



5-Days Training Programme on

Disaster Management for Indian Postal Services Probationary officers



Monday – Friday
14th – 18th September 2020



10:00 AM to 05:00 PM

Organized by

National Institute of Disaster Management
Ministry of Home Affairs, Govt. of India
&
Rafi Ahmed Kidwai National Postal Academy,
Ghaziabad

ORGANIZING TEAM

PATRON

Major General Manoj Kumar Bindal, VSM
Executive Director, NIDM

Shri. Pradeep Michael Lal
Director, RAKNPA

PROGRAMME CHAIR

Dr. Surya Parkash
Professor & Head, GMR Division

COORDINATORS

Mr. N R Giri
RAKNPA

Mr. Anil Kathait
Young Professional, GMR Division, NIDM

CO-COORDINATORS

Dr. Harjeet Kaur
Young Professional, NIDM

Mr. Raju Thapa
Young Professional, NIDM

IT SUPPORT

Mr. Balaji Ariputhiran, GIS Analyst, NIDM
Mr. Shobhit Sharma, Young Professional, NIDM
Mr. Gaurav Sinha, Young Professional, NIDM

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1. BACKGROUND

The Department of Posts (DoP) has been the backbone of the country's communication for more than 150 years, and it has played a critical role in the country's social and economic growth. It affects the lives of Indian citizens in a variety of ways, including delivering mail, receiving deposits under Small Savings Schemes, and providing life insurance through PLI and Rural Postal Life Insurance. The DoP also acts as an agent for Government of India in discharging other services for citizens such as Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS) wage disbursement and old age pension payments. With more than 1,55,000 post offices, the DoP has the most widely distributed postal network in the world.

National Institute of Disaster Management, Ministry of Home Affairs in collaboration with Rafi Ahmed Kidwai National Postal Academy, Ghaziabad, Ministry of Communications organised 5-Days Online Training Programme on “Disaster Management” for Indian Postal Services Probationary officers, Monday – Friday, 14th – 18th September 2020.

2. OBJECTIVE

The training programme was specially designed for the officers of Postal services to enhance their awareness about the various spheres of the disaster management.

3. SUMMARY OF THE TRAINING PROGRAMME

DAY 1 – Monday, 14th September 2020

Inaugural Session



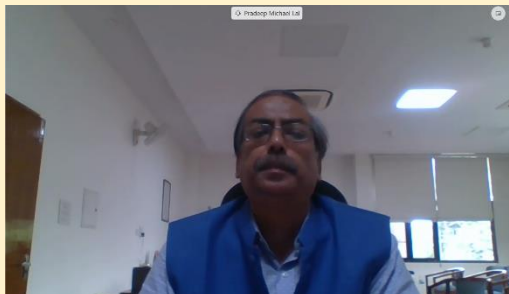
Ms. Preeti Agarwal, Joint Director, RAKNPA welcomed all the dignitaries and participants to the 5-Days Online Training Programme on “Disaster Management” for Indian Postal Services Probationary officers. Further, she stated that this is a great opportunity for that we are organising this first national Online Training Programme on disaster management with the coordination with the NIDM. Such training programme is the need of hour and certainly give the opportunity to the Probationary officers to learn how to manage the disasters in the best way.

Prof. Surya Parkash, Head, GMR Division,

NIDM in his address welcomed all the dignitaries in the inaugural programme and also all the participants who have joined. Disaster management is a subject recommended to include in all the education and training programmes.



He congratulate Postal service initiative of including the disaster management in the training programme of their probationer officers. This five days training programme is actually targeted to give them some awareness about disaster management. Prof. Parkash also enlightened participants about the COVID pandemic situation and the Disaster Management Act 2005 that play major role in combating and controlling the pandemic. This training will make the probationers well aware about that mechanism to assess the risks from various kinds of results. And also the institutional system that exists in our country, we have an act, policy, plan, procedures; everything is in place, but awareness about these procedures, documents and systems are not well, because this has not been taught in our educational curriculums earlier.



