiredness and constant emotional support from the medical staff – that is what most COVID-19 survivors across India remember of their battle against the virus which first emerged in China and now has infected over 2 lakh people worldwide and killed over a lakh in under five months.



Robin and Reena had tested positive after their relatives came to Kerala from Italy in March. *—Special Arrangements*

"We can overcome, that is the spirit with which I fought this virus this past month," says Bengaluru-based professional Venkat Raghav, 50, who believes that he may have picked up the virus while on a business trip to the U.S. in March.

"I developed high fever and by then the news about the virus was available and the Indian government too was disseminating information. So I decided it was best not to take chances and I isolated myself from the family on my return. Later, at the Rajiv Gandhi Institute of Chest Diseases (RGICD), it was confirmed that I had high virus load, following which I got admitted to the hospital and a day later, I was found COVID-19 positive," he says.

Mr. Venkat claims his greatest achievement through it all was that he was able to keep his immediate family – wife and two teenage children uninfected.

Recalling his treatment and the support he got from the hospital staff, he notes that while the virus takes a heavy toll on the body, mental well-being is the key to fighting the disease.

"I was in isolation, the fever rarely comes below 101.4°F and the weakness and pain is unexplainable. I pulled through because everyone around me stayed very positive," he says.

Delhi patient

The COVID-19 fever doesn't kill you but the guilt can, confides Robin Dutta, who was among Delhi's SCRs first

life. Industries are closed and we feel that things may take a while to come back to normal. But what this virus has taught me is to stay positive. The body may give up, but the mind has to stay strong. The Safdarjung Hospital staff became my family. Each staff there cared for me as if I was their family member," he observes.

Seven infected in family Robin Thomas, from Kottayam, Kerala, a medical staff himself, says the fight against the pandemic is also about staying positive.

"Seven persons in my immediate family, including me, were infected. The only silver lining was that my 4-year-old has tested negative so far. The 21-day hospital stay were the best and worst days of my life," he says.

"The first week in quarantine with my wife and child, I thought we would have to say goodbye to our child. We were looking for jobs (both he and his wife are medical professionals) in Italy and never thought that we would hit such a huge roadblock."

Mr. Thomas and wife Reena tested positive after their parents and brother came to Kerala from Italy in March and tested positive.

Now a month after the ordeal, Mr. Dutta, a businessman, is back with his family and says that he is relaxing.

"COVID-19 forces you to rethink and take a relook at

On headmaster's call, ex-students donate mobiles

Mangaluru: The headmaster of a government-aided school has tapped the network of his old students to sponsor smartphones for students so that they do not miss the ongoing online classes, reports **Kevin Mendonsa**.



Ramakunja Government Aided High School, with 500 students, is in a remote village of Dakshina Kannada district's Kadaba taluk. Two old students responded to their teacher **Satish Bhat's** call for help. Shriram, who runs Macro Technologies in Bengaluru, donated six smartphones to the school. Another old student, currently in Qatar, has donated money to buy a few more handsets.

Man recovers from Covid hangs himself

Tues News Net

Karwar: A 47-year-old man, who had recovered from Covid 19 a month ago, was strangled by villagers as he was on Monday found hanging from the roof of his house.

The deceased is **Ratnakar Naik**, 47, a resident of Suterwad in Karwar. He was working in a private pharmaceutical company in Goa and the Covid hotspot. He returned to Karwar and tested positive. He underwent treatment and recovered.

- Making the services available and accessible
- Non Judgmental
- Empathy
- Ventilation
- Active Listening
- Reassurance
- Mobilizing and linking the Social Support

REFERENCES:

- <https://www.mohfw.gov.in/index.html>
- https://www.who.int/docs/default-source/coronaviruse/situation-reports/20200405-sitrep-76-covid-19.pdf?sfvrsn=6ecf0977_2
- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters>
- IASC (2020). Interim brief note on addressing mental health and psychosocial aspects of COVID 19 outbreak
- WHO (2011). Psychological First Aid. Guide for Field Workers

THANK YOU

FIRE SAFETY AND MANAGEMENT



A.K SHARMA
Former Director
Delhi Fire Service













INITIALLY THE FIRE IS SMALL



A LITTLE LATER IT BECOMES **BIG** !



A FURTHER IT TURNS DEVASTATING..







CHALLENGES

(FIRE SAFETY)

EXTENSIVE PHYSICAL INFRASTRUCTURE



WHOLESALE MARKETS IN CONGESTED AREAS



UNAUTHORIZED COMMERCIAL AND RESIDENTIAL BUILDINGS



MAJOR CHEMICAL STORAGE (PETROLEUM PRODUCTS)



LARGE SCALE FIRES IN JJ COLONIES



HEAVY VEHICULAR TRAFFIC



TRANSPORT SECTOR- ROAD/RAIL/AIR



TERRORISTS ATTACKS



OFFICE BUILDING FIRE



SHOPPING MALL FIRE



HOSPITAL FIRE



INDUSTRIAL FIRE



CINEMA FIRE



HIGH RISE BUILDING FIRE



MARKET FIRE



BUILDING COLLAPSE



GAS LEAKAGE



SUICIDE / TOWER CLIMBING



PANDAL FIRE



PRONE TO DAMAGE






**LIFE SAFETY IS OF PRIME
IMPORTANCE**



***ABSOLUTE SAFETY FROM FIRE
IS NOT ATTAINABLE IN
PRACTICE***

HOLISTIC APPROACH

- **Fire stations**
- **Fire appliances/equipments**
- **Trained manpower**
- **Effective communication**
- **Legislative support**
- **Community awareness**



***THE OBJECTIVE IS TO ENSURE MEASURES
THAT PROVIDE DEGREE OF SAFETY
WHICH CAN BE REASONABLY ACHIEVED
WITHOUT UNREASONABLE
HARDSHIP/INCONVENIENCE/INTERFERE
NCE TO NORMAL USEAGE OF PREMISES***



MEASURES CAN BE:

STRUCTURAL

**& NON STRUCTURAL
COMPRISING OF**

FIRE AND LIFE SAFETY

- **Fire Prevention**
- **Life Safety**
- **Fire Protection**

FIRE PREVENTION

- **Pertaining to design and construction of building including types of material and their fire rating.**
- **This presentation does not intend to cover all aspects of general fire prevention which involves separating potential heat sources, fuel, and personnel.**

LIFE SAFETY

- ✓ Deals with features necessary to minimize danger to life from fire / smoke / fumes or panic.

FIRE PROTECTION

- Deals with equipments / installations depending on classification / area and type of building.



LEGISLATIVE SUPPORT

- **MASTER PLAN**
- **LOCAL BYE LAWS**
- **NATIONAL CODES**
- **ACT/RULES/REGULATIONS**
- **CODE OF PRACTICES**

COMMUNITY AWARENESS

Through

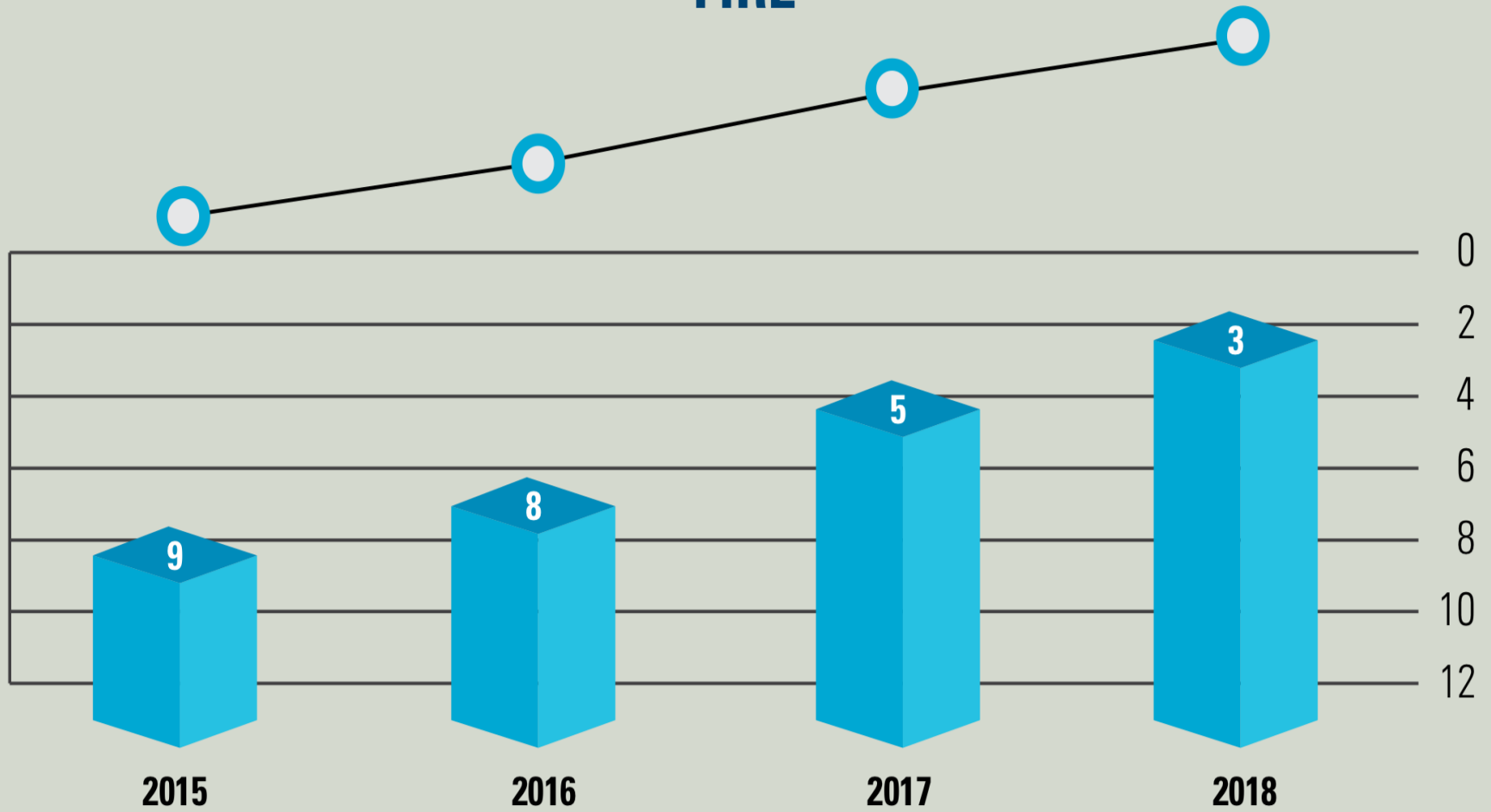
- SMS's
- FM Radio
- TV Shows
- News Papers
- Lecture and demonstrations
- Pinning of flags
- School education program