Shri. Pradeep Michael Lal, Director, RAKNPA

during his address said that our probationer officers from all over the country are getting a rare opportunity to learn about disaster management, the holistic approach to the same and we hope to make it a continual approach with the support of

NIDM. Today when the world is passing through the traumatic period due to global pandemic of COVID-19 the importance of NIDM becomes even more relevant. As we are aware, NIDM provides capacity building support to various national and state level agencies in the field of disaster management and disaster risk reduction. I was looking at their logo, its vision is to create a resilient India by building capacity at all levels and the awards are absolutely relevant. India post service is placed all over the country with its more than 1.5 lakh post offices. This strengthen can help to enhance the awareness of the people even living in the remotest area off the country.

Major General Manoj Kumar Bindal, VSM, Executive Director NIDM enrich the knowledge of the participants about the theme of the training programme through his key note address. The very idea of conducting this programme brings and shows to us that the



Indian Postal Service Academy or department has felt the need that we must learn about disaster management to serve the society better. Talking about the COVID Pandemic he mentioned that this particular pandemic has given us a lot of lessons in that one of the main lessons is that each and every individual should be disaster prepared, mentally, physically, and if possible with resources. Indian Postal Service with its vast network and human resources can do a lot in the last mile connectivity where we are struggling. A lot of efforts have been made to achieve the last mile connectivity. Postal service can be the eyes and ears to implement the guidelines at grass root level. They can be the feedback mechanism for the strategies for DRR. But for that, knowledge is most important. Knowledge of disaster risk management, knowledge of environmental degradation is very, very important so that each postman becomes a messenger of disaster management, who also while delivering the mail in whichever form or while in the post office, when people come to them should be able to guide them in the correct way for the possible peril or the hazard that is present in that particular district.



Shri Pradipta Kumar Bisoi, Secretary and Chairperson, Postal Services Board delivered the Inaugural Address of the 5-Days Online Training Programme on “Disaster Management” for Indian Postal Services Probationary officers. Talking about the COVID 19 pandemic, he

highlighted that disaster can occur as a natural process or by human activities. World has faced a number of natural and man-made disasters. General impression is that the disaster management is constraint to few specialised forces/authority. However, the COVID 19 pandemic taught us that the subject of disaster management is for all. We all have to endeavour to manage the disasters. The basic idea of disaster management is developing the presence of mind, knowledge and the capacities. Sh. Bisoi end his address

we the hope that this training programme will help the officers of postal services enhance their capacity in all sphere of disaster management.

Technical Session

Prof. Surya Parkash, Head, GMR Division, NIDM

during his lecture enlightened the participants about the Basic Concepts of HVCR & Disaster Management Cycle. Disaster can affect anybody, any place, any time, particularly when we are neither aware nor prepared to reduce, resist or

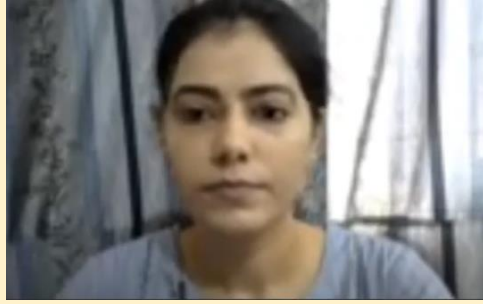


cope with its consequences. The consequences of disasters are enormous losses including heavy death tolls, irrecoverable damages, unforgettable miseries, undermining human survival, growth and sustenance. An aware, informed and prepared community is better able to avoid, reduce and cope with disaster risks than an unaware, uninformed and unprepared community. So, information, knowledge and actions by all stakeholders are important for DRR&R. Disaster risk management cycle was also discussed during the lecture.



Mr Anil Kathait, Centre for Hill Area Development, NIDM

provided insight on “Disaster Management Act 2005”. India has always been a hotspot for disasters and when you talk about the Disaster Management setup of the country then up to the late 20th century it was mostly devoted to issues related to relief management. It was 21st century when new intervention in the field of disaster management were taken which shift the tone of subject to holistic one. The DM Act virtually revolutionized the entire approach towards disaster management in India including the creation of institutional framework from the Central to the local levels through unified response mechanism and bestowing extensive powers on the Central Government and the national-level disaster management agencies.