- **To create Fire Safety awareness in the Society.**



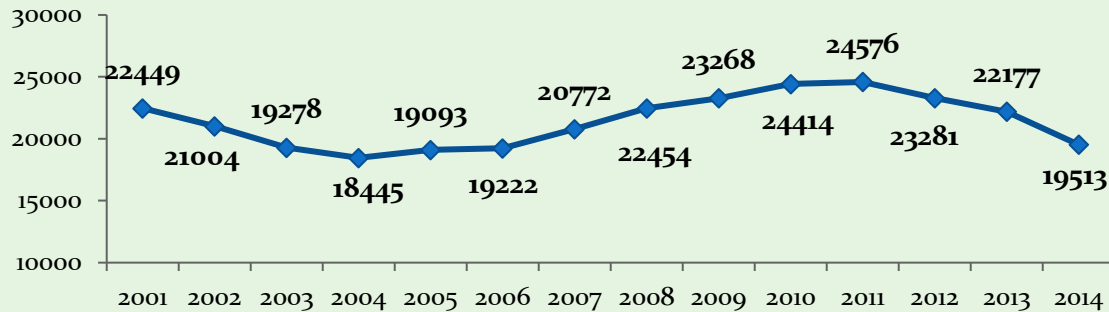
FIRE



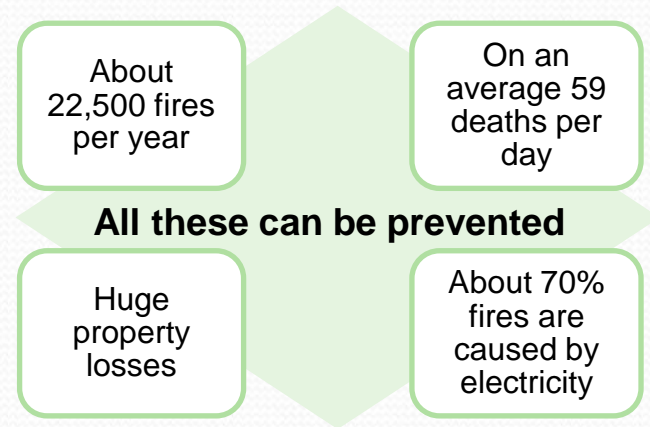
'Fire' jumps to 3rd Rank in IRS 2018

Fire Statistics

Number of death due to accidental fire



Factor leading to fire	Percentage
Improper alterations	30.4
Improper initial installation	16.6
Deterioration due to aging	13.8
Improper use	12.7
Inadequate capacity	12.2
Faulty product	9.4
Unknown	5



Source: 1 National Crime Records Bureau
 2 Research on Electrical Fires (Fire Science and Technology Inc. USA)

10 Major Fire accidents in India

April 16, 1990: **70** killed as shuttle train is gutted by fire in **Patna** district.

December 23, 1995: **442** persons, mostly children, killed in a fire at the annual function of a school in **Dabwali (Haryana)**. The pandal had caught fire due to short circuit.

August 6, 2001: **28** people were killed at a private mental asylum in **Erwadi in Tamil Nadu**.

July 16, 2004: **91** school children were killed in a fire accident at **Kumbakonam in Tamil Nadu**.

April 10, 2006: **64** killed and 80 injured after a fire engulfed the tent at a crowded consumer trade fair in **Meerut**.

December 9, 2011: At least **73** dead in fire at **AMRI Hospital in Kolkata**.

Feb 8, 2012: **11** workers were killed after fire broke out in an electronic factory in **Haridwar**.

July 30, 2012: **32** killed in fire in **Tamil Nadu** Express bound for **Chennai**

Aug 27, 2012: **19** killed in north **Kerala's** **Kannur** after an **LPG tanker** overturned and exploded



Fire Incidents





AIIMS NEW DELHI



IOC JAIPUR FIRE 2009

JAIPUR OIL TERMINAL FIRE, 2009

- The Jaipur Oil Terminal fire took place on 29 October, 2009 at 7:30 PM at Indian Oil Corporation's oil depot, at Sitapura Industrial area, Jaipur.
- There were nearly 12 casualties and over 200 injuries.
- The blaze continued to rage out of control for 11 days.
- The incident occurred when petrol was being transferred from the Indian Oil Corporation's oil depot to a pipeline.
- There were at least 40 IOC employees at the terminal, when it caught fire with an explosion.

Fire Incidents



AMRI 9 December 2011

Dhakuria, Calcutta,

89 victims

Fire Incidents



Kamala Mill Fire (29th Dec'17)

14 died & 19 injured

Fire Incidents



Takshila Institute
Surat (24th May'19)

22 death



Fire Incidents

ARPIT HOTEL

12th Feb. 2019

04.15 hrs

B+G+4 floors +Temp. Structure at
terrace

45 Rooms

Residential occupancy

Karol Bagh-Delhi

**17 PEOPLE KILLED & MANY
INJURED**



FIRE IS A GOOD “SERVANT”

A large fire burning in a field, with a house visible in the background. The fire is bright yellow and orange, and the house is partially obscured by the flames. The text is overlaid on the image in a bold, red, sans-serif font.

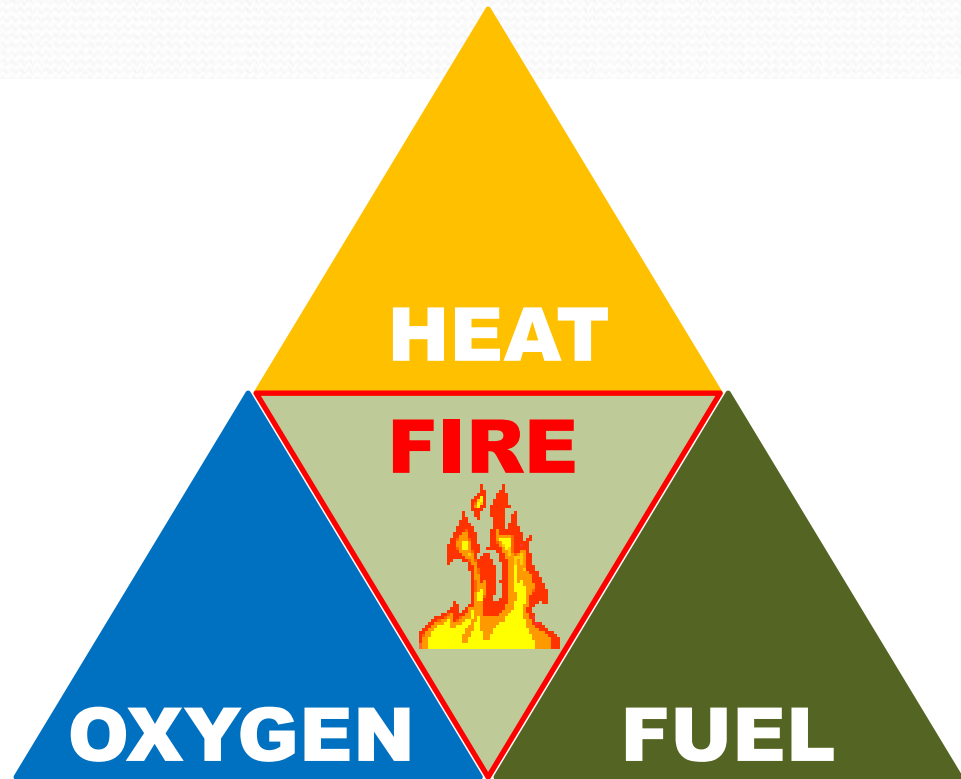
**But it is a very
BAD
“MASTER”**

FIRE

- **Fire & smoke emission has been recognized as one of the **most dangerous accidents**. Fire prevention and prompt response to any incident of Fire & Smoke emission is therefore most important.**

ELEMENTS OF FIRE

- FUEL
- HEAT
- OXYGEN



TRIANGLE OF FIRE

✓ Fire is **Fast!**

✓ Fire is **Hot!**

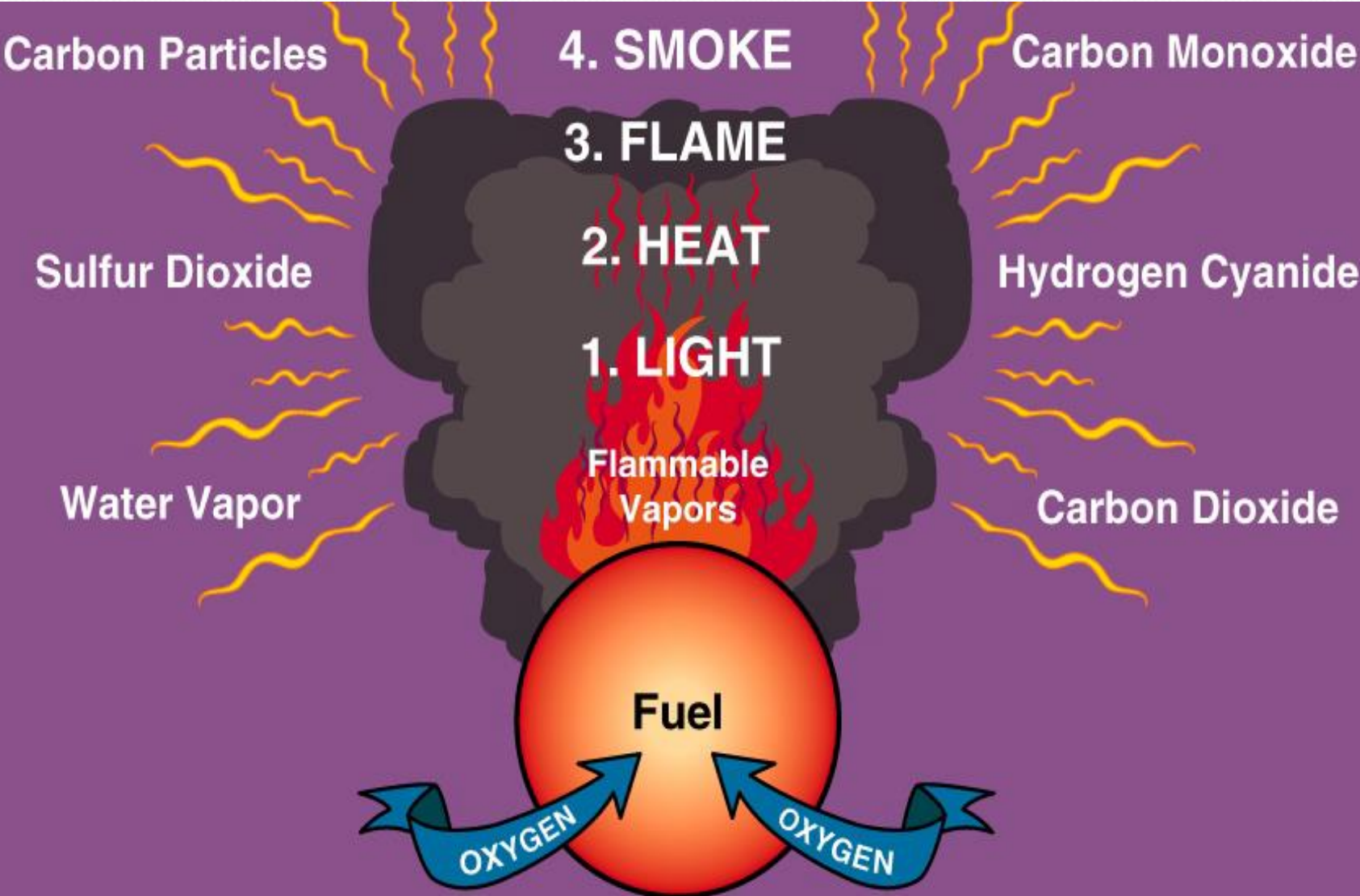


Fire Facts !

✓ Fire is **Dark!**

✓ Fire is **Deadly!**

DANGERS OF SMOKE !



Fire Accident – The Cost

- Loss of Life
- Damage to Property
- Loss of Business
- Loss of Goodwill
- Environment Pollution



LOSSES DUE TO FIRE

Loss of Property

- **Direct – 40% (Damage due to fire)**
- **Indirect- 60% (Damage due to heat, smoke, water and breakage)**

Loss of Life

- **Due to inhalation of toxic gases**
- **Burning of body tissues**
- **Nervous shock**

- **80%: Death Due to inhalation of poisonous gases/smoke.**
- **5-8%: Death due to jumping from upper floors.**
- **< 5% Death on Account of Burn**
- **Rescue/Evacuation should be organized at a short notice**

CAUSES OF FIRE

- Smoking
- Welding sparks
- Open Flame
- Electricity
- Frictional Heat
- Chemical Reaction
- Spontaneous Ignition
- Arson
- Unknown



WHO PROVIDES HEAT

- **ELECTRICAL SHORT CIRCUIT**
- **NAKED FLAMES**
- **HOT SURFACES**
- **EXOTHERMIC REACTIONS**

ELECTRICAL SHORT CIRCUIT

- **Sub Standard Wiring**
- **Overloading**
- **Naked Wire**
- **Loose Connection**
- **Injury To Insulation**
- **Improper Fuses**

NAKED FLAMES

- **CANDLE**
- **MATCH STICK**
- **DIYA**
- **STOVE**
- **FIRE CRACKERS**
- **CIGARETTE**
- **LPG BURNER**
- **WELDING**
- **CUTTING**
- **BOMB EXPLOSIONS ETC.**

HOT SURFACES

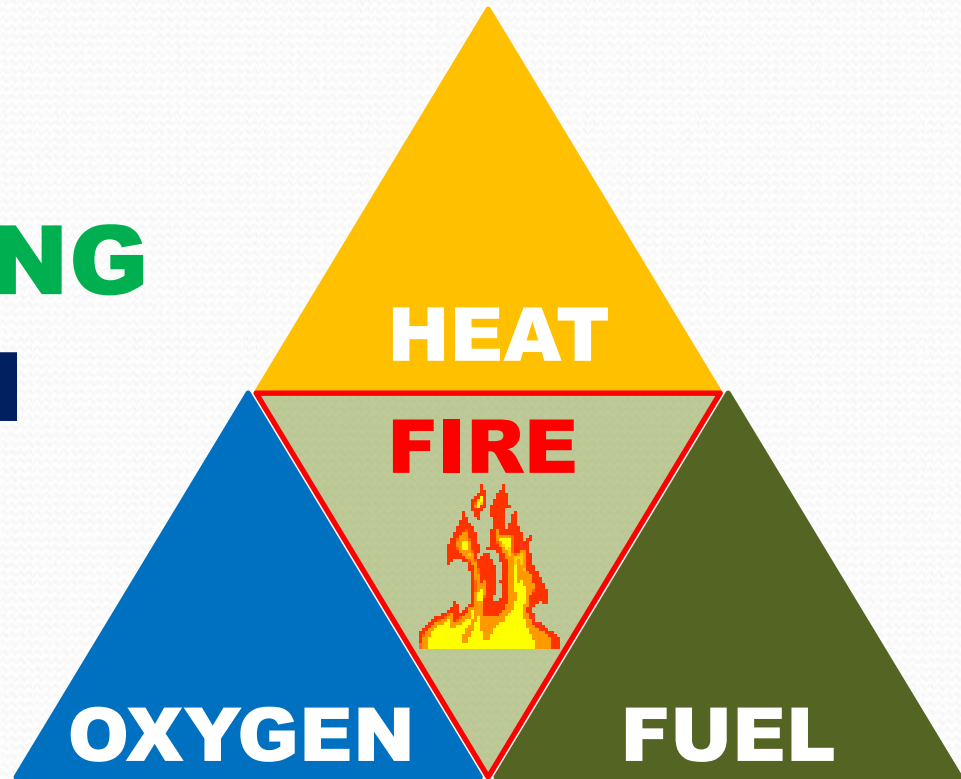
- **HOT IRON**
- **ELECTRIC MOTORS**
- **LIVE NAKED WIRE**