Dr Harjeet Kaur, Centre for Coastal DRR&R, NIDM shared knowledge about the International Frameworks/Agreements for Disaster Management. Dr. Kaur also shared the major milestone of disaster management at international platform such as International Decade for Natural

Disaster Reduction (1989), Yokohama Strategies and Plan of Action (1994), International Strategies for Disaster Reduction (1999), Hyogo framework for Action (2005), Sendai Framework, SDG and Paris Agreement of Climate change. Further, she enlightened about the comprehensive framework to reduce climate risk/ vulnerabilities and increase the resilience and the strategies of India to achieve its target regarding DRR.

DAY 2 – Tuesday, 15th September 2020

Technical Session

Maj. Gen. (Rtd.) Dr. V. K. Naik, KC, AVSM, Senior Consultant, NDMA enlightened the participants about the National Policy on Disaster Management (2009). Highlighting the scenario before the Disaster Management Act 2005, he said at that time the disaster



management was more or less relief centric with limited response. There was no scientific hazard-risk-vulnerability mapping, inadequate warning system, poor community awareness and preparedness and as a result development projects were creating new disasters. With inception of DM Act 2005 and subsequently the National Policy on Disaster Management 2009, the country witnessed paradigm shift in the field of disaster management. National Policy on Disaster Management was released with a vision to build a safe and disaster resilient India by developing a holistic, proactive, multi-



disaster oriented and technology driven strategy through a culture of prevention, mitigation, preparedness and response.

Dr. Pavan Kumar Singh, Joint Advisor (OPS), NDMA delivered two lectures one after the other. At first

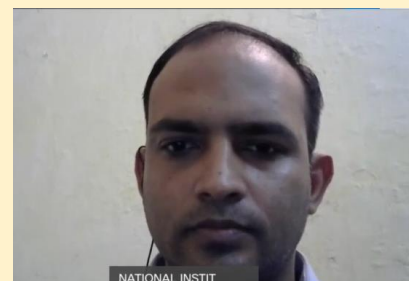
lecture he provided insight on the National Disaster Management Plan and then shared the template to develop the disaster management plan. He also highlighted the 30 years of disaster impact on India and the world. According to the *Economic Losses, Poverty and Disasters 1998-2017* (CRED, UNISDR. 2018.), page 1, If development and economic growth are not risk informed, they are not sustainable and can undermine efforts to build resilience. The economic losses which often ensue from the creation of new risk or exacerbation of existing levels of risk can have a significant human cost. It is also clear that the economic losses suffered by low and lower-middle income countries have crippling consequences for their future development and undermine our efforts to achieve the 17 Sustainable Development Goals, in particular the eradication of poverty.

Sec 11 of the DM Act 2005 mandated to develop plan for disaster management for the whole of the country that should be called the National plan. National Executive Committee to prepare the National Plan to be approved by the National Authority. NDMP is culmination of several years of foundational work by members of NEC and NDMA including inputs from Ministries and Departments of GoI, other central agencies and State Governments enriched the content of the Plan. The Plan envisages for reducing disaster risk and guiding development by answering What, How, Who and When. National Authority has also issued a number of guidelines covering disaster specific, thematic and cross cutting issues for disaster risk management. These Guidelines contain Action Plan (Short, Medium, Long-term) along with roles and responsibilities of Ministries/ Departments and subordinate offices.

DAY 3 – Wednesday, 16th September 2020

Technical Session

Mr Anil Kathait, Young Professional, NIDM talked about “PM’s 10 Point Agenda on DRR”. During the Asian Ministerial Conference on DRR in 2016 Shri Narendra Modi, Prime Minister of India, highlighted a 10 Agenda Roadmap on DRM, that concisely encompass issues, tools and approaches to address almost all the critical challenges in achieving sustainable development objectives, focusing on local ‘disaster management system’, academic capacity strengthening and harnessing technological advances. The agenda was a blend of major international frame work/agreement for the DRR.





Mr Raju Thapa, Centre for Early Warning & Communication, NIDM talked about “SoPs on Early Warning and Communication”. He discussed Basic components, importance and need of Early warning system, procedures, roles/ responsibilities of different stakeholders

in early warning and communication of disasters. Preparedness and prompt responses can be additionally enhanced through drills and training, or by producing checklists of actions to undertake in certain situations. Direct campaigns to raise risk perception are also an example of how to increase awareness. Response capability also needs to take into consideration the fact that all people should receive the same protection regardless of gender, age, education, or disability.

Dr Harjeet Kaur, Centre for Coastal DRR&R, NIDM imparted knowledge of do’s and don’ts for various disasters including cold wave, earthquake, landslide, floods, drought, thunder and lightning, fire and son on. She also enlightened on the basic do’s and don’ts for the COVIDI 19 Pandemic.



DAY 4 – Thursday, 17th September 2020

Technical Session



Sh. S. N. Pradhan (IPS), Director General, NDRF enlightened the participants on the perspective and glorious history of National Disaster Response Force, the largest singular & specialised disaster response force in the world.

He highlighted the multi vulnerability of India for various disasters such as earthquake, drought, flood, cyclone, tsunamis and so on. He also discussed some major disaster in history such as Odisha Cyclone (1999), Bhuj Earthquake (2001) and Indian Ocean Tsunami (2004) which led the need to establish a robust and holistic setup of disaster management in country and subsequently Disaster Management Act was enacted in 2005. Further, Sh. Pradhan highlighted the role of NDRF in disaster

response. He also advocated to enhance the capacities of local community as it is utmost important to reverse the graph of fatalities during any disastrous situation.

Sh. Arun Sahdeo, Programme Officer, UNV provided an overview of Incident Response System. It is a modular, integrated organizational structure that can match the complexities and demands of single or multiple incidents without being hindered by jurisdictional boundaries. IRS can be used for routine incidents as well as major emergencies. IRS helps to ensure: the safety of responders and others; the achievement of tactical objectives and the efficient use of resources. He also share the policy document and guidelines on the Incident Response System.

Prof. Surya Parkash, Head, GMR Division, NIDM

delivered lecture on “Risk Management Options and Opportunities”. Hazards are the genetic characters of nature, a way nature used to transform itself. It is said that one Dollar spent on disaster preparedness



can prevent 5 - 10 Dollar of disaster-related losses. We need to manage risks, not just disasters. Disaster Risk Management includes strategies designed to: avoid the construction of new risks; address pre-existing risks; share and spread risk to prevent disaster losses being absorbed by other development outcomes and creating additional poverty. He also discussed about Post-2015 Global Frameworks—Coherence and Mutual Reinforcement within National Efforts.

DAY 5 – Friday, 18th September 2020

Technical Session

On the last day of the training programme participants were divided in three groups and each group carried out assignment on the hazard, vulnerability, capacity and risk assessment. Each group also presented their assignments.



4. KEY TAKEAWAYS

- General impression is that the disaster management is constraint to few specialised forces/authority. However, the COVID 19 pandemic taught us that the subject of disaster management is for all. We all have to endeavour to manage the disasters.
- The basic idea of disaster management is developing the presence of mind, knowledge and the capacities.
- COVID 19 pandemic has given us a lot of lessons in that one of the main lessons is that each and every individual should be disaster prepared, mentally, physically, and if possible with resources.
- Knowledge of disaster risk management, knowledge of environmental degradation is very, very important so that each postman becomes a messenger of disaster management, who also while delivering the mail in whichever form or while in the post office, when people come to them should be able to guide them in the correct way for the possible peril or the hazard that is present in that particular district.
- An aware, informed and prepared community is better able to avoid, reduce and cope with disaster risks than an unaware, uninformed and unprepared community.
- Information, knowledge and actions by all stakeholders are important for DRR&R.
- National Disaster Management Plan envisages for reducing disaster risk and guiding development by answering What, How, Who and When.
- To enhance the capacities of local community is utmost important to reverse the graph of fatalities during any disastrous situation.
- Incident Response System is a modular, integrated organizational structure that can match the complexities and demands of single or multiple incidents without being hindered by jurisdictional boundaries.
- Last mile connectivity is crucial for cultivating a culture of preparedness and prevention and consequently culture of safety and resilience. Department of Postal Services with its more than 1.5 lakh offices across the country can be a key actor in achieving the goal the last mile connectivity in terms of sensitizing the people about the hazard vulnerability of their locality, probable risk they might be

facing in case of any unpleasant event as well as what measures they should adopt to minimize those risks.