TYPES OF FIRE

- **CLASS 'A':-** Wood, Plastic, Cloth, Paper etc [Solid Fire]
- **CLASS 'B':-** Petrol, Diesel, Kerosene oil etc [Liquid Fire]
- **CLASS 'C':-** Methane, Propane, Butane etc [Gas Fire]
- **CLASS 'D':-** Silver, Aluminium, Copper, Iron [Metal Fire]
-  **OF CLASS 'A'**

METHOD OF EXTINGUISHMENT

- **COOLING**
- **SMOOTHERING**
- **STARVATION**



HOW TO BREAK THE TRIANGLE OF FIRE

ELECTRIC FIRE

- **80% OF FIRE OCCUR DUE TO ELECTRICITY**
- **WHAT ARE THE REASONS ?**

ELECTRICAL FIRES

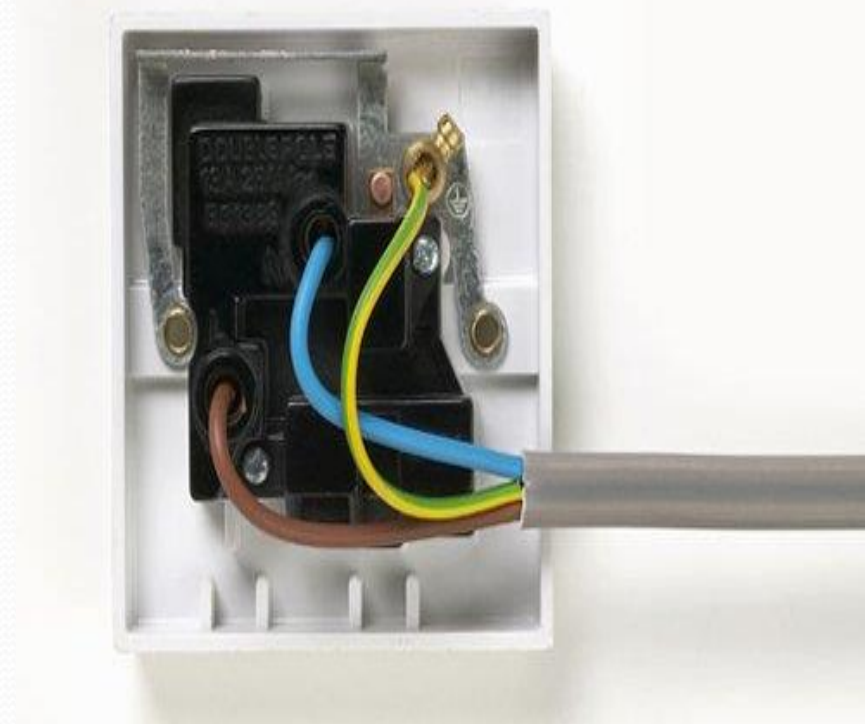
- **OVERLOADING**
- **LOOSE CONNECTION**
- **SUB STANDARD WIRES**
- **NAKED WIRES**
- **FRACTURED INSULATION**
- **IMPROPER FUSE/MCB/ELCB**
- **INPROPER EARTHING**
- **RESULT IN SHORT CIRCUIT LEADING TO FIRE**

CAUSES OF ELECTRICAL FIRES

- OVERLOADING



- LOOSE - CONNECTION



PRECAUTIONS AGAINST ELECTRICITY

- Use only certified Appliances & Cables
- Use electrical cables as per the designed Load
- Use good quality Fuses of correct rating
- Use MCB/ELCB
- Use one socket for one plug
- Keep the electrical wires away from hot & wet surfaces
- Fuses & switches should be mounted on metallic cubical
- Always have good earthing connection
- Switch off appliance after use and remove plug from the socket
- Faulty electrical appliance should be repaired/replaced immediately
- Switches should confirm to correct rating.

PRECAUTIONS AGAINST ELECTRICITY

- **Do not use sub standard wire**
- **Do not lay wire under Carpet, Mats, Doorways**
- **Never have Temporary or Naked Joints on wiring**
- **Do not use multiplug for three or four appliances**
- **Do not place Bare wire ends in a socket**

APPROACH



WATER STORAGE TANK (50,000-2LAKH LITERS CAP.)



FIRE WATER TANK

- **CAPACITY (LITERS)**

➤ **5,000 TO 2,00,000**

- **PROVISION**



FIRE EXTINGUISHERS



HOW TO PASS THE EXAM

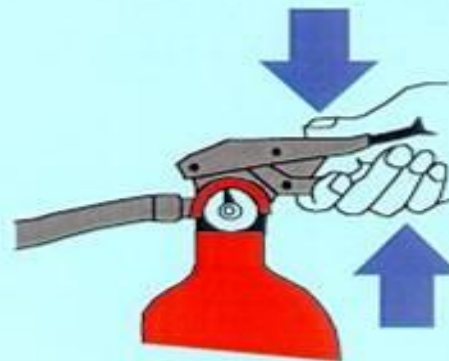
PASS



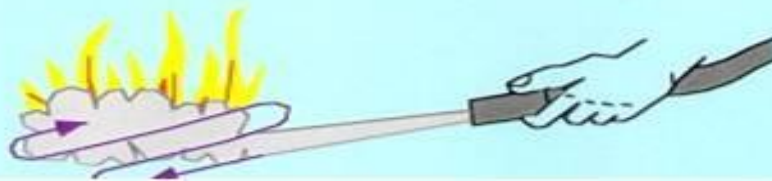
Pull



Aim



Squeeze



Sweep

HOSE REEL AND HOSE CABINET



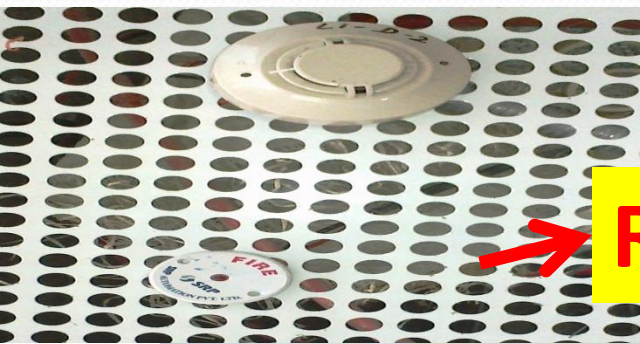
MANUAL CALL POINT



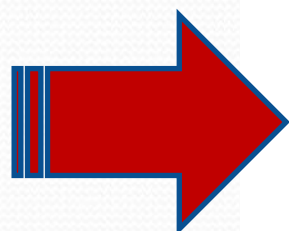
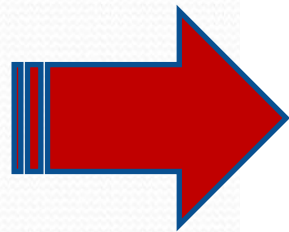
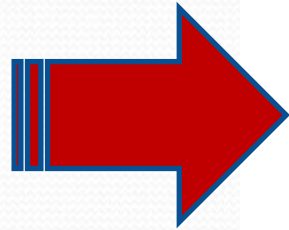
SMOKE DETECTOR



AUTOMATIC FIRE DETECTION & ALARM SYSTEM



R.I.



PANEL FOR AUTOMATIC DETECTION SYSTEM



PUBLIC ADDRESS SYSTEM



SPRINKLER SYSTEM

THIS IS A COMPLETE SYSTEM :-

TO DETECT A FIRE

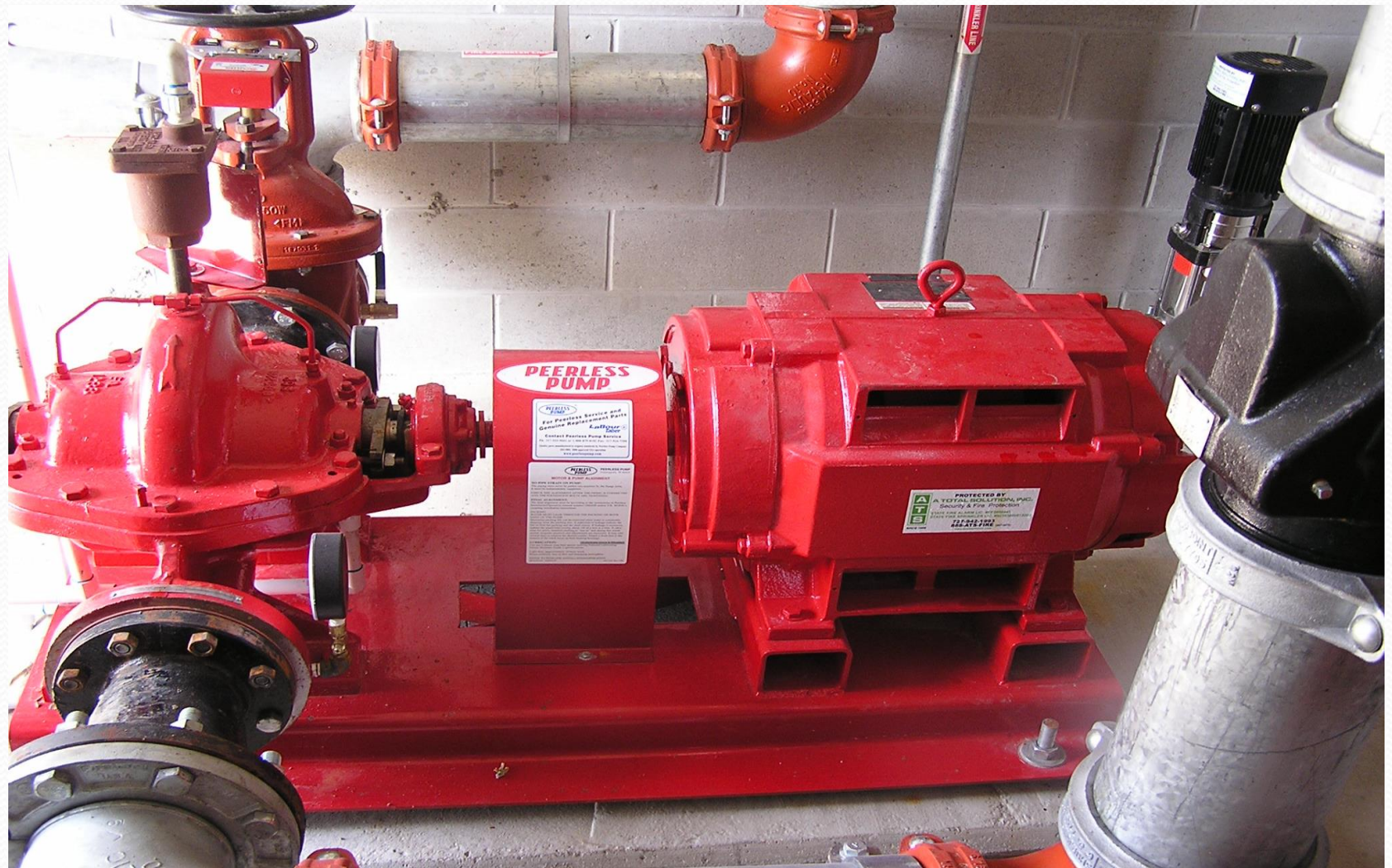
TO GIVE A FIRE ALARM

TO EXTINGUISH THE FIRE

AUTOMATIC SPRINKLER SYSTEM



FIRE PUMPS



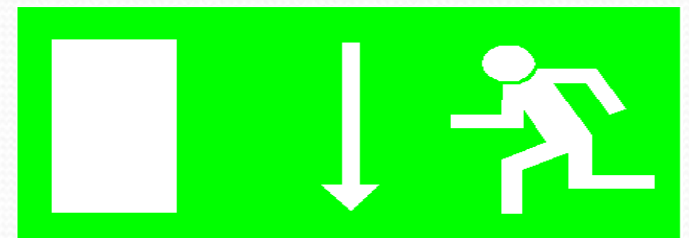
EXIT SIGNAGE





EVACUATION

- **USE YOUR NEAREST AVAILABLE FIRE EXIT**
- **DO NOT GO BACK FOR PERSONAL BELONGINGS**
- **DO NOT USE LIFTS**
- **DO NOT RE ENTER BUILDING TILL ADVISED TO DO SO**