- The Department of Postal Services is serving the people since one and half century. The officials and staffs of the departments are well familiar with their respective localities. Therefore, apart from routine work of delivering mails, Small Savings Schemes, life insurance cover, Rural Employment Guarantee Scheme and many more they have opportunity to play major role in enhancing the awareness of people across the country apropos of different facets of disaster management.
- Hon'ble PM's one agenda is to "Work towards Risk Coverage for All". Postal services being in the field of several saving schemes and insurance scheme can create an opportunity to achieve the agenda of Risk Coverage for All.
- Section 37, Disaster Management (DM) Act 2005, every Ministry/ Department of the Government of India shall have a Disaster Management Plan aligned with National Disaster Management Plan. It is responsibility of each and every department of GoI to comply with the mandate and develop their respective Disaster Management Plan.

5. PARTICIPANT'S PROFILE

Online Training Programme congregated delegates from the Indian Postal Services. 30 official of the Indian Postal Services attended the 5-Days Online Training Programme on "Disaster Management" for Indian Postal Services Probationary officers.

6. PROGRAMME SCHEDULE

Day and Date	Time	Dignitary/Resource Person	Title of Talk
Monday 14 th Sept. 2020	Inaugural Session		
	10:00-10:05	Prof. Surya Parkash, Head, GMR Division, NIDM	Welcome address
	10: 05-10:15	Shri. Pradeep Michael Lal Director, RAKNPA	Opening Remarks
	10: 15-10:25	Major General Manoj Kumar Bindal, VSM Executive Director NIDM	Keynote Address
	10:25-10:40	Shri Pradipta Kumar Bisoi Secretary & Chairperson, Postal Services Board	Inaugural Address
	10:40-10:45	Dr Harjeet Kaur Young Professional, NIDM	Felicitation
	Technical Session I		
	10:45-11:25	Prof. Surya Parkash, Head, GMR Division, NIDM	Basic Concepts of HVCR & Disaster Management Cycle
	11:25-12:05	Mr Anil Kathait, Centre for Hill Area Development, NIDM	Disaster Management Act 2005
	12:05-12:45	Dr Harjeet Kaur Centre for Coastal DRR&R, NIDM	International Frameworks/Agreements for Disaster Management
	12:45-13:00	Interactions, Discussions, Q & A session by Professor Surya Parkash and Mr. Anil Kathait	
	14:00-17:00	Assignments and Group Exercises (Supervised by Professor Surya Parkash and Mr. Anil Kathait)	
Tuesday 15 th Sept. 2020	Technical Session II		
	10:00-10:05	Mr Anil Kathait Young Professional, NIDM	Recapitulation
	10:05-10:55	Maj. Gen. (Rtd.) Dr. V. K. Naik, KC, AVSM Senior Consultant, NDMA	National Policy on Disaster Management
	10:55-11:45	Dr. Pavan Kumar Singh Joint Advisor (OPS), NDMA	National Disaster Management Plan
	11:45-12:35	Dr. Pavan Kumar Singh Joint Advisor (OPS), NDMA	Template for Preparation of DM Plan
	12:35-13:00	Interactions, Discussions, Q & A session by Professor Surya Parkash and Mr. Raju Thapa	
	14:00-17:00	Assignments and Group Exercises (Supervised by Professor Surya Parkash and Mr. Raju Thapa)	
Wednesday 16 th Sept. 2020	Technical Session III		
	10:00-10:05	Mr Raju Thapa Young Professional, NIDM	Recapitulation
	10:05-10:55	Mr Anil Kathait Young Professional, NIDM	PM's 10 Point Agenda on DRR