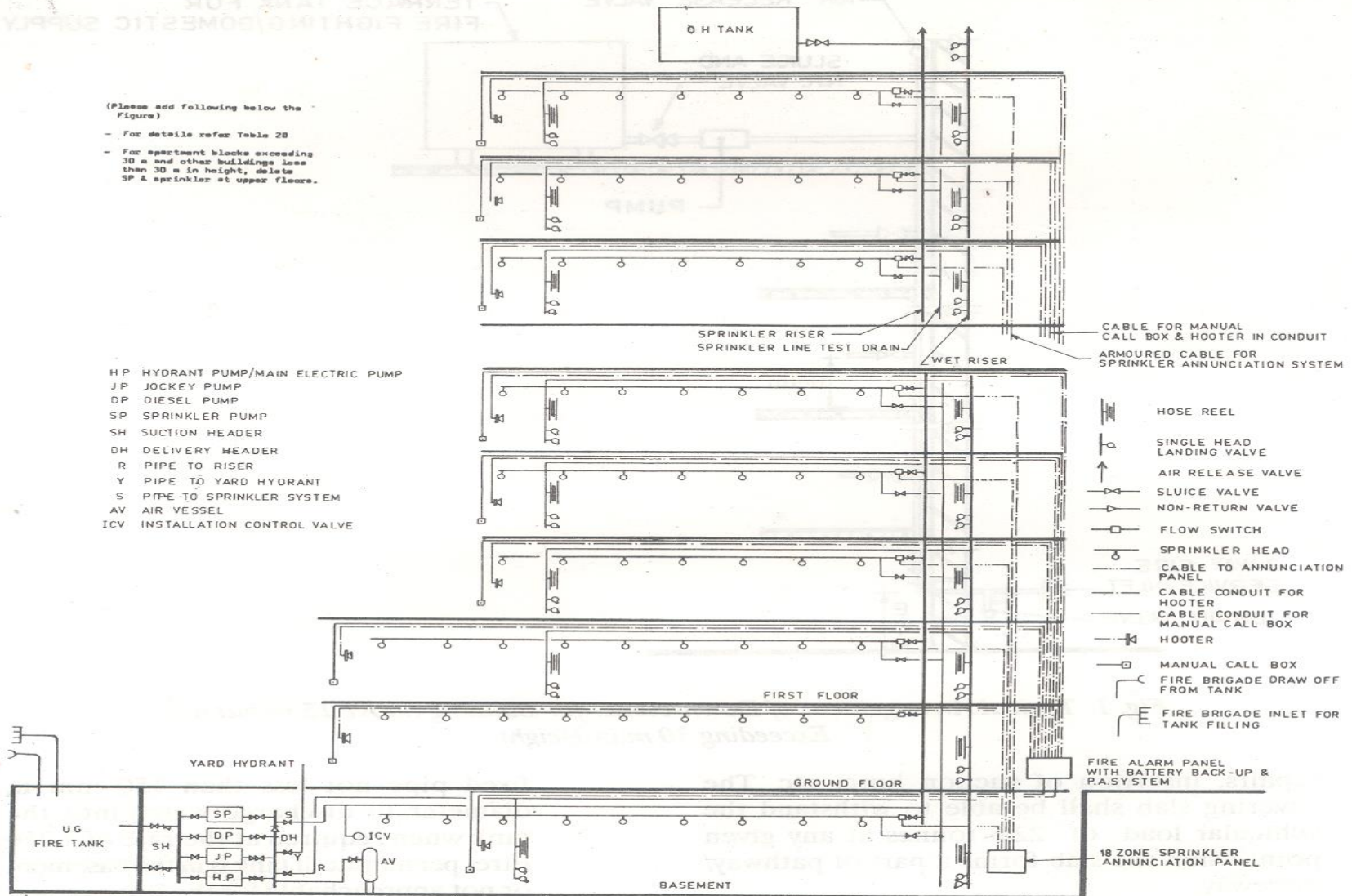
EMERGENCY LIGHT

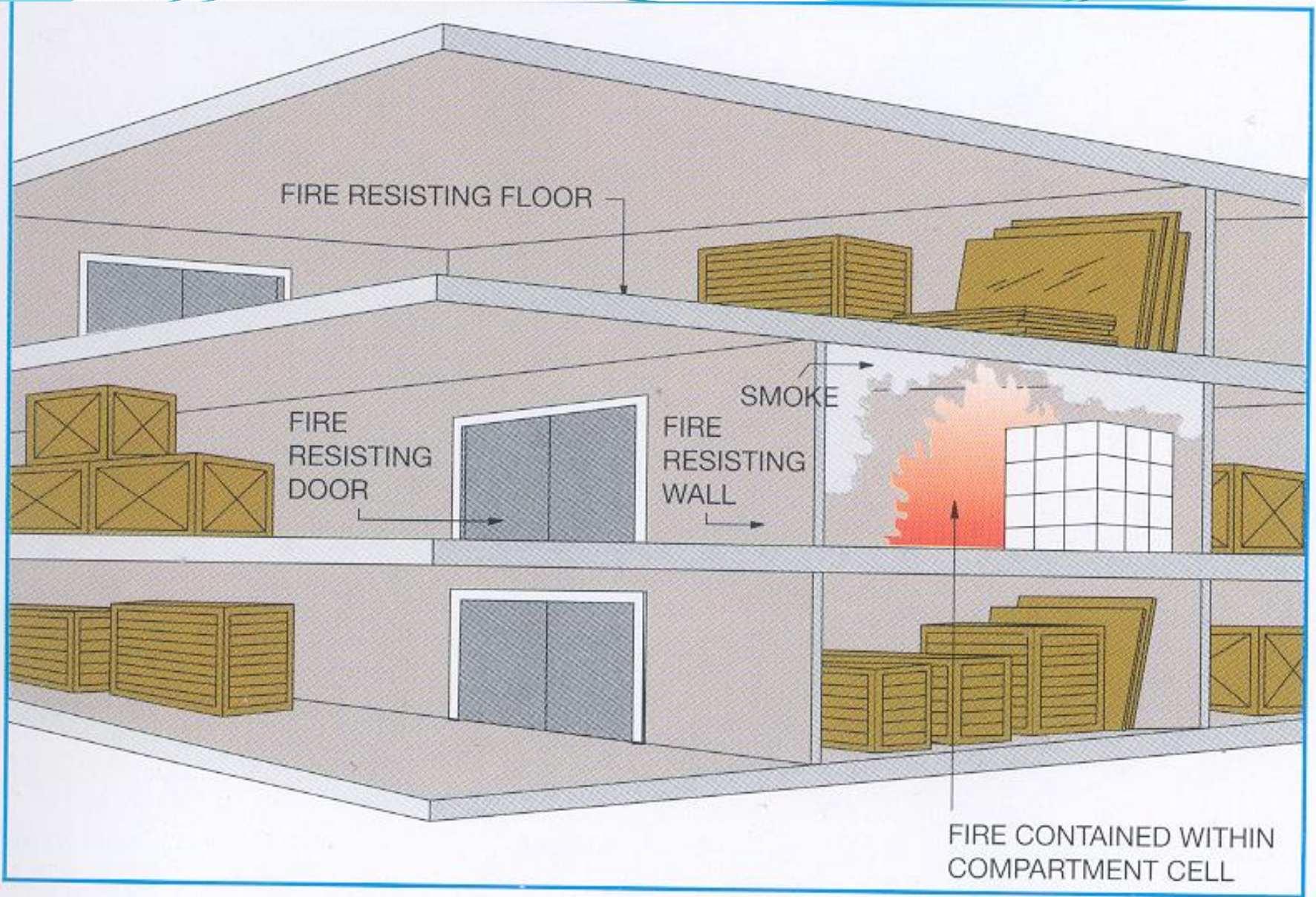


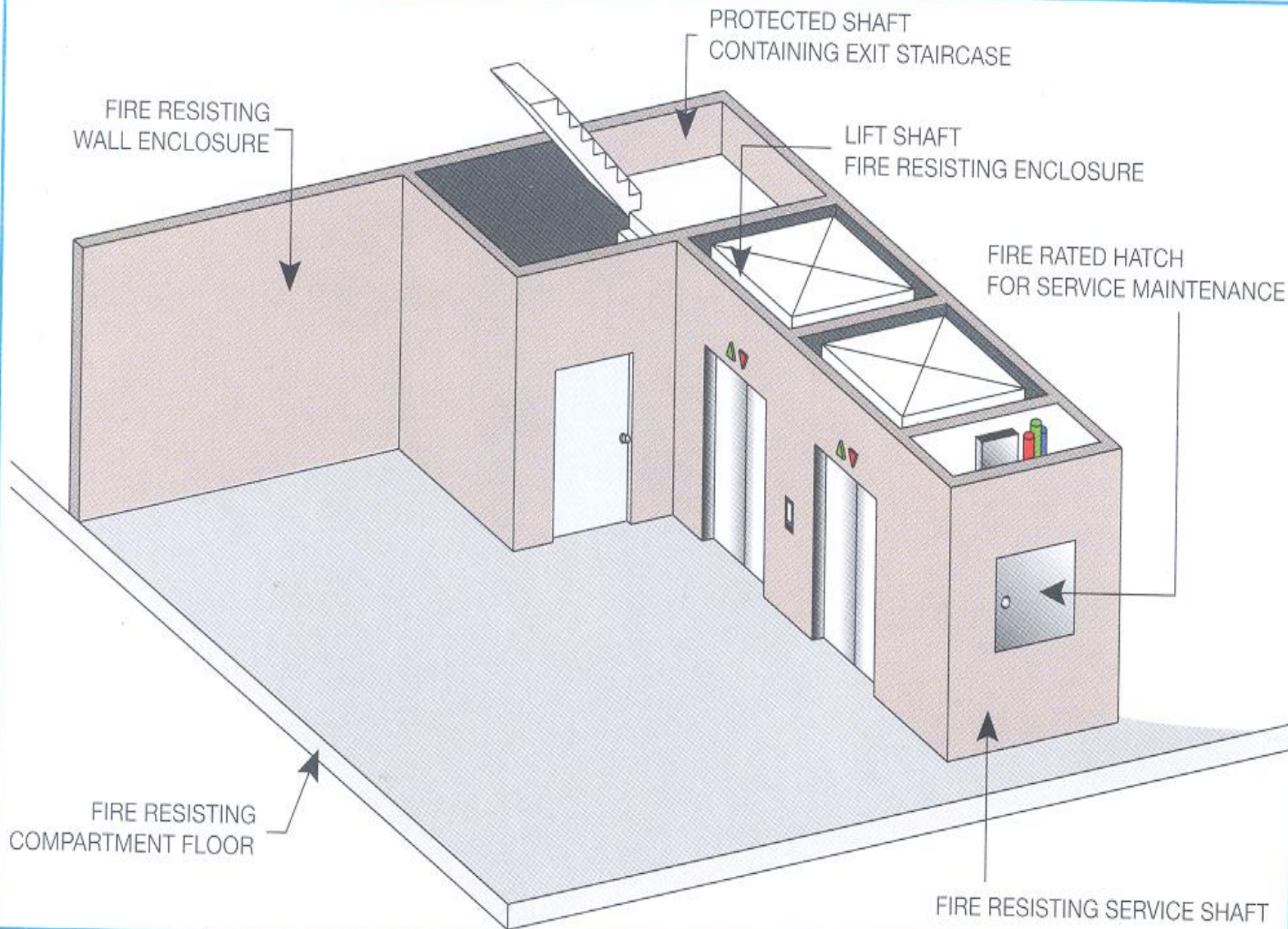
(Please add following below the Figure)

- For details refer Table 20
- For apartment blocks exceeding 30 m and other buildings less than 30 m in height, delete SP & sprinkler at upper floors.

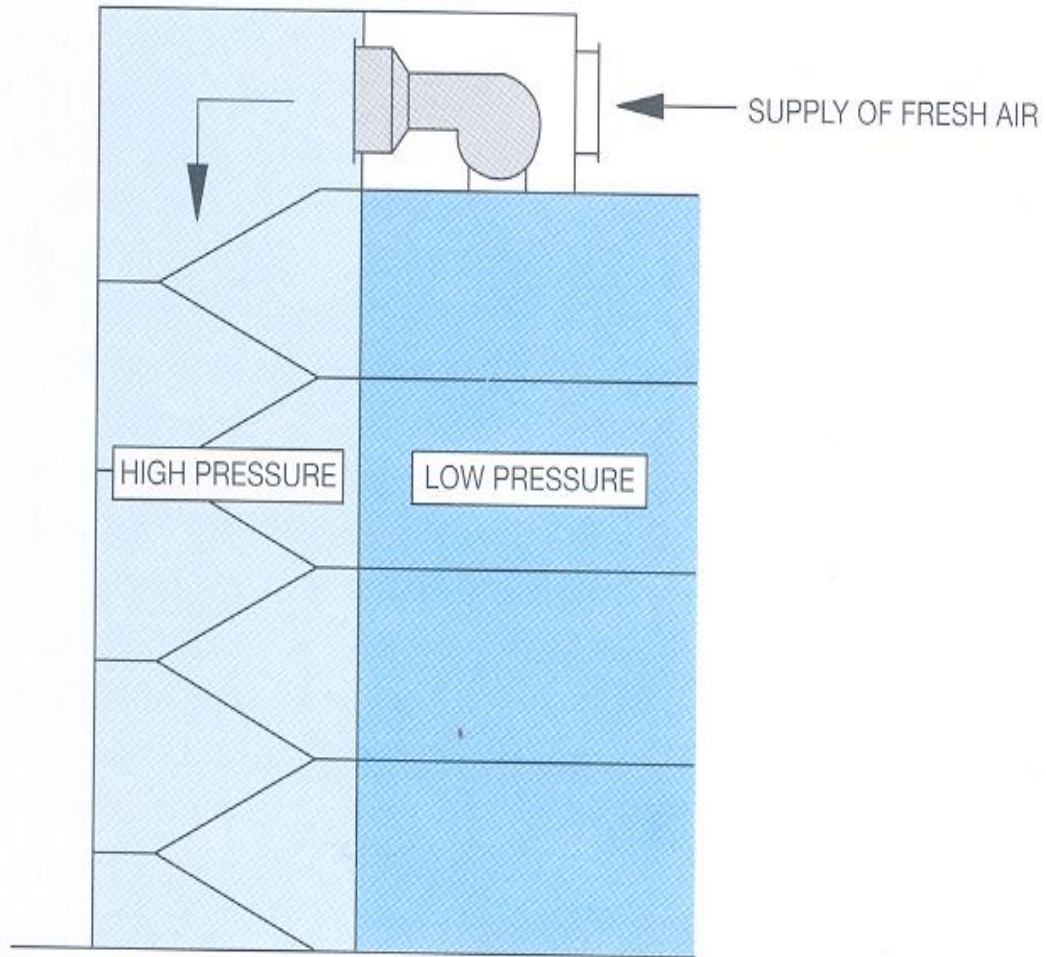
HP HYDRANT PUMP/MAIN ELECTRIC PUMP
 JP JOCKEY PUMP
 DP DIESEL PUMP
 SP SPRINKLER PUMP
 SH SUCTION HEADER
 DH DELIVERY HEADER
 R PIPE TO RISER
 Y PIPE TO YARD HYDRANT
 S PIPE TO SPRINKLER SYSTEM
 AV AIR VESSEL
 ICV INSTALLATION CONTROL VALVE







PRESSURISATION FAN



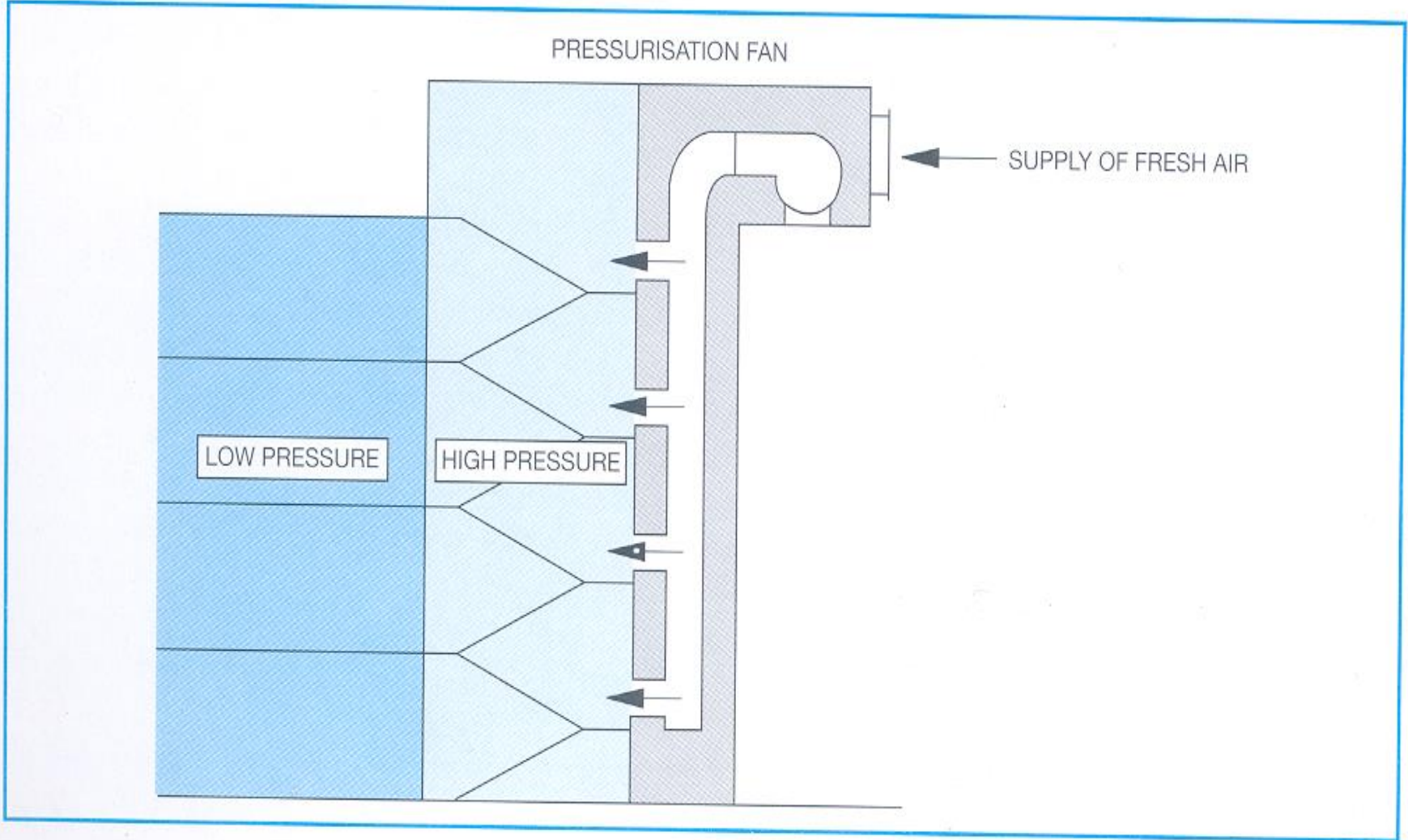
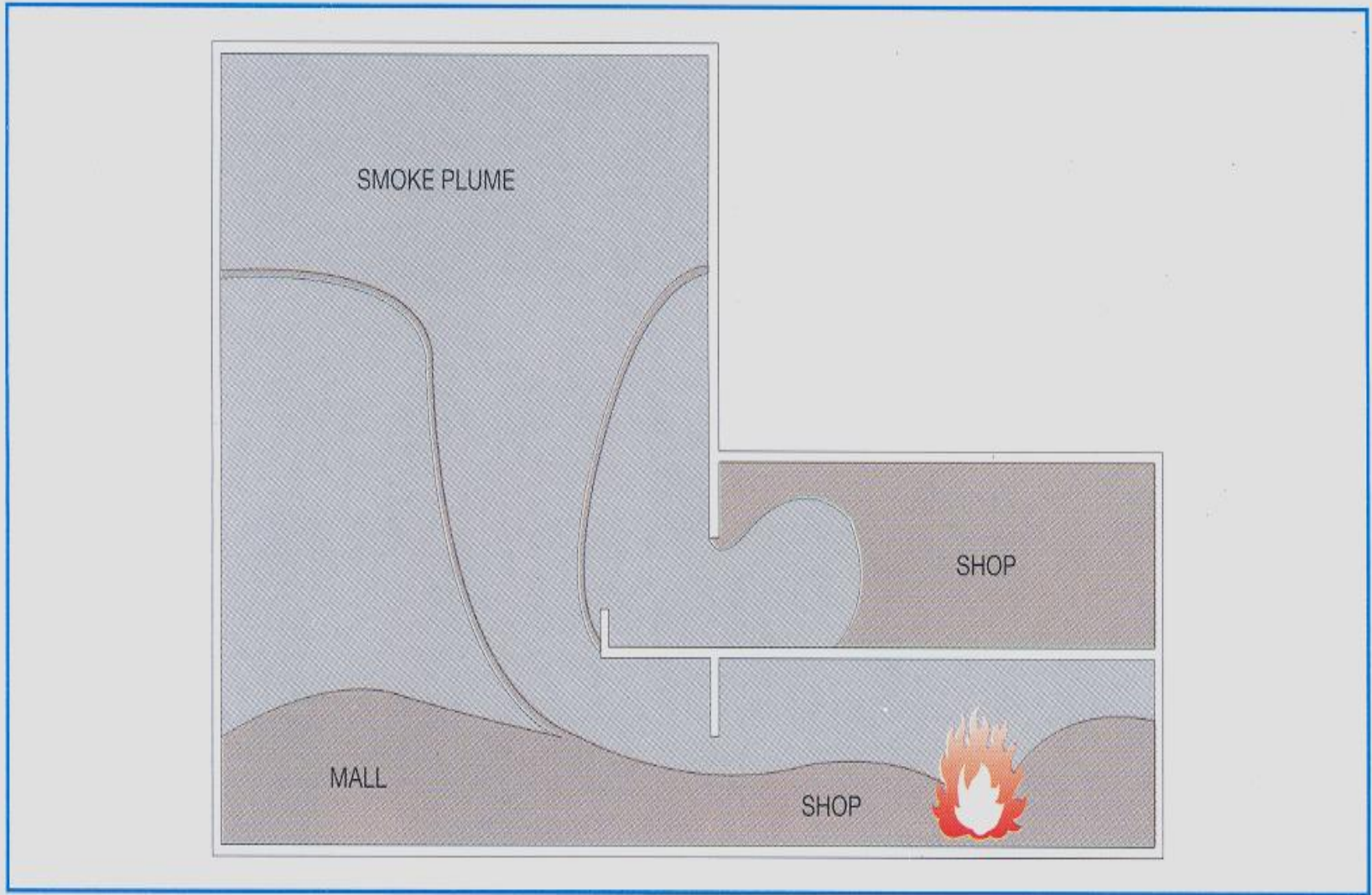
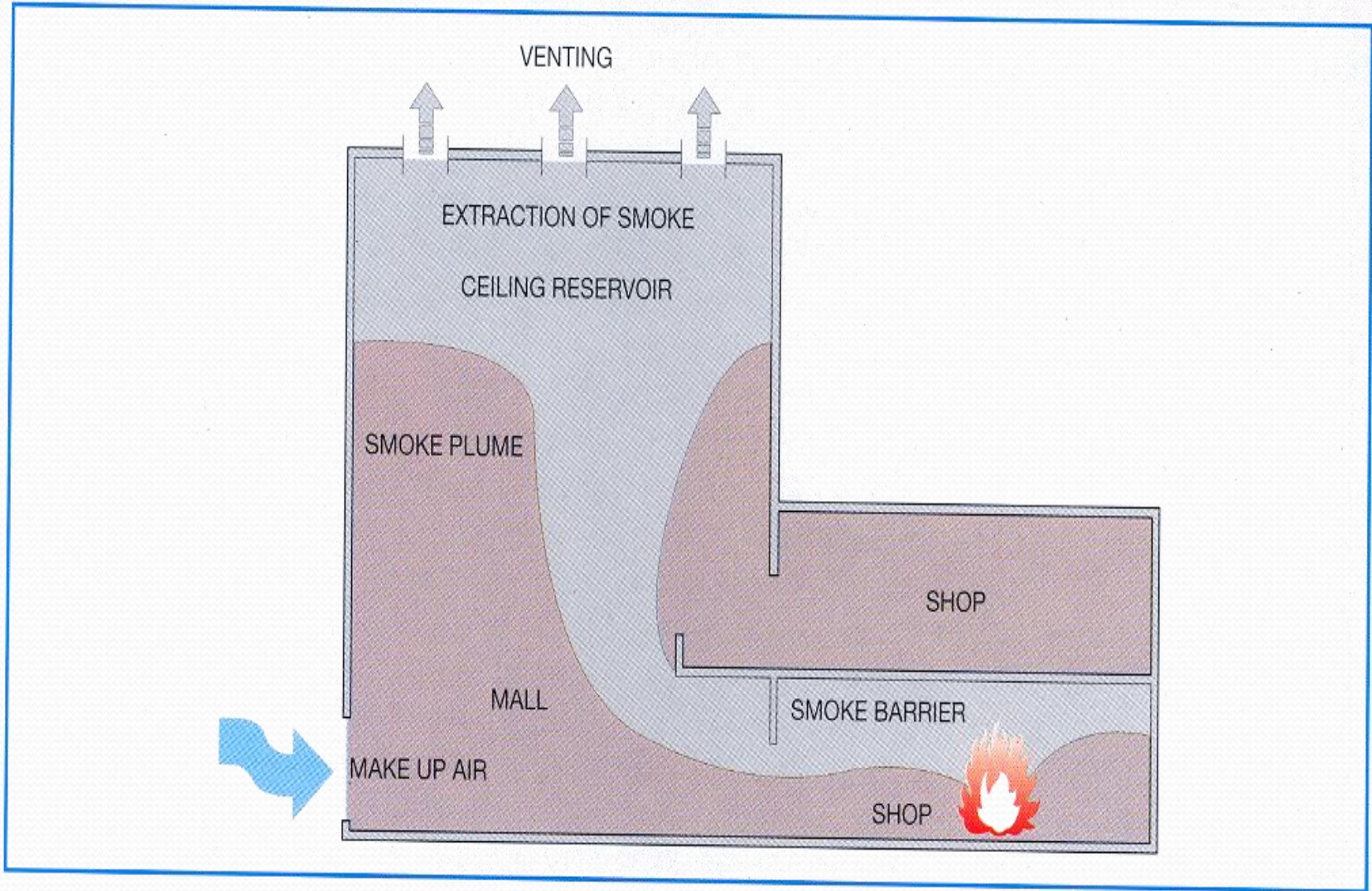