	10:55-11:45	Mr Raju Thapa Centre for Early Warning & Communication, NIDM	SoPs on Early Warning and Communication
	11:45-12:35	Dr Harjeet Kaur Centre for Coastal DRR&R, NIDM	Do's and Don'ts for Different Types of Disasters
	12:35-13:00	Interactions, Discussions, Q & A session by Professor Surya Parkash and Dr. Harjeet Kaur	
Thursday 17th Sept. 2020	14:00-17:00	Assignments and Group Exercises (Supervised by Professor Surya Parkash and Dr. Harjeet Kaur)	
	Technical Session IV		
	10:00-10:05	Dr. Harjeet Kaur Young Professional, NIDM	Recapitulation
	10:05-10:55	Sh. S. N. Pradhan Director General, NDRF	Disaster Response and Preparedness
	10:55-11:45	Sh. Arun Sahdeo, Programme Officer, UNV	Incident Response System
	11:45-12:35	Prof. Surya Parkash, Head, GMR Division, NIDM	Risk Management Options and Opportunities
	12:35-13:00	Interactions, Discussions, Q & A session by Professor Surya Parkash and Mr. Anil Kathait	
	14:00-17:00	Assignments and Group Exercises (Supervised by Professor Surya Parkash and Mr. Anil Kathait)	
	Friday 18th Sept. 2020	Technical Session	
10:00-10:05		Mr Anil Kathait Young Professional, NIDM	Recapitulation
10:05-10:50		Prof. Surya Parkash, Head, GMR Division, NIDM	Group-1 Presentation of Exercises
10:50-11:35		Dr Harjeet Kaur Centre for Coastal DRR&R, NIDM	Group-2 Presentation of Exercises
11:35-12:20		Mr Anil Kathait, Centre for Hill Area Development, NIDM	Group-3 Presentation of Exercises
12:20-12:30		Interactions, Discussions, Feedback and Evaluation session by Professor Surya Parkash and Mr. Anil Kathait	
Valedictory Session			
12:30-12:40		Prof. Surya Parkash, Head, GMR Division, NIDM	Summary of the Programme
12:40-12:55		Shri. Pradeep Michael Lal Director, RAKNPA	Opening Remarks
12:55-13:00		Mr Raju Thapa Young Professional, NIDM	Vote of Thanks

7. POSTER





5-Days Online Training Programme on “Disaster Management for Indian Postal Services Probationary Officers”







14th – 18th September 2020



10:00 AM to 05:00 PM

Inaugural Address



Shri Pradipta Kumar Bisoi
Secy. & Chairperson, PSB

Valedictory Address



Sh. Govind Mohan, IAS
Additional Secretary (UT), MHA

Opening Remarks



Shri. Pradeep Michael Lal
Director, RAKNPA

Keynote Address



Maj. Gen. Manoj Kumar Bindal, VSM
Executive Director, NIDM

Speakers



Sh. S. N. Pradhan
Director General, NDRF



Prof. Surya Parkash
Head GMR Division, NIDM



Dr. Pavan Kumar Singh
Joint Advisor (OPS), NDMA



Sh. Arun Sahdeo,
Programme Officer, UNV



Maj. Gen. (Rtd.) Dr. V. K. Naik
Senior Consultant, NDMA



Dr. Harjeet Kaur
YP, NIDM



Sh. Raju Thapa
YP, NIDM



Sh. Anil Kathait
YP, NIDM

Jointly Organized by

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and
Rafi Ahmed Kidwai National Postal Academy, Ghaziabad, Ministry of Communications, Govt. of India

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8. LIST OF PARTICIPANTS

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26.	NIKHARE ANURAG UMAKANT	Male	Indian Postal Service (Probationer), Department of Posts, Ministry	Maharashtra	anurag_nikhare@yahoo.com

			of Communication s, Govt. of India		
27.	MANOJ RULE	Male	ASPOs Nashik City Sub Division (Nashik Division) Deptt of Posts.	Maharas htra	manojrule7@gmail.com
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