Illustration of Smoke Logged Man System





SHORTCOMINGS

Blocked Access for fire tenders



BLOCKED/OBSTRUCTED STAIRCASES



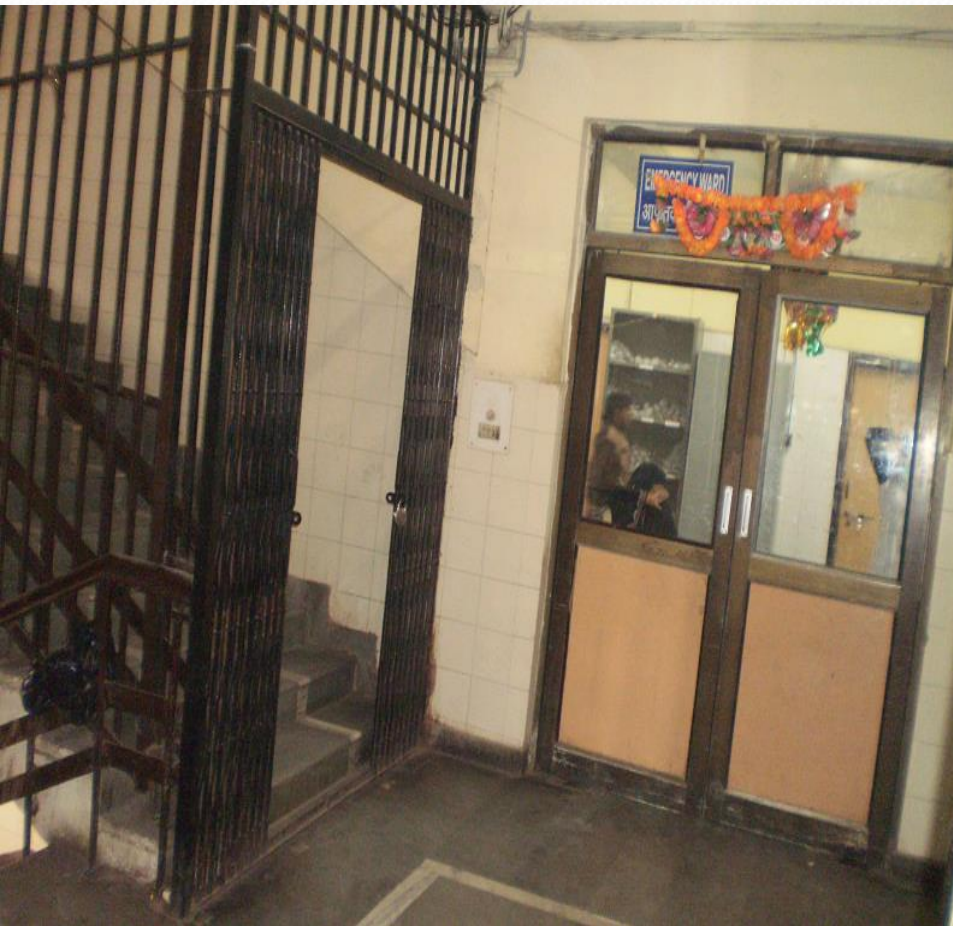
OBSTRUCTED/ BLOCKED CORRIDORS



OBSTRUCTED/ BLOCKED EXITS



COMPARTMENTATION NOT PROVIDED



COMPARTMENTATION NOT PROVIDED



FIRE EXTINGUISHERS NOT PROVIDED/MAINTAINED



NON FUNCTIONAL HOSE REELS



NON FUNCTIONAL FIRE DETECTION/ ALARM SYSTEM



NON FUNCTIONAL MOEFA



HYDRANTS WITHOUT LANDING VALVES/ DELIVERY HOSES/NOZZLES



PUMPING ARRANGEMENTS NOT PROVIDED/NOT FUNCTIONAL



EXIT SIGNS BROKEN/NON ILLUMINATED



FIRE CONTROL ROOM NOT PROVIDED/ NOT MAINTAINED



POOR HOUSE KEEPING



DEFICIENCY 'S

- ❖ Gaps in Fire stations in India : **97%**
- ❖ Gap of Fire Personnal in India : **96 %**
- ❖ Gap of total Fire Fighting Appliances/Vehicles in India : **80%**

***“LET’S WORK TOGETHER
FOR FIRE SAFE INDIA”***



THANK YOU